



**Patriot Holiday Invitational
December 14 & 16, 2012 @Felix Festa Middle School**

Sanction #121202

All Metro Teams and all outside LSC Teams are invited

Patriot Holiday Invitational

December 14 & 16, 2012

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., #121202
- LOCATION:** **Felix Festa Middle School Aquatic Center**
30 Parrott Road
West Nyack, NY 10994
- FACILITY:** **8 Lane 25 Yard Pool utilizing Colorado Timing System and 8 Line Scoreboard**
The pool **Has** been certified in accordance with Article 104.2.2C (4) Warm up and cool down lanes available throughout the meet. The competitive course is 7-13 feet deep
- SESSIONS:** **Fri 4:00pm W-up 5:00pm Start**
Sat 6:30am W-up 7:30am Start 11:30am W-up 12:30pm Start. Finals 4:30pm W-up 5:30pm start
Sun 6:30am W-up 7:30am Start 11:30am W-up 12:30pm Start. Finals 4:30pm W-up 5:30pm start
- FORMAT:** **All Friday Events are Timed Finals. All Saturday & Sunday Events are Trials and Finals. 10 & Under 1 Finals Heat, 11 & Over Consolation & Finals Heats.**
- ELIGIBILITY:** Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers.
All swimmers participating in this meet must be registered by the first day of the meet.
Age on **Dec 14, 2012** will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration.
The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** **Swimmers may enter 3 Individual events per session. Entries will be cut by time, if the session time limits are exceeded. NT's are not permitted! The Patriot Swim Team reserves the right to enter it's swimmers regardless of time. Deck Entries are NOT permitted. All Entries must be sent as a Hy-Tek file. Manual Entries WILL NOT be accepted. Mail payment along with Hy-Tek Meet Entry Fee Report and detailed Meet Entry Report.**
- U.S. Mail Entries/Payment to: **Patriot Aquatics, PO Box 484, Jefferson Valley, NY 10535**
Email Entries/Confirm Entry Receipt: **patriotentries@gmail.com**
Signature Waiver Required for Express Mailed Entries
- DEADLINE:** 1: The final entry deadline for this meet is **November 21, 2012**
2: *After Nov 21 Deadline, only time updates will be accepted, No further addition/deletion of swimmers*
- An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email. Your entries are deemed **not received** if you do not get email confirmation.
- ENTRY FEE:** An entry fee of **\$4.00** per Timed Final Event, \$5 per Trial & Final Event
Make check payable to: **Patriot Aquatics.**
Payment must be received by **Nov 21, 2012** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
- WARM-UP:** **Warm up lanes will be assigned. Sprint lanes will be available 20 minutes prior to the end of each warm up. Lanes 1 & 8 will remain General warm up during sprints. Continuous warm up/cool down lanes will be available throughout the meet**
- SCRATCHES:** Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events

scratches and which swimmers will not be participating in the session. **Swimmers have 30 minutes from the announcement of trials results, to declare intent to scratch from finals. Finals no shows will be scratched from the remainder of the meet. Prelim no shows will be scratched from their next event.**

- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- AWARDS:** **Medals 1-3, Ribbons 4-8. Team Trophies Boys, Girls, Combined. Individual High Point Each Age Group**
- OFFICIALS:** **Meet Referee: (E-mail: mommiefic@yahoo.com) (845-268-9136)**
Officials wishing to volunteer should contact Meet Referee by **Dec 3rd.**
- MEET DIRECTOR:** **Robert Vializ, swimcop@aol.com 914 497 4716**
- RULES:** The current USA Swimming Rules and Regulations will apply.
The USA Swimming Code of Conduct is in effect for the duration of the meet.
The overhead start procedure may be used at the discretion of the meet Referee.
- SAFETY:** Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.
- WATER DEPTH:** USA 2011 - 202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls."
1.0 meter = 4 feet 6 inches, 5 meters = 13 feet
- AUDIO/VISUAL:** Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms
- DISCLAIMER:** Upon acceptance of his/her entries, the participant waives all claims against **Clarkstown District, Felix Festa Middle School, Patriot Swim Team, Metropolitan Swimming Inc., USA Swimming Inc.,** their agents or representatives for any injury occurring as a result of the meet.
- ADMISSION:** **\$5 Adm, \$3 for Programs.**
- MERCHANTS:** **Swim Shop. Food and Beverage Concessions**
- PARKING:** **Parking is free on school grounds. Parking on local streets may incur parking tickets by local law enforcement.**
- DIRECTIONS:**
- **From New Jersey:**
 - 1) Take the Garden State Parkway North or Interstate 287 North.
 - 2) Either highway joins the New York State Thruway (Interstate 87). Follow signs for New York State Thruway South toward Tappan Zee Bridge.
 - Exit New York State Thruway at exit 13N (Palisades Parkway North)
 - 3) Exit the Palisades Parkway at Exit 10.
 - 4) Follow to the end of the ramp and make a right at the light onto Germonds Road.
 - 5) Take Germonds to the next light and cross over Route 304.
 - 6) Go straight on Germonds Road.
 - 7) Head straight onto Parrott Road.
 - 8) Felix Festa Middle School is on the left. Pool entrance and parking area is in the back of the school by the tennis courts.
 - **Alternate From New Jersey:**
 - 1) Take the Palisades Parkway North from Fort Lee (instead of the Garden State Parkway or Interstate 287).
 - 2) Take Exit 10 from the Palisade Parkway and follow directions #5 above.

• **From New York City:**

- 1) Take the George Washington Bridge to the Palisades Parkway North.
- 2) Take Exit 10 from the Palisade Parkway and follow directions #5 above.

• **From Westchester County Vicinity:**

- 1) Take the Tappan Zee Bridge. Follow the New York Thruway North (Interstate 87)
- 2) Exit New York State Thruway at exit 13N (Palisades Parkway North)
- 3) Take Exit 10 from the Palisade Parkway and follow directions #5 above.

• **From Rockland County:**

- 1) Take the New York State Thruway South (Interstate 87) to Exit 13N for Palisades Parkway North.
- 2) Take Exit 10 from the Palisade Parkway and follow directions #5 above.

• **Alternate from Rockland County:**

- 1) Take the Palisade Parkway South from the Bear Mountain vicinity to Exit 10.
- 2) Take Exit 10 from the Palisade Parkway and follow directions #5 above.

FACILITY

RULES:

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Fri Dec 14, 2012 Warm-up 4:00pm Start 5:00pm

GIRLS	EVENT	BOYS
1	13-14 500 Free	2
3	15 & Older 500 Free	4
5	13-14 400 IM	6
7	15 & Older 400 IM	8
9	13 & Older 1650 Free	10

1650 will be limited to 2 heats. Additional heats possible if time permits.
1650 heats will be run fastest to slowest

Saturday Dec 15, 2012 Warm-up 6:30am Start 7:30am

GIRLS	EVENTS	BOYS
11	13-14 200 Back	12
13	15 & Older 200 Back	14
15	13-14 200 IM	16
17	15 & Older 200 IM	18
19	13-14 100 Breast	20
21	15 & Older 100 Breast	22
23	13-14 100 Free	24
25	15 & Older 100 Free	26
27	13-14 100 Fly	28
29	15 & Older 100 Fly	30

Saturday Dec 15, 2012 Warm-up 11:30am Start 12:30pm

GIRLS	EVENTS	BOYS
31	9-10 100 Back	32
33	11-12 100 Back	34
35	9-10 100 IM	36
37	11-12 200 IM	38
39	9-10 50 Breast	40
41	11-12 50 Breast	42
43	9-10 100 Free	44
45	11-12 100 Free	46
47	9-10 50 Fly	48
49	11-12 50 Fly	50

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Sunday Dec 16, 2012 Warm-up 6:30am Start 7:30am

GIRLS	EVENTS	BOYS
51	13-14 200 Free	52
53	15 & Older 200 Free	54
55	13-14 200 Fly	56
57	15 & Older 200 Fly	58
59	13-14 100 Back	60
61	15 & Older 100 Back	62
63	13-14 200 Breast	64
65	15 & Older 200 Breast	66
67	13-14 50 Free	68
69	15 & Older 50 Free	70

Sunday Dec 16, 2012 Warm-up 11:30am Start 12:30pm

GIRLS	EVENTS	BOYS
71	9-10 200 Free	72
73	11-12 200 Free	74
75	9-10 100 Fly	76
77	11-12 100 Fly	78
79	9-10 50 Back	80
81	11-12 50 Back	82
83	9-10 100 Breast	84
85	11-12 100 Breast	86
87	9-10 50 Free	88
89	11-12 50 Free	90

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Order of finals

Warmup 4:30pm Start 5:30

Saturday Evening Finals

Sunday Evening Finals

Event #	Event	Event #	Event
33	9-10 100 Back	73	9-10 200 Free
34	9-10 100 Back	74	9-10 200 Free
35	11-12 100 Back	75	11-12 200 Free
36	11-12 100 Back	76	11-12 200 Free
13	13-14 200 Back	53	13-14 200 Free
14	13-14 200 Back	54	13-14 200 Free
15	15 & Older 200 Back	55	15 & Older 200 Free
16	15 & Older 200 Back	56	15 & Older 200 Free
37	9-10 100 IM	77	9-10 100 Fly
38	9-10 100 IM	78	9-10 100 Fly
39	11-12 200 IM	79	11-12 100 Fly
40	11-12 200 IM	80	11-12 100 Fly
17	13-14 200 IM	57	13-14 200 Fly
18	13-14 200 IM	58	13-14 200 Fly
19	15 & Older 200 IM	59	15 & Older 200 Fly
20	15 & Older 200 IM	60	15 & Older 200 Fly
41	9-10 50 Breast	81	9-10 50 Back
42	9-10 50 Breast	82	9-10 50 Back
43	11-12 50 Breast	83	11-12 50 Back
44	11-12 50 Breast	84	11-12 50 Back
21	13-14 100 Breast	61	13-14 100 Back
22	13-14 100 Breast	62	13-14 100 Back
23	15 & Older 100 Breast	63	15 & Older 100 Back
24	15 & Older 100 Breast	64	15 & Older 100 Back
45	9-10 100 Free	85	9-10 100 Breast
46	9-10 100 Free	86	9-10 100 Breast
47	11-12 100 Free	87	11-12 100 Breast
48	11-12 100 Free	88	11-12 100 Breast
25	13-14 100 Free	65	13-14 200 Breast
26	13-14 100 Free	66	13-14 200 Breast
27	15 & Older 100 Free	67	15 & Older 200 Breast
28	15 & Older 100 Free	68	15 & Older 200 Breast
49	9-10 50 Fly	89	9-10 50 Free
50	9-10 50 Fly	90	9-10 50 Free
51	11-12 50 Fly	91	11-12 50 Free
52	11-12 50 Fly	92	11-12 50 Free
29	13-14 100 Fly	69	13-14 50 Free
30	13-14 100 Fly	70	13-14 50 Free
31	15 & Older 100 Fly	71	15 & Older 50 Free
32	15 & Older 100 Fly	72	15 & Older 50 Free