


Empire Swimming
 Rocket Team Practice Schedule at Hackley School
 November 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3	4	5	6
	REGULAR PRACTICE	REGULAR PRACTICE	REGULAR PRACTICE	REGULAR PRACTICE PAC Meet	PAC Meet	 PAC Meet
7	8	9	10	11	12	13
REGULAR PRACTICE	REGULAR PRACTICE	REGULAR PRACTICE	WINTER SCHEDULE STARTS TODAY 5:15 - 6:15pm	REGULAR PRACTICE WINTER SCHEDULE 5:15 - 6:15pm WRAT Meet	WRAT Meet	GRYM 8 & U Invit Meet WRAT Meet
14	15	16	17	18	19	20
REGULAR PRACTICE WINTER SCHEDULE Entry Deadline For NYSA & CRA Meets	WINTER SCHEDULE	WINTER SCHEDULE	WINTER SCHEDULE	WINTER SCHEDULE		
21	22	23	24	25	26	27
REGULAR PRACTICE WINTER SCHEDULE Entry Deadline For WRAT 8 & U Meet	WINTER SCHEDULE	WINTER SCHEDULE	NO PRACTICE	12:30 - 1:30pm at Hackley		
28	29	30				
REGULAR PRACTICE WINTER SCHEDULE	WINTER SCHEDULE	REGULAR PRACTICE WINTER SCHEDULE Entry Deadline For Jan Jump Start Meet				
Regular FALL Hackley Rocket practice is Monday-Friday 4:45 - 5:45 PM Regular WINTER Hackley Rocket practice is Monday-Friday 5:15 - 6:16 PM						