



**2019-MR-Patriot Spring Invitational  
May 4 – May 5, 2019 @ Lehman College**

**Sanction #190501**

**Free Real Time Results Available at [www.touchpadlive.com](http://www.touchpadlive.com)**

**Invited Teams: AG AGUA APEX BGNW BKS CFJV COND DA DVWM FREE GAEL  
GATE HS HVD IA LBA LIE MAKO MPNY MWSC NBS NCAC NDAC NYCC NYSA PATS  
QNS RA TRI RFAC RIST SCY-NJ SMC SPAR SSC SSL TS TVSC WAC WEST WSA YFD  
YMID VAC (contact meet host to be added to list)**

# 2019-MR-Patriot May Long Course Invitational

May 4 - May 5, 2019

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., #190501
- LOCATION:** **Lehman College APEX Aquatic Center**  
**250 Bedford Park Boulevard West**  
**Bronx, New York 10468**
- FACILITY:** **8 Lane 50 Meter Pool utilizing Daktronic Timing System and Scoreboard**  
The pool **Has** been certified in accordance with Article 104.2.2C (4) The competitive course is 7-13 feet deep. **NO SMOKING ALLOWED IN THE BUILDING.** Teams are expected to police and maintain their areas on the pool deck. Athletes, parents and children are restricted to the pool area and stands. Spectators and are not authorized to be in any other part of the building. Offenders will be ejected from the facility.
- SESSIONS:** **Sat & Sun 8am Warm up 9am Start 2:00pm Warm up 3:00pm Start**
- FORMAT:** **Timed Finals**  
**Deck Seeding**
- ELIGIBILITY:** Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers. All swimmers participating in this meet must be registered by the first day of the meet. Age on **May 4, 2019** will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** **Swimmers may enter 4 Individual events per session.**  
**Deck Entries are NOT permitted. All Entries must be sent as a Hy-Tek file. Manual Entries will NOT be accepted. Mail payment along with Hy-Tek Meet Entry Fee Report**  
  
Entries will be accepted until the meet is full. First Come First Served  
  
**\*\*\*\***An email confirming receipt of entries will be sent. Contact Meet Director if you do not receive such a report within 2 days of your original email. Your entries are considered **NOT** received until you have gotten a confirmation.  
  
U.S. Mail Payment to: **Patriot Aquatics, PO Box 484, Jefferson Valley, NY 10535**  
Email Entries/Confirm Entry Receipt: **patriotentries@gmail.com**
- DEADLINE:** **April 18 , 2019.** Entries received after the entry deadline will only be accepted if the meet is not full.
- ENTRY FEE:** An entry fee of **\$6.00** per individual event, **\$5.00** Per Swimmer Surcharge  
Make check payable to: **Patriot Aquatics.**  
Payment must be received by **April 18, 2019** for email entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
- WARM-UP:** **General Warm up in effect. Sprint lanes will be available 20 minutes prior to the end of each warm up. Lanes 1 & 8 will remain General warm up during sprints.**
- SCRATCHES:** Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than

30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.

- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- AWARDS:** **Medals 1-3, Ribbons 4-8.**
- OFFICIALS:** **Meet Referee: Felicity Marinello E-mail: [flickdance@msn.com](mailto:flickdance@msn.com)**  
Officials wishing to volunteer should contact Meet Referee by **April 27th.**  
**Admin Official: Wendy Martinez**
- MEET DIRECTOR:** **Robert Vializ, [patriotentries@gmail.com](mailto:patriotentries@gmail.com) 914 497 4716**
- RULES:** The current USA Swimming Rules and Regulations will apply.  
**The USA Swimming Code of Conduct is in effect for the duration of the meet.**  
The overhead start procedure may be used at the discretion of the meet Referee.
- SAFETY:** Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.
- Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement
- Deck Changing is Not permitted.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- DISCLAIMER:** Upon acceptance of his/her entries, the participant waives all liabilities and claims for damages against **The City of New York, Lehman College Apex Aquatic Center, Patriot Swim Team, Metropolitan Swimming Inc., USA Swimming Inc.,** their agents or representatives for injuries to anyone during the conduct of the meet..
- AUDIO/VISUAL STATEMENT** **The use of audio or visual recording devices, including a cell phone or tablet device, is not permitted in changing areas, rest rooms or locker rooms. Photography, of any kind, is not permitted behind the starting platforms**
- PHOTGRAPHIC POLICY:** Any photographer or videographer, who intends to take pictures at a Metropolitan Swimming Sanctioned meet, must complete and submit a Photographer Registration Form to the Meet Director before commencing Activity. Forms are available on the Metropolitan Swimming website as Well as from the Meet Director.
- ADMISSION:** **\$5 Admission Fee, \$3 for Programs**
- MERCHANTS:** **Food and Beverage Concessions provided by Patriot Swim Team. Swim Equipment by Metro Swim Shop**
- PARKING:** **Parking is \$10 in The North Lot (alongside the reservoir) There is also ample free and metered street parking however be sure to read all signs to avoid costly parking tickets. (Parking fees are set and collected by Lehman College and subject to change at the discretion of Lehman College and without prior notice or consultation with the Patriot Swim Team**

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**Saturday Warm-up 8:00am Start 9:00am**

GIRLS	EVENT	BOYS
1	11-12 200 Fly	2
3	9-10 200 Freestyle	4
5	11-12 200 Freestyle	6
7	9-10 50 Breast	8
9	8 & Under 50 Fly	10
11	11-12 50 Fly	12
13	9-10 50 Free	14
15	8 & Under 50 Back	16
17	11-12 50 Back	18
19	9-10 100 Back	20
21	11-12 100 Breast	22
23	9-10 100 Fly	24
25	11-12 100 Freestyle	26
27	11-12 200 Breast	28

**Saturday Warm-up 2:00pm Start 3:00pm**

GIRLS	EVENTS	BOYS
29	13 & Older 400 Free	30
31	13 & Older 200 Freestyle	32
33	13 & Older 100 Backstroke	34
35	13 & Older 200 Breaststroke	36
37	13 & Older 100 Butterfly	38
39	13 & Older 50 Freestyle	40
41	13 & Older 1500 Freestyle Must Provide Own Timer Heats May be limited to 3	42

# 2019-MR-Patriot May Long Course Invitational

May 4 - May 5, 2019

**Sunday Warm-up 8:00am Start 9:00am**

<b>GIRLS</b>	<b>EVENTS</b>	<b>BOYS</b>
43	11-12 200 IM	44
45	9-10 100 Freestyle	46
47	11-12 100 Backstroke	48
49	9-10 100 Breast	50
51	11-12 100 Fly	52
53	8 & Under 50 Breaststroke	54
55	9-10 50 Back	56
57	11-12 50 Breast	58
59	8 & Under 50 Freestyle	60
61	9-10 50 Fly	62
63	11-12 50 Freestyle	64
65	9-10 200 IM	66
67	11-12 200 Back	68

**Sunday Warm-up 2:00pm Start 3:00am**

<b>GIRLS</b>	<b>EVENTS</b>	<b>BOYS</b>
69	13 & Older 400 IM	70
71	13 & Older 200 Butterfly	72
73	13 & Older 200 Backstroke	74
75	13 & Over 100 Breaststroke	76
77	13 & Older 200 IM	78
79	13 & Older 100 Freestyle	80
81	13 & Older 800 Freestyle Must Provide Own Timer Heats May be Limited to 4	82