



**EMPIRE  
TIME TRIAL MEET**

**At Hackley School Pool**

SATURDAY JUNE 22, 2019

Metro Sanction # 190652-T

# EMPIRE TIME TRIAL MEET

SATURDAY JUNE 22, 2019

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., # 190652-T
- LOCATION:** THE HACKLEY SCHOOL, 293 BENEDICT AVENUE, TARRYTOWN, NY 10591
- FACILITY:** The Hackley School is an indoor 8 lane 25 yard pool.  
Colorado electronic timing system and a video-matrix scoreboard.  
The pool has not been certified in accordance with Article 104.2.2C (4)
- SESSIONS:** Saturday, June 22<sup>nd</sup>, 8:00 AM Warm Up, 9:00 AM Start
- FORMAT:** This is a timed final meet.  
The meet will be deck seeded.
- ELIGIBILITY:** This is a time trial meet open only to swimmers registered with Empire Swimming.  
All swimmers participating in this meet must be registered by the first day of the meet.  
Age on **June 22, 2019** will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration.  
The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** Swimmers may compete in 4 individual events.
- ENTRY FEE:** Entry fees will be \$5.00 per individual event entered.
- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- OFFICIALS:** Meet Referee: Paul McClintock, email: [tockswim@msn.com](mailto:tockswim@msn.com).
- MEET DIRECTOR:** Mary Lange, email: [thelangez@hotmail.com](mailto:thelangez@hotmail.com)
- ADMIN OFFICIAL:** Mary Lange, email: [thelangez@hotmail.com](mailto:thelangez@hotmail.com)
- RULES:** The current USA Swimming Rules and Regulations will apply.  
**The USA Swimming Code of Conduct is in effect for the duration of the meet.**  
The overhead start procedure may be used at the discretion of the meet Referee.
- SAFETY:** Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules. **"Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer's legal guardian, to ensure compliance with this requirement"**
- WATER DEPTH:** USA 2011 - 202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls."  
**1.0 meter = 4 feet 6 inches, 5 meters = 13 feet**

**DISCLAIMER:**

DISCLAIMER: Upon acceptance of his/her entries, the participant waives all claims against The Masters School, Empire Aquatics, Inc, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."

**AUDIO/VISUAL STATEMENT:**

The use of audio or visual recording devices, including a cell phone or tablet device, is not permitted in changing areas, rest rooms, locker rooms or from behind the blocks (on deck or in the stands).

**DECK****CHANGING:**

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

**SESSION: Saturday June 22nd -- Warm-ups: 8:00 AM – 9:00 AM Start**

<b><u>Girls Evt. #</u></b>	<b><u>Age Group Event</u></b>	<b><u>Boys Evt. #</u></b>
1	8 & Under 50 Freestyle	2
3	9-12 50 Freestyle	4
5	9-12 100 Freestyle	6
7	Open 50 Freestyle	8
9	Open 100 Freestyle	10
11	Open 200 Freestyle	12
13	8 & Under 50 Backstroke	14
15	9-12 50 Backstroke	16
17	9-12 100 Backstroke	18
19	Open 100 Backstroke	20
21	Open 200 Back stroke	22
23	8 & Under 50 Breaststroke	24
25	9-12 50 Breaststroke	26
27	9-12 100 Breaststroke	28
29	Open 100 Breaststroke	30
31	Open 200 Breaststroke	32
33	8 & Under 25 Butterfly	34
35	8 & Under 50 Butterfly	36
37	9-12 50 Butterfly	38
39	9-12 100 Butterfly	40
41	Open 100 Butterfly	42
43	Open 200 Butterfly	44
45	Open 100 IM	46
47	Open 200 IM	48