

ASCSC County Championships 2013



Invited Teams

CSC, SSC, TVSC, TS, HYB, WISC, IA, LIE, EHY, FA, LIND, HAA

ASCSC County Championships 2013

- Sanction #:** Held under the sanction of USA Swimming / Metropolitan Swimming, Inc.
- Location:** Nassau County Aquatic Center
Eisenhower Park, East Meadow, NY 11554
- Facility:** 10 Lane by 25 yard competition pool with 2 meter min depth
Colorado Timing System, scoreboard readouts, Hy-Tek meet manager
The pool **Has not been** certified in accordance with Article 104.2.2C (4)
- Sessions:** Day 1 Prelims – Saturday April 13th 8 am warm up
Day 1 Finals – Saturday April 13th 4 pm warm up
Day 2 Prelims – Sunday April 14th 8 am warm up
Day 2 Finals – Sunday April 14th 4 pm warm up
- Format:** Trials / Finals Top 20 Swimmers
- Entries:** Due April 5th to Ray Willie sweem@optonline.net
- Entry Fee:** Individual Events \$6 Relays \$8
- Eligibility:** Closed meet ASCSC Members only
All swimmers participating in this meet must be registered by the first day of the meet.
Age on April 13th 2013 will determine age for the entire meet.
- Disability Swimmers:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- Audio / Visual Statement:** Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms
- Coaches:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- Awards:** **3 TOP TEAMS**
10&Unders and 11-12s Medals 1-10
High Point for each age group and gender
- Officials:** Meet Referee: Nelson Gonzalez nelsonshorses1@aol.com
- Meet Director:** Josh Tripi 631-421-4242 #206
- Rules:** The current USA Swimming Rules and Regulations will apply. **The USA Swimming Code of Conduct is in effect for the duration of the meet.**
The overhead start procedure may be used at the discretion of the meet Referee.
- Safety:** Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.
- Disclaimer:** Upon acceptance of his/her entries, the participant waives all claims against ASCSC, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet.
It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.
- Admission:** Gate \$5 - Program 2 per sessions

Warm UP Assignments:

Lane 1 IA	Lane 2 LIND	Lane 3 SSC	Lane 4 CSC	Lane 5 TVSC	Lane 6 TS
Lane 7 LIE	Lane 8 HYB	Lane 9 HAA	Lane 10 WISC	Lane 11 EHY	Lane 12 FA

Teams will time in their assigned warm up lanes. East Hampton will time lane 4
Farmingdale will provide 2 meet Marshalls for all sessions and TVSC and TS one Marshall each session.
CSC will work Gate.

Saturday April 13th

Prelims: 8 am Warm-up – 9 am Start
Finals: 4 pm Warm-up – 5 pm Start
All relays Swim in Finals Session

10 and under 100 IM
11-12 200 IM
15-18 100 Fly
13-14 100 Fly
11-12 100 Fly
10 and Under 50 Fly
15-18 100 Back
13-14 100 Back
11-12 100 Back
10 and Under 50 Back
15-18 200 Medley Relay
13-14 200 Medley Relay
11-12 200 Medley Relay
10 and Under 200 Medley Relay

Sunday April 14th

Prelims: 8 am Warm-up – 9am Start
Finals: 4 pm Warm-up – 5 pm Start
All relays Swim in Finals Session
Senior Graduation ceremony starts at 5 pm

13-14 200 IM
15-18 200 IM
10 and under 50 breast
11-12 100 Breast
13-14 100 Breast
15-18 100 Breast
10 and Under 50 Free
11-12 100 Free
13-14 100 Free
15-18 100 Free
10 and Under 200 Free Relay
11-12 200 Free Relay
13-14 200 Free Relay
15-18 200 Free Relay

ASCSC CUT TIMES

CUT TIME	EVENT	CUT TIME
36.99	10 & U 50 Free	36.99
42.99	10 & U 50 Back	44.99
49.99	10 & U 50 Breast	53.99
45.99	10 & U 50 Fly	47.59
1:33.99	10 & U 100 IM	1:36.99
1:07.99	11-12 100 Free	1:10.99
1:19.09	11-12 100 Back	1:18.99
1:28.99	11-12 100 Breast	1:35.99
1:27.99	11-12 100 Fly	1:28.99
2:49.99	11-12 200 IM	2:53.99
1:02.99	13-14 100 Free	1:02.59
1:13.59	13-14 100 Back	1:13.59
1:26.99	13-14 100 Breast	1:24.99
1:15.99	13-14 100 Fly	1:16.59
2:36.99	13-14 200 IM	2:34.59
59.59	15-18 100 Free	54.99
1:09.99	15-18 100 Back	1:03.99
1:25.99	15-18 100 Breast	1:16.99
1:10.99	15-18 100 Fly	1:03.99
2:25.99	15-18 200 IM	2:16.99