



Badger Mid Winter Swim
January 31 – February 1, 2015
#150128

Badger Mid Winter Swim

January 31, 2015

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., #150128
- LOCATION:** APEX Aquatics Center
Lehman College
250 Bedford Park Boulevard
West Bronx, NY 10468
- FACILITY:** 8 lanes x 25 yards competition course with Daktronics timing system and scoreboard.
The pool has been certified in accordance with Article 104.2.2C (4)
- SESSIONS:** **Session I – Saturday, January 31 - 8am Warmup and 9am Start**
Session II – Saturday, January 31 - 1pm Warmup and 2pm Start
Session III – Sunday, February 1 - 8am Warmup and 9am Start
Session IV – Sunday, February 1 - 1pm Warmup and 2pm Start
- FORMAT:** This meet is timed finals. Deck seeding will be used.
- ELIGIBILITY:** Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers.
All swimmers participating in this meet must be registered by the first day of the meet.
No “Deck Registrations” will be accepted
Age on **January 31, 2015** will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete’s coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** **All Athletes 12 & Under are limited to a total of four (8) events**
All Athletes 13 & Over are Limited to a total of four (8) events
The 400IM and 500FR may be limited to the top 32 swimmers.
Deck entries will not be accepted. NT entries will not be accepted.
No manual entries.
U.S. Mail Entries/Payment to: **Badger Swim Club**
119 Rockland Avenue
Larchmont, NY 10538
Email Entries/Confirm Entry Receipt: **badgermeetentries@gmail.com**
Signature Waiver required for express mail entries.

- DEADLINE:** 1: Metro LSC teams will be given priority on a first come/first served basis. Metro teams entries must be received by **January 17, 2015**.
2: The final entry deadline for this meet is **January 24, 2015**
3: Metro entries received between **January 17, 2015** and **January 24, 2015** and all entries from other LSC's will be entered in the order they were received, as space allows.
An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.
- ENTRY FEE:** An entry fee of **\$\$4.00** per individual even must accompany the entries.
Make check payable to: **Badger Swim Club**.
Payment must be received by **January 24, 2015** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
- WARM-UP:** **General**
- SCRATCHES:** Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.
- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- AWARDS:** Ribbons for 1st-8th Place will be awarded in each age group..
OFFICIALS: **Meet Referee: Phil Johanson**
Officials wishing to volunteer should contact Meet Referee by **1/17/15**.
- ADMIN. OFFICIAL:** **Administrative Official: Wenday Martinez – wendy.martinez@lehman.cuny.edu**
- MEET DIRECTOR:** **Lucy Johanson – badgermeetentries@gmail.com 914-834-1084**
- RULES:** The current USA Swimming Rules and Regulations will apply.
The USA Swimming Code of Conduct is in effect for the duration of the meet.
The overhead start procedure may be used at the discretion of the meet Referee.
- SAFETY:** Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.
“Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer’s legal guardian, to ensure compliance with this requirement”

- WATER DEPTH:** USA 2011 - 202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls."
Water depth from end of pool in shallow end is: 13' at 1 meter / 12' at 5 meters
Water depth from end of pool in deep end is: 7' at 1 meter / 7' at 5 meters
- DISCLAIMER:** **DISCLAIMER:** Upon acceptance of his/her entries, the participant waives all claims against **Lehman College, Badger Swim Club**, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."
- AUDIO/VISUAL STATEMENT:** **Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms**
- DECK CHANGING:** **Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and prohibited.**
- ADMISSION:** Adults **\$5.00** Children **\$2.00 per session** Session Programs: **\$3.00** **The stands must be cleared after each session**
- MERCHANTS:** **Concession**
- PARKING:** \$5.00 all-day parking at Lehman College Supervised Lot. Street parking and meter parking is also available.
- DIRECTIONS:** 250 Bedford Park Boulevard West (between Goulden and Paul Avenues).
BY SUBWAY: Take the IRT #4 (Lexington) or IND 'D' to Bedford Park Boulevard and walk West on Bedford Park Blvd past Paul Ave to entrance on south side of street.

BY BUS: FROM WESTCHESTER: (White Plains, Hartsdale, Scarsdale, Yonkers via Central Park Ave.) #20 or #20X or (Yonkers via Getty Square/South Broadway/McClean Ave/Central Park Ave) #4 to Bedford Park Blvd. Terminus and walk West.

BY CAR: Take Major Deegan Expressway (I-87) to the Van Cortlandt Park South Exit and turn left onto Van Cortlandt Ave. Proceed up the winding hill to Sedgwick Ave and make left onto Sedgwick and continue uphill. Turn right at Goulden Ave (keeping Reservoir on right) and go south to Bedford Park Blvd. Proceed two long blocks. Parking lots will be on your right.

Via Saw Mill River Parkway South (becomes the Henry Hudson Parkway) to Mosholu Parkway exit. Proceed on long exit ramp. At the second traffic light, before the subway underpass, turn right onto Paul Avenue. Go for two long blocks. At Bedford Park Boulevard, turn right. APEX building is on your left. Proceed to traffic light and then turn left onto Goulden. Parking lots will be on your right.

SESSION 1

Finals 1 Girls 8 & Under 50 Freestyle
Finals 2 Boys 8 & Under 50 Freestyle
Finals 3 Girls 10 & Under 200 Freestyle
Finals 4 Boys 10 & Under 200 Freestyle
Finals 5 Girls 200 Freestyle
Finals 6 Boys 200 Freestyle
Finals 7 Girls 8 & Under 50 Backstroke
Finals 8 Boys 8 & Under 50 Backstroke
Finals 9 Girls 10 & Under 100 Backstroke
Finals 10 Boys 10 & Under 100 Backstroke
Finals 11 Girls 200 Backstroke
Finals 12 Boys 200 Backstroke
Finals 13 Girls 8 & Under 25 Breaststroke
Finals 14 Boys 8 & Under 25 Breaststroke
Finals 15 Girls 10 & Under 50 Breaststroke
Finals 16 Boys 10 & Under 50 Breaststroke
Finals 17 Girls 100 Breaststroke
Finals 18 Boys 100 Breaststroke
Finals 19 Girls 8 & Under 25 Butterfly
Finals 20 Boys 8 & Under 25 Butterfly
Finals 21 Girls 10 & Under 50 Butterfly
Finals 22 Boys 10 & Under 50 Butterfly
Finals 23 Girls 200 Butterfly
Finals 24 Boys 200 Butterfly
Finals 25 Girls 8 & Under 100 IM
Finals 26 Boys 8 & Under 100 IM
Finals 27 Girls 10 & Under 200 IM
Finals 28 Boys 10 & Under 200 IM
Finals 29 Girls 200 IM

Session 2

Finals 31 Girls 11-12 200 Freestyle
Finals 32 Boys 11-12 200 Freestyle
Finals 33 Girls 13-14 100 Freestyle
Finals 34 Boys 13-14 100 Freestyle
Finals 35 Girls 11-12 100 Backstroke
Finals 36 Boys 11-12 100 Backstroke
Finals 37 Girls 13-14 200 Backstroke
Finals 38 Boys 13-14 200 Backstroke
Finals 39 Girls 11-12 100 Breaststroke
Finals 40 Boys 11-12 100 Breaststroke
Finals 41 Girls 13-14 100 Breaststroke
Finals 42 Boys 13-14 100 Breaststroke
Finals 43 Girls 11-12 50 Butterfly
Finals 44 Boys 11-12 50 Butterfly
Finals 45 Girls 13-14 200 Butterfly
Finals 46 Boys 13-14 200 Butterfly
Finals 47 Girls 11-12 200 IM
Finals 48 Boys 11-12 200 IM
Finals 49 Girls 13-14 200 IM
Finals 50 Boys 13-14 200 IM