

Sea Devils Swimming: Fee and Level Description
Fall 2022 / Winter 2023

	Swimming	Dryland	Focus	Practice	Level fee	Payment Plan	2023 USA Swimming	2023 LSC Fee	Partial Season availability?
Minnows	Practice 30-45 min, 1-2 times a week	N/A	Focus on learning proper body and head position. Introduction to circle swimming with basic drills for freestyle and backstroke. Minnows can compete in any home meet or Pre-C/C novice meets	Regular practice attendance is encouraged.	\$395	\$50 due at the time of registration. \$86.25 due on 10/1, 11/1, 12/1 and 1/1	\$68	\$8	No
Guppies	Practice 45 min, 2 times a week	N/A	Focus on learning basic skills in freestyle, backstroke, streamlines, starts & turns. Intro to breaststroke, butterfly. Emphasis on the necessary foundations to swim competitively.	Regular practice attendance is encouraged.	\$510	\$50 due at the time of registration. \$115 due on 10/1, 11/1, 12/1 and 1/1	\$68	\$8	No
Sharks	Practice 60 min, 2-3 times a week	N/A	Focus on learning basic techniques of the 4 competitive strokes, breathing patterns, timing, streamlining, starts & turns. Beginning emphasis on meet competition.	Regular practice attendance is encouraged.	\$670	\$50 due at the time of registration. \$155.00 due on 10/1, 11/1, 12/1 and 1/1	\$68	\$8	No
Red	Practice 60-75 min, 2-3 times a week	Dryland 2 - 4 times per month	Continuing focus on the 4 competitive strokes with emphasis on breathing patterns, kicking, starts and turns. Increasing emphasis on meet competition.	Regular practice attendance is encouraged.	\$705	\$50 due at the time of registration. \$163.75 due on 10/1, 11/1, 12/1 and 1/1	\$68	\$8	Partial Season available to MS and HS swimmers: \$460. Boys break for HS and return for Finals/State. Girls start 11/28. \$50 at registration. \$205.00 on 10/1 and 11/1 for BOYS or 12/1 and 1/1 for GIRLS
Yellow	Practice 60-90 min, 3-4 times a week	Dryland 2 - 4 times per month	Continuing focus on the 4 competitive strokes with a strong emphasis on body & head position. Introduction of training sets. Strong emphasis on meet competition.	Regular practice attendance is encouraged.	\$750	\$50 due at the time of registration. \$175.00 due on 10/1, 11/1, 12/1 and 1/1	\$68	\$8	Partial Season available to MS and HS swimmers: \$490. Boys break for HS and return for Finals/State. Girls start 11/28. \$50 at registration. \$220 on 10/1 and 11/1 for BOYS or 12/1 and 1/1 for GIRLS
Black	Practice 75 - 120 min, 4-5 times a week	Dryland 1-2 times a week	Focus will be on mastering all aspects of technique using training sets and classroom. Swimmers should be able to complete a 1.5 - 2 hour practice and must attend a minimum of 60% of the offered practice times. Meet attendance is expected once a month.	Regular practice attendance, including dryland, is highly recommended.	\$820	\$50 due at the time of registration. \$192.50 due on 10/1, 11/1, 12/1 and 1/1	\$68	\$8	Partial Season available to MS and HS swimmers: \$535. Boys break for HS and return for Finals/State. Girls start 11/28. \$50 at registration. \$242.50 on 10/1 and 11/1 for BOYS or 12/1 and 1/1 for GIRLS.
Senior	Practice 90-120 min, 5 - 6 times a week	Dryland as scheduled	Focus on maximum performance and training. Swimmers need to exhibit a high level of workout ability and competition performance.	Regular practice attendance is highly recommended.	\$940	\$50 due at the time of registration. \$222.50 due on 10/1, 11/1, 12/1 and 1/1	\$68	\$8	Partial Season available to MS and HS swimmers: \$615. Boys break for HS and return for Finals/State. Girls start 11/28. \$50 at registration. 282.50 on 10/1 and 11/1 for BOYS or 12/1 and 1/1 for GIRLS
Junior National	Practice 90-120 min, 5 - 6 times a week	Dryland 1-2 times a week	Strong focus on mastering techniques, tempo, strokes per length, as well as maximizing starts and turns. Swimmers are expected to maintain a high level of workout ability and competition performance. For swimmers ages 11-14 with an equivalent to 11-12 Champ time. By coach-invitation only.	Regular practice attendance is required.	\$880	\$50 due at the time of registration. \$207.50 due on 10/1, 11/1, 12/1 and 1/1	\$68	\$8	Partial Season available to MS and HS swimmers: \$570. Boys break for HS and return for Finals/State. Girls start 11/28. \$50 at registration. \$260.00 on 10/1 and 11/1 for BOYS or 12/1 and 1/1 for GIRLS
National	Practice 90-120 min, 5-6 times a week	Dryland as scheduled	Focus on maximum performance and training. Swimmers need to exhibit a high level of workout ability and competition performance. For swimmers with Speedo, Grand Prix or Jr Nat'l cuts.	Regular practice attendance is required.	\$1,050	\$50 due at the time of registration. \$250.00 due on 10/1, 11/1, 12/1 and 1/1	\$68	\$8	Partial Season available to MS and HS swimmers: \$675. Boys break for HS and return for Finals/State. Girls start 11/28. \$50 at registration. \$312.50 on 10/1 and 11/1 for BOYS or 12/1 and 1/1 for GIRLS
Master's Program	Practice 60 min, 3 times a week	N/A	To promote adult fitness and a healthier lifestyle through swimming. This program is perfect for all levels and abilities. For swimmers age 19+.	Regular practice attendance is encouraged.	\$45/mo	\$20 registration fee. Monthly fee of \$45	\$45		Continued monthly - need 30 days written notice to cancel.