



**17<sup>th</sup> ANNUAL VIKING CLASSIC SWIM MEET**

2013-MR VAC – Viking Classic SC

**November 15<sup>th</sup>, 16<sup>th</sup>, & 17<sup>th</sup>, 2013**

**Sanction #131103**

**Sponsored by the VIKING AQUATIC CLUB**

# 2013 Viking Classic Swim Meet

November 15th, 16th, 17th, 2013

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., # 131103
- LOCATION:** Valley Central High School Natatorium, 1175 Route 17K, Montgomery, NY 12549
- FACILITY:** 8-Lane, 25-yard, indoor pool with non-turbulent lane dividers. Colorado Timing System, 8-Lane Display Scoreboard. Tiered bleacher seating for spectators.  
The pool **has not** been certified in accordance with Article 104.2.2C (4)
- SESSIONS:**
- |  |                                      |
|--|--------------------------------------|
| Session 1: Friday, November 15 starts at 5:00 p.m. | Warm-ups at 4:00 p.m. Session        |
| Session 2: Friday, November 15 starts at 9:30 p.m. | ***Warm-ups at 9:00 p.m. Session     |
| Session 3: Saturday, November 16 at 9:00 a.m.      | Warm-ups at 7:45 a.m. Session starts |
| Session 4: Saturday, November 16 at 2:00 p.m.      | Warm-ups at 1:00 p.m. Session starts |
| Session 5: Sunday, November 17 starts at 9:00 a.m. | Warm-ups at 7:45 a.m. Session        |
| Session 6: Sunday, November 17 starts at 2:00 p.m. | Warm-ups at 1:00 p.m. Session        |
- \*\*\*Teams will be notified no later than November 10<sup>th</sup>, 2013 of any change in start and warm-up time.
- FORMAT:** US Swimming Rules govern this meet. All Events are Timed Finals. On deck seeding is in effect for the meet. Host club reserves the right to seed from off deck depending on number of entries accepted. Team representatives will be notified of any change.
- ELIGIBILITY:** Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers. All swimmers participating in this meet must be registered by the first day of the meet. Age on **November 15<sup>th</sup>, 2013** will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** Swimmers may enter up to 3 individual events and 1 relay per session.
- Swimmers entered in the 1000-yard freestyle must supply their own timers and counters.**
- Metropolitan LSC Clubs and Hawk-AD will be given priority on a first come/first served basis. Teams other than Metropolitan will be entered based on the order they are received. Entries will not be accepted after November 1st, 2013 or after the meet fills to capacity.

Email Entries/Confirm Entry Receipt: [stats@esslswim.com](mailto:stats@esslswim.com)  
Please enter swimmers in Hy-Tek Meet Manager Format Via Email

US Mail Entries/Payment to:  
Viking Aquatic Club  
PO Box 321  
Montgomery, NY 12549

- DEADLINE:** 1: Metro LSC teams and Hawk-AD will be given priority on a first come/first served basis. Metro teams entries must be received by **October 21st, 2013**.  
2: The final entry deadline for this meet is **November 1, 2013**.  
3: Metro entries received between **October 22<sup>nd</sup>, 2013** and **November 1<sup>st</sup>, 2013** and all entries from other LSC's will be entered in the order they were received, as space allows.  
An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.
- ENTRY FEE:** An entry fee of **\$4.00** per individual event must accompany the entries.  
\$8.00 per relay.  
Make check payable to: **Viking Aquatic Club**.  
Payment must be received by **November 1<sup>st</sup> 2013** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
- WARM-UP:** **Warm-up lanes and times will be assigned by the host team. Warm-up schedules will be posted near pool office. Coaches are responsible for enforcing feet first entry during warm-ups.**
- SCRATCHES:** Coaches will be given scratch sheets upon check-in for each session. **Coaches must present current coaches credentials in order to receive team scratch sheets.** All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.
- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- Depending on entries, swimmers may be seeded from adjoining gymnasium (mats and hand-held toys recommended). Viking Aquatic Club is not responsible for lost or stolen items.**
- Swimmers will not be permitted back on deck once their event is complete.**
- AWARDS:** **Medals for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> places for individual events. Ribbons awarded for 5<sup>th</sup>-8<sup>th</sup> places for individual events and 1<sup>st</sup>-3<sup>rd</sup> place relays. High Point Trophy for each MALE & FEMALE high point scorer in each age group. Coaches are to pick up their team awards at the end of the meet.**

- OFFICIALS:** **Meet Referee: Corinne Cody**  
**Email:** [corinne.cody@metroswimming.org](mailto:corinne.cody@metroswimming.org) or cell: (914) 443-0457  
All visiting officials are encouraged and welcome to join us on deck. Please contact Corinne with your availability by **November 8<sup>st</sup>, 2013.**
- MEET DIRECTOR:** **Chris Joyce**  
**845-527-2653 (cell)**  
**845-457-6027 (home)**  
**stats@esslswim.com**
- RULES:** The current USA Swimming Rules and Regulations will apply.  
**The USA Swimming Code of Conduct is in effect for the duration of the meet.**  
The overhead start procedure may be used at the discretion of the meet Referee.
- SAFETY:** Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.  
**“Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer’s legal guardian, to ensure compliance with this requirement”**
- Except where the venue facilities require otherwise, changing into or out of swimsuits other than in the locker rooms or other designated areas is not appropriate and is strongly discouraged.
- WATER DEPTH:** **Start End...1 meter 13’ 0”;** **5 meters 12’ 0”;** **Turn End...1 meter 3’ 6”;** **5 meters 4’ 0”**
- DISCLAIMER:** **DISCLAIMER:** Upon acceptance of his/her entries, the participant waives all claims against **Valley Central School District, Viking Aquatic Club and all representatives**, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."
- AUDIO/VISUAL STATEMENT:** **Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms**
- ADMISSION:** **\$5.00 Admission per session.**  
**“All Day” Saturday OR Sunday Admission Pass \$8.00**  
**Meet Programs available (while supplies last) for \$2.00 per session.**
- MERCHANTS:** **Professional photographer will be available for hire during the meet.**  
**There will be a variety of t-shirts, swimsuits, goggles and other assorted swim merchandise.**  
**Food will be available at the concession stand.**

**Absolutely NO food will be allowed on pool deck. Only drinks in plastic bottles allowed on deck.**

**PARKING:** Free parking is available on-site at the Valley Central Middle & High Schools.

**NO parking allowed in the fire zone in front of the buildings OR on Route 17K. If you are parked illegally...you will be ticketed and towed at your own expense.**

**DIRECTIONS:** See website for a list of hotels and directions to the pool.

**ADDITIONAL INFORMATION:** All persons on deck must be USA Swimming registered and should have their registration card visible. This is a USA Swimming rule and will be enforced. The USA Swimming Code of Conduct is in effect for the duration of the meet.

Grievances (disputed finishes, etc.) must be made to the Meet Referee who will have the final say. It is each team's responsibility to make sure their swimmers are on time to be seeded.

Any cuts will be made based on the date and time of receipt of team entries. The Host Club reserves the right to enter all its swimmers. If a swimmer is late, the Meet Referee will make the decision if the swimmer can be placed in a different heat.

## **Session 1: Friday Evening**

**Warm-ups 4:00 p.m. – Session Begins 5:00 p.m.**

<b>GIRLS</b>	<b>EVENT</b>	<b>BOYS</b>
1	11-12 200 IM	2
3	13 & Over 400 IM	4
5	9-10 200 Freestyle	6
7	11-12 200 Freestyle	8
9	13 & Over 200 Breaststroke	10
11	13 & Over 500 Freestyle	12

## **Session 2: Friday Evening**

**Warm-ups 9:00 p.m. – Session Begins 9:30 p.m.**

<b>GIRLS</b>	<b>EVENT</b>	<b>BOYS</b>
13	13 & Over 1000 Freestyle	14

## Session 3: Saturday Morning

Warm-ups 7:45 a.m. – Session Begins 9:00 a.m.

GIRLS	EVENT	BOYS
15	13-14 200 Freestyle	16
17	9-10 100 IM	18
19	8 & Under 50 Freestyle	20
21	13-14 100 Freestyle	22
23	9-10 50 Freestyle	24
25	8 & Under 50 Breaststroke	26
27	13-14 100 Breaststroke	28
29	9-10 100 Breaststroke	30
31	8 & Under 100 Freestyle	32
33	13-14 100 Butterfly	34
35	9-10 100 Butterfly	36
37	13-14 100 Backstroke	38
39	9-10 50 Backstroke	40
41	8 & Under 200 Medley Relay	42
43	9 & 10 200 Medley Relay	44
45	13-14 200 Medley Relay	46

## Session 4: Saturday Afternoon

Warm-ups 1:00 p.m. – Session Begins 2:00 p.m.

GIRLS	EVENT	BOYS
47	15 & Over 200 Butterfly	48
49	11-12 50 Butterfly	50
51	15 & Over 50 Freestyle	52
53	11-12 50 Freestyle	54
55	15 & Over 100 Backstroke	56
57	11-12 100 IM	58
59	15 & Over 100 Breaststroke	60
61	11-12 100 Breaststroke	62
63	15 & Over 200 Backstroke	64
65	11-12 50 Backstroke	66
67	15 & Over 200 Freestyle Relay	68
69	11-12 200 Freestyle Relay	70

## Session 5: Sunday Morning

Warm-ups 7:45 a.m. – Session Begins 9:00 a.m.

GIRLS	EVENT	BOYS
71	13-14 200 IM	72
73	9-10 50 Butterfly	74
75	8 & Under 50 Butterfly	76
77	13-14 50 Freestyle	78
79	9-10 100 Freestyle	80
81	8 & Under 50 Backstroke	82
83	13-14 200 Backstroke	84
85	9-10 100 Backstroke	86
87	8 & Under 100 IM	88
89	13-14 200 Breaststroke	90
91	9-10 50 Breaststroke	92
93	8 & Under 200 Freestyle Relay	94
95	9 & 10 200 Freestyle Relay	96
97	13-14 200 Freestyle Relay	98

## Session 6: Sunday Afternoon

Warm-ups 1:00 p.m. – Session Begins 2:00 p.m.

GIRLS	EVENT	BOYS
99	15 & Over 200 Freestyle	100
101	11-12 100 Freestyle	102
103	15 & Over 100 Butterfly	104
105	11-12 100 Butterfly	106
107	15 & Over 100 Freestyle	108
109	11-12 50 Breaststroke	110
111	15 & Over 200 IM	112
113	11-12 100 Backstroke	114
115	15 & Over 200 Medley Relay	116
117	11-12 200 Medley Relay	118