



# **WSSC ONE MORE CHANCE MAKE-UP MEET**

**Saturday, February 23<sup>rd</sup>, 2013**

**At Washingtonville High School Pool in  
Washingtonville, NY**

**Sanction #: 130206**



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Saturday, February 23<sup>rd</sup>, 2013

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., #130206
- LOCATION:** Washingtonville High School Washingtonville, NY
- FACILITY:**
- 25 yard pool with six 7-foot lanes; Non-turbulent lane lines;
  - Ample seating for 400 is available. Colorado electronic timing system and Colorado scoreboard.
  - The pool **HAS** been certified in accordance with Article 104.2.2C (4)
- SESSIONS:** One Session: Warm-up: 2:00 p.m., Meet Start: 3:00 p.m.
- FORMAT:** Events are Timed Finals and will be Deck Seeded. Events will be combined (Girls and Boys) if entry number allows combination. Since this meet is the same weekend as Metro Senior Championships... all seed times must be slower than 2013 Metro 15-18 Junior Olympics Time Standards.
- ELIGIBILITY:** Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers. All swimmers participating in this meet must be registered by the first day of the meet. Age on **February 23<sup>rd</sup>, 2013** will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- DEADLINE:**
- Entries will be accepted on a first come/first serve basis. E-mail entries will be accepted up till Friday, Feb. 22, 2013. Deck entries will be accepted up to start of warm-ups. (Typed in entries may have wrong names vs. preferred name and have typo errors which could cause a recon exception report.)
  - **A Metro Swimming Registration Recon after the meet will be done and any swimmer that entered and swam in this the meet and is not a USA Swimming registered swimmer, then his/her team will be fined \$100 per swimmer.**
- ENTRY FEE:** An entry fee of **\$4.00** per individual event must accompany the entries. Make check payable to: **Washingtonville Seahawks**. Failure to pay entry fees before the start of the meet could result in teams being barred from the meet.
- WARM-UP:**
- First 40 minutes will be general warm-up. Last 20 minutes: lanes 2 & 5 will be Open for one-way sprint.
  - All other lanes will remain Open for general warm-up. Warm up lanes will be posted on either end of the pool.
- SCRATCHES:**
- Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session.
  - Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.

**Swimmers are limited to 3 events.**

- Cuts to keep within the 4-hour session time limit will be made on entries received on a first come first served basis.
- The over head start procedure may be used at the discretion of the meet referee.
- Include Team name and contact email and phone number. Entries will be verified by a return email and PDF file attachment of entry lists from Aqua Gems. A subsequent email from originator will be used as acceptance of entries by the submitting team. Lack of a subsequent email from originator may lead to non-verification of entries. Checks for entry fees must be sent to

**Washingtonville Seahawks  
c/o John Dwyer  
PO Box 155 Washingtonville, NY 10992**

**ENTRIES:**

- Entries will be accepted up till the start of the warm-ups. Since this meet is accepting entries on the day of the meet. **A Metro Swimming Registration Recon after the meet will be done and any swimmer that entered the meet and is not a USA Swimming registered swimmer, his/her team will be fined \$100 per swimmer.**
- Entries must be via a Hy-Tek or Team Unify entry file.
- Entries fees must be in the Meet Director's possession prior to start of meet.
- Send entries via e-mail to the Meet Director. Team will receive a reply e-mail upon receipt of their entries. No reply will mean that e-mail was not received.

**Roger Ridenour, Meet Director, Entry Coordinator**  
[bbaracuda@yahoo.com](mailto:bbaracuda@yahoo.com)

**COACHES:**

- In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet.
- Coaches who do not possess these credentials will be required to leave the deck area.

**AWARDS:**

THERE WILL BE NO AWARDS!

**OFFICIALS:**

- **Meet Referee: Dina Mitchell:** Email: [dina66@ptd.net](mailto:dina66@ptd.net) Phone: 973-903-5755
- Officials wishing to volunteer should contact Meet Referee by February 22, 2013

**MEET  
DIRECTOR:**

**Meet Director and Entry Coordinator: Roger Ridenour**

Email: [bbaracuda@yahoo.com](mailto:bbaracuda@yahoo.com) Phone: 845-325-5152

**RULES:**

- The current USA Swimming Rules and Regulations will apply.
- **The USA Swimming Code of Conduct is in effect for the duration of the meet.**
- The overhead start procedure may be used at the discretion of the meet Referee.

**SAFETY:**

- Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.
- **"Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer's legal guardian, to**

**ensure compliance with this requirement”**

**WATER DEPTH:**

- USA 2011 - 202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls."
- Water depth at 1 meter is 3 feet 6 inches and at 5.0 meters is 9 feet 6 inches

**DISCLAIMER:**

Upon acceptance of his/her/team entries, the participant waives all claims against Washingtonville High School, Washingtonville Seahawks, and Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."

**AUDIO/VISUAL STATEMENT:**

Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms

**DECK CHANGING:**

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

**ADMISSION:**

NO ADMISSION. NO PROGRAMS.

**MERCHANTS:**

Limited Food and Merchandise will be available.

**PARKING:**

Park in appropriate marked spots. Illegally parked cars will be towed at the owner's expense.

**DIRECTIONS:**

Washingtonville High School, 54 West Main Street, Washingtonville, NY 10992  
[MAP QUEST LINK](#)

## Saturday, February 23, 2013 Event Schedule

**Warm-up: 2:00-3:00 p.m., Meet Start 3:00 p.m.**

<b>Girls Evt. #</b>	<b>MEET STANDARD SLOWER THAN JO'S</b>	<b>EVENT</b>	<b>MEET STANDARD SLOWER THAN JO'S</b>	<b>Boys Evt. #</b>
1	N/A	8 & U 25 yd. Freestyle	N/A	2
3	2:19.99	Open 200 yd. Ind. Medley	2:07.99	4
5	1:11.29	12 & U 100 yd. Ind. Medley	1:11.99	6
7	26.59	Open 50 yd. Freestyle	23.79	8
9	N/A	8 & U 25 yd. Backstroke	N/A	10
11	1:05.49	Open 100 yd. Backstroke	59.99	12
13	2:42.99	Open 200 yd. Breaststroke	2:30.09	14
15	N/A	8 & U 25 yd. Breaststroke	N/A	16
17	31.59	12 & U 50 yd. Butterfly	31.59	18
19	57.79	Open 100 yd. Freestyle	51.99	20
21	N/A	8 & U 25 yd. Butterfly	N/A	22
23	2:20.99	Open 200 yd. Backstroke	2:10.99	24
25	37.19	12 & U 50 yd. Breaststroke	37.59	26
27	1:04.99	Open 100 yd. Butterfly	57.99	28
29	2:04.49	Open 200 yd. Freestyle	1:53.99	30
31	32.99	12 & U 50 yd. Backstroke	33.29	32
33	1:15.19	Open 100 yd. Breaststroke	1:06.49	34
35	2:29.99	Open 200 yd. Butterfly	2:12.49	36
37	5:30.99	Open 500 yd. Freestyle	5:10.99	38