



Badger December 12 & Under SCY  
December 1, 2013

~~#131200~~

#131205

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**SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., ~~#131200~~ #131205

**LOCATION:** Lehman College  
APEX Aquatic Center  
250 Bedford Park Blvd  
West Bronx, NY 10468

**FACILITY:** 8 lanes x 25 yards competition course with Daktronics timing system and scoreboard.  
The pool has not been certified in accordance with Article 104.2.2C (4)  
NO SMOKING ALLOWED IN THE BUILDING. Teams are expected to police and maintain their areas on the pool deck. Athletes, parents and children are restricted to the pool area and spectators stands and are not authorized to be in any other part of the building. Offenders will be ejected from the facility.

**SESSIONS:** Session I — 12:30pm warmup, 1:30pm start

**FORMAT:** 1. Coaches and swimmers shall have the responsibility to familiarize themselves with the current U.S.A. Swimming Rules and Regulations.  
2. Session I will be Timed Finals

## Deck Seeding

**ELIGIBILITY:** Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers.  
All swimmers participating in this meet must be registered by the first day of the meet.  
No "Deck Registrations" will be accepted

Age on **12/1/13** will determine age for the entire meet.

**DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.

**ENTRIES:** **Session I - 4 events**

Entries **MUST** be sent via email or on a **Hy-Tek** disk. Be sure to enclose a Master Entry Sheet or Hy-Tek Spreadsheet. Entries received after the deadline will not be accepted. Deck entries will not be permitted.  
U.S. Mail Entries/Payment to:

## Badger Swim Club

119 Rockland Avenue  
Larchmont, NY 10538

Email Entries/Confirm Entry Receipt: [badgermeetentries@gmail.com](mailto:badgermeetentries@gmail.com),

**DEADLINE:** **Entries must be received by :**

1: Metro LSC teams will be given priority on a first come/first served basis. Metro teams entries must be received by **November 20, 2013**.

2: The final entry deadline for this meet is **November 25, 2013**

3: Metro entries received between **November 20** and **November 25, 2013** and all entries from other LSC's will be entered in the order they were received, as space allows.

An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.

- ENTRY FEE:** An entry fee of **\$4.00** per individual event and \$8.00 per relay must accompany the entries. Make check payable to: **Badger Swim Club**. Payment must be received by **November 25, 2013** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
- WARM-UP:** First 45 minutes will be general warm-up. Lane assignments will be given at meet. Last 15 minutes: lanes 3 thru 6 will be open for one-way sprint. Lanes 1 and 8 will be general warm-up. Lanes 2 and 7 will be designated pace lanes.
- SCRATCHES:** Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.
- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- AWARDS:** **Awards will be given for 1<sup>st</sup> through 8<sup>th</sup> places for 12 & Under Swimmers.**
- OFFICIALS:** **Meet Referee:**  
**Phil Johanson**  
**Philip.a.johanson@citi.com**  
Officials wishing to volunteer should contact Meet Referee by **11/25/13**.
- MEET DIRECTOR:** **Lucy Johanson**  
**badgermeetentries@gmail.com**  
**914-834-1084**
- RULES:** The current USA Swimming Rules and Regulations will apply.  
**The USA Swimming Code of Conduct is in effect for the duration of the meet.**  
The overhead start procedure may be used at the discretion of the meet Referee.
- SAFETY:** Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.  
**"Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer's legal guardian, to ensure compliance with this requirement"**
- WATER DEPTH:** USA 2011 - 202.3.7  
Water depth from end of pool in shallow end is: 13 feet at 1 meter / 12 feet at 5 meters  
Water depth from end of pool in deep end is: 7 feet at 1 meter / 7 feet at 5 meters
- DISCLAIMER:** **DISCLAIMER:** Upon acceptance of his/her entries, the participant waives all claims against **Lehman College, Badger Swim Club**, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."
- AUDIO/VISUAL STATEMENT:** **Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. There is also no flash photography at the start of races.**
- DECK CHANGING:** **Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged. Deck**

**Changing at Lehman College is prohibited and if witnessed, may result in disqualification from the meet by the Referee/Official.**

**ADMISSION:** **Adults \$5.00 Children \$2.00** per session **Session Programs: \$3.00** The stands must be cleared after each session

**MERCHANTS:** **TBA**

**PARKING:** **Parking: Free Parking for Coaches with USA Swimming Credentials**  
\$5.00 fee all-day parking at College Supervised Lot, (100 yards from APEX).

**DIRECTIONS:** **DIRECTIONS TO LEHMAN COLLEGE APEX! Bedford Park Boulevard between Goulden and Paul Aves.!****BY SUBWAY:** Take the IRT #4 (Lexington) or IND 'D' to Bedford Park Boulevard and walk West on Bedford Park Blvd. past Paul Ave. to entrance on south side of street. **BY BUS: FROM WESTCHESTER:** (White Plains, Hartsdale, Scarsdale, Yonkers via Central Park Ave.) #20 or #20X or (Yonkers via Getty Square/South Broadway/McClean Ave./Central Park Ave.) #4 to Bedford Park Blvd. Terminus and walk West. **BY CAR:** Take Major Deegan Expressway (I-87) to the Van Cortlandt Park South Exit and turn left onto Van Cortlandt Ave. Proceed up the winding hill to Sedgwick Ave. And make left onto Sedgwick and continue uphill. Turn right at Goulden Ave. (keeping Reservoir on right) and go south to Bedford Park Blvd. Proceed two long blocks. Parking lots will be on your right. **Via Saw Mill River Parkway South** (it becomes the Henry Hudson Parkway) to Mosholu Parkway exit. Proceed on long exit ramp. At the second traffic light, before the subway underpass, turn right onto Paul Avenue. Go for two long blocks. At Bedford Park Boulevard, turn right. APEX building is on your left. Proceed to traffic light and then turn left onto Goulden. Parking lots will be on your right. **IMPORTANT! IN CASE OF EMERGENCY:!**Pool Office: 718- 960-7123  
Meet Desk: 718-960-1134

**EVENTS:**

- 1 Girls 8 & Under 50 Freestyle
- 2 Boys 8 & Under 50 Freestyle
- 3 Girls 10 & Under 200 Freestyle
- 4 Boys 10 & Under 200 Freestyle
- 5 Girls 11-12 50 Freestyle
- 6 Boys 11-12 50 Freestyle
- 7 Girls 8 & Under 25 Breaststroke
- 8 Boys 8 & Under 25 Breaststroke
- 9 Girls 10 & Under 50 Breaststroke
- 10 Boys 10 & Under 50 Breaststroke
- 11 Girls 11-12 100 Breaststroke
- 12 Boys 11-12 100 Breaststroke
- 13 Girls 8 & Under 50 Backstroke
- 14 Boys 8 & Under 50 Backstroke
- 15 Girls 10 & Under 100 Backstroke
- 16 Boys 10 & Under 100 Backstroke
- 17 Girls 11-12 200 Backstroke
- 18 Boys 11-12 200 Backstroke
- 19 Girls 8 & Under 25 Butterfly
- 20 Boys 8 & Under 25 Butterfly
- 21 Girls 10 & Under 50 Butterfly
- 22 Boys 10 & Under 50 Butterfly
- 23 Girls 11-12 500 Freestyle
- 24 Boys 11-12 500 Freestyle