



**2019-MR-Patriot 13 & Older Sprint Invitational
Nov3, 2019 @ Valley Central HS**

Sanction # 191112

Invited Teams: All Metro Teams, All Outside LSC Teams

Free Live Results at www.touchpadlive.com

2019-MR-Patriot Sprint Invitational

Nov 3, 2019

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., # 191112
- LOCATION:** Valley Central High School Aquatic Center
1175 NY-17K,
Montgomery, NY 12549
- FACILITY:** **8 Lane 25 Yard Pool utilizing Colorado Timing System and Scoreboard 8 Lane Scoreboard**
The pool **Has Not** been certified in accordance with Article 104.2.2C (4) The competitive course is 4-13 feet deep. **NO SMOKING ALLOWED IN THE BUILDING.** Teams are expected to police and maintain their areas on the pool deck. Athletes, parents and children are restricted to the pool area and spectators stands and are not authorized to be in any other part of the building. Offenders will be ejected from the facility.
- SESSIONS:** **Sat Session #1 - 12pm Warm up 12:30pm Start, Session #2 - 1:45pm Warm up 2:20pm Start**
- FORMAT:** **Timed Finals
Deck Seeding**
- ELIGIBILITY:** Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers.
All swimmers participating in this meet must be registered by the first day of the meet.
Age on **NOV 3, 2019** will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** **Swimmers may enter 4 Individual events per session.**
Entries are accepted on a first come, first served basis. Entries received after the entry deadline will only be accepted if the meet is not full. Deck Entries are NOT permitted. All Entries must be sent as a Hy-Tek or TU file. Manual Entries will NOT be accepted. Mail payment along with Meet Entry Fee Report
- U.S. Mail Entries/Payment to: **Patriot Aquatics, PO Box 484, Jefferson Valley, NY 10535**
Email Entries/Confirm Entry Receipt: **patriotentries@gmail.com**
Signature Waiver Required for Express Mailed Entries
- DEADLINE:** 1: Entries will be accepted on a first come/first served basis.
2: The final entry deadline for this meet is **Oct 28, 2019**
- An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.
- ENTRY FEE:** An entry fee of **\$5.00** per individual event must accompany the entries.
Make check payable to: **Patriot Aquatics.**
Payment must be received by **Oct 28, 2019** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
- WARM-UP:** **General Warm up in effect. Sprint lanes will be available 20 minutes prior to the end of each warm up. Lanes 1 & 8 will remain General warm up during sprints.**
- SCRATCHES:** **Scratches will be by scratch sheet provided at warm up.**
- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid

USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.

AWARDS: Medals 1-3, Ribbons 4-6

OFFICIALS: Meet Referee: **Felicity Marinello (E-mail: flickdance@msn.com)**
Officials wishing to volunteer should contact Meet Referee by **Oct 28th**

MEET DIRECTOR: Robert Vializ, patriotentries@gmail.com 914 497 4716

ADMIN OFF: Richard Gash

RULES: The current USA Swimming Rules and Regulations will apply.
The USA Swimming Code of Conduct is in effect for the duration of the meet.
The overhead start procedure may be used at the discretion of the meet Referee.

SAFETY: Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

Deck Changing is NOT permitted

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present

Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet.

DISCLAIMER: Upon acceptance of his/her entries, the participant waives all liabilities and claims for damages against **The Beacon City School District, Patriot Swim Team**, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for injuries to anyone during the conduct of the meet..

AUDIO/VISUAL STATEMENT Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms or behind the starting block's

Photographic Policy Any photographer or videographer, who intends to take pictures at a Metropolitan Swimming Sanctioned meet, must complete and submit a Photographer Registration Form to the Meet Director before commencing Activity. Forms are available on the Metropolitan Swimming website as Well as from the Meet Director.

ADMISSION: \$5 Admission Fee, \$3 for Programs

MERCHANTS: Food and Beverage Concessions provided by Patriot Swim Team.

PARKING: There is ample free parking

DIRECTIONS: From Interstate 84:

Take Exit 5 on I84 and head north on route 208. Make a left onto Route 17K West and continue for about a mile. The School will be on your left.

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Nov 3, 2019

Sunday Nov 3, 2019 Warm-up 1:00pm Start 2:00m

GIRLS	EVENT	BOYS
1	100 Free	2
3	100 Back	4
5	100 Fly	6
7	100 Breast	8
9	50 Free	10