



Empire Swimming  
 Xtreme Group 1 Practice Schedule  
 May 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
7:45 - 9:45 AM at HACKLEY	4:25 - 6:10 PM at ARDSLEY	4:25 - 6:10 PM at ARDSLEY	4:25 - 6:10 PM at ARDSLEY	4:25 - 6:10 PM at ARDSLEY	4:25 - 6:10 PM at ARDSLEY	
9	10	11	12	13	14	15
10:00 AM - 12:00 PM at HACKLEY	6:15 - 8:00 PM at ARDSLEY	6:15 - 8:00 PM at ARDSLEY	6:15 - 8:00 PM at ARDSLEY	6:15 - 8:00 PM at ARDSLEY	6:15 - 8:00 PM at ARDSLEY	EMPIRE MAY MEET at HACKLEY
16	17	18	19	20	21	22
NO PRACTICE EMPIRE MAY MEET at HACKLEY	4:25 - 6:10 PM at ARDSLEY	4:25 - 6:10 PM at ARDSLEY	4:25 - 6:10 PM at ARDSLEY	4:30 - 6:15 PM at ARDSLEY	4:30 - 6:15 PM at ARDSLEY SPEEDO PREMIER INVITATIONAL MEET	8:00 - 10:00 AM at HACKLEY SPEEDO PREMIER INVITATIONAL MEET
23	24	25	26	27	28	29
NO PRACTICE SPEEDO PREMIER INVITATIONAL MEET	6:15 - 8:00 PM at ARDSLEY	6:15 - 8:00 PM at ARDSLEY	6:15 - 8:00 PM at ARDSLEY	6:15 - 8:00 PM at ARDSLEY	6:15 - 8:00 PM at ARDSLEY	10:30am-12:15pm at HACKLEY
30	31					
NO PRACTICE	NO PRACTICE					