

**STAR WINTER PRACTICE SCHEDULE 2022-23
NOVEMBER 28-MARCH 2**

**Please pay attention to the notes at the bottom
Swimmers achieving State Meet Times will have a special practice schedule**

<u>GROUP</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
MASTERS	6-7 AM HU	5:30-6:30 AM HU	6-7 AM HU		5:30-6:30 AM HU	7-8:30 AM HU *
STROKER Max 3 per week	5:45-7:00 PM PV	5:45-7:00 PM PV	5:45-7:00 PM PV		6:00-7:15 PM CP	
AGE GROUP Max 4 per week	6:30-8:00 PM PV	6:30-8:00 PM PV	6:30-8:00 PM PV	6:45-8:15 PM HU		
JUNIOR/SENIOR May use Masters to make up practices	6:00-8:00 PM CP	6:30-8 PM PV	6:00-8:00 PM CP	6:45-8:45 PM HU	6:00-8:00 PM CP	7:00-8:30 AM HU*

POOL CODES:

USiP = UNIVERSITY OF MINNESOTA – ST. PAUL CAMPUS – 1536 CLEVELAND AVE. N., ST. PAUL

OX = OXFORD – 270 LEXINGTON PARKWAY N., ST. PAUL

HU = HAMLINE UNIVERSITY, 1536 HEWITT AVE., ST. PAUL

PV = PARKVIEW MIDDLE SCHOOL – 701 COUNTY ROAD B W., ROSEVILLE

StCU = ST. CATHERINE UNIVERSITY – 2004 RANDOLPH AVE. - BUTLER CENTER, ST. PAUL

CP = COMO PARK SENIOR HIGH – 740 ROSE AVE. W., ST. PAUL

*NO SATURDAY PRACTICES – 12/10, 12/17, 12/24, 1/7, 2/4, 3/4

NO STROKER, AGE GROUP, JUNIOR/SENIOR, MASTERS PRACTICES ON **NOVEMBER 24** - THANKSGIVING

NO STROKER, AGE GROUP, JUNIOR/SENIOR PRACTICES ON **NOVEMBER 25** – THANKSGIVING

NO STROKER/SENIOR PRACTICE ON 12/23

NO STROKER/AGE GROUP PRACTICES ON 12/26-12/30

JUNIOR/SENIOR SPECIAL PRACTICE SCHEDULE 12/26-12/30

NO PRACTICES FOR ANY GROUP ON 1/16