

Metropolitan LSC Swimming Coaches/USA Swimming

Len Galluzzi Memorial Scholarship Award

This scholarship recognizes Len Galluzzi's dedication over 5 decades to both competitive age group and senior swimming and to honor his strength of character in overcoming obstacles in the later years of his career. Len was named to the Metro Hall of Fame as a coach, and had tenures with Gotham Aquatic Association, Gotham Aqua Kings, Asphalt Green Unified Aquatics, Flushing YMCA, New York Aquatic Club and Columbia University. Len passed away in 2015, Those of us who knew and loved Lenny are humbled each and every day by the legacy of his strength of character and sheer will he possessed to push through all the adversity that befell him. This award, in his honor, goes to the 2 Metro Swimmers who best exemplified that same inner strength and fortitude.

Award:

Two scholarships of \$1,000.00 each will be awarded to 1 female and 1 male Metropolitan LSC and USA Swimming student/swimmer who has had his or her age group roots in the Metropolitan LSC for at least five years continuously, and, as senior swimmers, have been accepted to a college or university for the next academic year.

Eligibility:

The applicants must

- be in attendance at a state accredited high school.
- be currently registered an athlete in Metropolitan Swimming.
- have been registered in the Metro LSC for at least the last five years continuously, and have swum in at least 5 Metro sanctioned meets in each of the last two years.
- demonstrate leadership ability.
- participate in community service work.
- submit one letter of recommendation from a teacher, advisor or administrator.
- write a 250-300 word essay on the following topic:

“How swimming has had a positive effect on my character and my strength to overcome obstacles. Please include personal examples of embracing adversity, meeting challenges with tenacity, perseverance, and courage to achieve scholastic or competitive excellence with the admiration of coaches, teacher or peers.

Official Rules:

- All components of the application must be submitted in one package.
- Applications will be judged by the Len Galluzzi Memorial Committee
- Winners will be announced at the May House of Delegate meeting.

Deadline:

- Completed application packages must be received by April 25, 2022. **Keep this information sheet for your records.**

Applications must be sent to:

Len Galluzzi Memorial Committee

Metro.office@metroswimming.org

4949 Express Dr North, Ronkonkoma, NY 11779

Len Galluzzi Scholarship Application (page 1)

Applicant name _____ **Phone ()** _____

Home address _____ **E-Mail** _____

City _____ **State/ZIP** _____

High School _____

Address _____

Number of years you have been a registered with USA Swimming and the Metropolitan LSC: _____

Circle: (if appropriate)

2017 (and earlier) 2018 2019 2020 2021 2022

Number of Meets swum in the Metropolitan LSC during the last 5 years.

Circle year: (as appropriate) Due to COVID there is no minimum, but must show they have participated in meets in Metro during swimming career

2022 -

2021 -

2020 -

2019 -

2018 -

Len Galluzzi Scholarship Application (page 2)

Please list the institutions you are considering for your post-secondary education. If you have already been accepted, please so indicate.

Honors and/or awards, recognition, and scholarships received, both in and out of High School:

Honors/ Awards: (use additional paper if needed)

Special Recognition (s):

Scholarships:

Work Experience:

Describe the jobs you have held both during the school year and during the summer months.

Average number of hours worked per week _____

Describe your community service work, (volunteer service to a community organization and/or school-based service in the community.) _____

Average number of hours served per week _____

Note: If more space is needed to answer any question, you may attach an additional sheet, printed neatly or typed, outlining the category.

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Grade Point Average:

Check the box next to your official grade point average at the end of your first semester of senior year. The GPA (for the four years) should **not** include grades for physical education or drivers' education.

Note: These are equivalent scores for the three common grading systems. If "A" is the highest grade in your school, consider it as the box numbered (7) and adjust the other grades accordingly.

4 Point Scale Letter Grade Percent Grade Value

2.00 -2.50	C	70-75	1
2.51 -2.99	C+	76-79	2
3.00 -3.24	B	80- 86	3
3.25 -3.49	B+	87- 89	4
3.50 -3.74	A-	90- 92	5
3.75 -3.89	A	93- 96	6
3.90 -4.00	A+	97-100	7

Class Rank:

Enter rank in class at the end of first semester senior year _____ Class Size _____

List at least one of the following scores:

S.A.T. _____ A.C.T. _____

List any additional information about your grades that should be considered.

Student Essay

Please attach your required essay. *Hand written essays will not be considered.*

Be sure to include your name, mark it "Student essay", and *attach it* to the rest of this submission.

Subject: "How swimming has had a positive effect on my character and my strength to overcome obstacles. Please include personal examples of embracing adversity, meeting challenges with tenacity, perseverance, and courage to achieve scholastic or competitive excellence with the admiration of coaches, teacher or peers".

Please read and sign the following statement: "I hereby certify that all of my responses are accurate and true."

Signature: _____

Date: _____