



**NEW YORK SHARKS
LAST CHANCE INVITATIONAL
At LEHMAN COLLEGE**

**SATURDAY AND SUNDAY
July 13th & 14th, 2019**

Metro Sanction # 190705

Revised – Admission will be collected at the door in Lehman.

Invited Teams: AG, WSSC, MWSC, NBS,RFAC, HVD, TRS, WEST, BAD, YMID, BGNW, EAST,HAWKS, VAC, GAEL, LIE, DA, COND, AGUA, MVA, YBAR, NCAC, SPAR, SSC, SMC, SSL, WAC,APEX, FAST, IA, LGAC, MAKO, MPNY, GATORS-NJ, BBNJ,WAV-NJ, LSA, FREE, SWAG, CAT-NJ,SCY-NJ, YFD, LIAC, HS, DESC-NJ, PATS, SS, WSA, JCC, TS, HAA, QNS, SWIM70-CT, RAC, SCY, NJRC, Albany Starfish, Mandell JCC,PACK-CT, DVWM, SCAR-NJ, PAC,NDAC

NEW YORK SHARKS LAST CHANCE INVITE

July 13-14, 2019

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., # 190705
- LOCATION:** Lehman College APEX Aquatic Center
250 Bedford Park Boulevard West
Bronx, New York 10468
- FACILITY:** 8 Lane 50 Meter Pool utilizing Daktronic Timing System and Scoreboard The pool Has been certified in accordance with Article 104.2.2C (4) The competitive course is 7-13 feet deep. NO SMOKING ALLOWED IN THE BUILDING. Teams are expected to police and maintain their areas on the pool deck. Athletes, parents and children are restricted to the pool area and spectators stands and are not authorized to be in any other part of the building. Offenders will be ejected from the facility
- SESSIONS:** Session 1: Saturday AM: 7:30 AM Warm Up, 8:30 AM Start
Session 2: Saturday PM: 2:00 PM Warm Up, 3:00 PM Start
Session 3: Sunday AM: 7:30 AM Warm Up, 8:30 AM Start
Session 4: Sunday PM: 2:30 PM Warm Up, 3:30 PM Start
- FORMAT:** This meet will be a timed final meet.
The meet will be deck seeded.
- ELIGIBILITY:** Open to all invited teams registered swimmers. All swimmers participating in this meet must be registered by first day of the meet. Age on July 13, 2019 will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to competition.
- ENTRIES:** Swimmers may compete 3 individual events per day for Saturday and Sunday. **NT's will not be accepted.** The host club reserves the right to keep their swimmers in the meet.
- The 800 meter Freestyle and the 1500 meter freestyle will be swum Fastest to slowest. They may be limited to 3 heats. The 12 and under 400 ind. Medley may be limited to 2 heats. It will be swum slowest to fastest.
- All invited teams will be given priority. All other teams please send email to BG26608@hotmail.com.
- The final entry deadline for this meet is June 25, 2019.
- Teams will be considered accepted when the host club accepts the entries. The host club must stay within the four hour per session rule.
- All received entries will be confirmed within 48 hours.**
- Emailed Hy-Tek entry file** is preferred. If sending by mail, entries should be sent on disk. A master sheet must accompany all entries.

U.S. Mail Entries/Payment to:

**NYS Aquatics, Inc,
c/o Edgar Perez
55 Walnut Street Suite 101B
Norwood, NJ 07648**

Email Entries/Confirm Entry Receipt: NYSAEntries@gmail.com.

Sign Express Mail Waiver allowing delivery without signature.

DEADLINE: The final entry deadline for this meet is **June 25, 2019**.

All other requests received after **June 25, 2019** and all entries from other LSC's will be entered in the order they were received, as space allows.

An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.

ENTRY FEE: An entry fee of **\$8.00** per individual event for timed final event. There will be a \$5.00 facility fee per swimmer.

Payment must be received by **June 25, 2019** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.

Make check payable to: **NYS Aquatics, Inc,**

WARM-UP: The meet director reserves the right to assign lanes for warm up based on the size of the meet. If lanes are not assigned; we will use Lanes 3,4 and 5 for continuous one-way starts starting 15 minutes before the end of the warmup and Lanes 1, 2, 6, 7, 8 for warm-up. No diving will be allowed except in designated sprint lanes. All swimmers must be supervised by a coach.

SCRATCH PROCEDURE: Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.

COACHES: In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.

AWARDS: Awards will be given to 12 and under swimmers only. Medals will be given for 1st – 3rd place in each event and ribbons for 4th – 8th place.

OFFICIALS: Meet Referee: Ernesto Martinez
Officials wishing to volunteer should contact Meet Referee by email:
emathletics@gmail.com

MEET DIRECTOR: Patsy Burke, Email nysaentries@gmail.com

- ADMIN. OFFICIAL:** Patsy Burke, Email melissafreehill@gmail.com
- RULES:** The current USA Swimming Rules and Regulations will apply. **The USA Swimming Code of Conduct is in effect for the duration of the meet.** The overhead start procedure may be used at the discretion of the meet Referee.
- SAFETY:** Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warmups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules. **“Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer’s legal guardian, to ensure compliance with this requirement”**
- WATER DEPTH:** USA 2012 - 202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls." **1.0 meter = 4 feet 6 inches, 5 meters = 13 feet**
- DISCLAIMER:** Upon acceptance of his/her entries, the participant waives all liabilities and claims for damages against The City of New York, Lehman College Apex Aquatic Center, NYS Aquatics Swim team, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for injuries to anyone during the conduct of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."
- AUDIO/VISUAL RULES:** "Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms or behind the blocks."
- Drones:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- DECK CHANGING:** Deck changing is prohibited.
- ADMISSION:** \$7.00 Adults/session \$3.00 10 and unders/session \$3.00 Program/session.
- Revised – Admission will be collected at the door in Lehman.**
- MERCHANT:** A concession stand will be available throughout the duration of the meet. A Swim shop vendor will also be on site.
- PARKING:** Parking is \$10.00 in The North Lot (alongside the reservoir) There is also ample free and metered street parking however be sure to read all signs to avoid costly parking tickets. (Parking fees are set and collected by Lehman College and subject to change at the discretion of Lehman College and without prior notice or consultation with the NYSA Swim team.)

DIRECTIONS: Bedford Park Boulevard between Goulden and Paul Aves. BY SUBWAY: Take the IRT #4 (Lexington) or IND 'D' to Bedford Park Boulevard and walk West on Bedford Park Blvd. past Paul Ave. to entrance on south side of street. BY BUS: FROM WESTCHESTER: (White Plains, Hartsdale, Scarsdale, Yonkers via Central Park Ave.) #20 or #20X or (Yonkers via Getty Square/South Broadway/McClean Ave./Central Park Ave.) #4 to Bedford Park Blvd. Terminus and walk West. BY CAR: Take Major Deegan Expressway (I-87) to the Van Cortlandt Park South Exit and turn left onto Van Cortlandt Ave. Proceed up the winding hill to Sedgwick Ave. And make left onto Sedgwick and continue uphill. Turn right at Goulden Ave. (keeping Reservoir on right) and go south to Bedford Park Blvd. Proceed two long blocks. Parking lots will be on your right. Via Saw Mill River Parkway South (it becomes the Henry Hudson Parkway) to Mosholu Parkway exit. Proceed on long exit ramp. At the second traffic light, before the subway underpass, turn right onto Paul Avenue. Go for two long blocks. At Bedford Park Boulevard, turn right. APEX building is on your left. Proceed to traffic light and then turn left onto Goulden. Parking lots will be on your right.

FACILITY RULES: **NO SMOKING** within 50 feet of any entrance to the school or inside the school. **NO FOOD** is allowed on deck. Liquid refreshments in plastic bottles are allowed. **NO GLASSBOTTLES** or **JUICE BOXES** allowed on deck.

SESSION 1 – July 13, 2019 7:30 AM Warm Up 8:30 AM Start

Women	Event	Men
1	13-14 400M Free	2
3	15 and over 400m Free	4
5	13-14 200M Ind. Medley	6
7	15 and over 200m IM	8
9	13-14 100m Back	10
11	15 and over 100m Back	12
13	13-14 200m Fly	14
15	15 and over 200m Fly	16
17	13-14 100m Breast	18
19	15 and over 100m Breast	20
21	13-14 100m Free	22
23	15 and over 100m Free	24
*25	13 and over 800 Free	*26

***MAY BE LIMITED TO 3 HEATS – SWIMMERS MUST PROVIDED THEIR OWN TIMER.**

SESSION 2 – Saturday July 13, 2019 – 2:30 PM Warm Up 3:30 PM Start

Women	Event	Men
27	11-12 200m IM	28
29	10 & Under 200m IM	30
31	11-12 100m Fly	32
33	10 & Under 100m Fly	34
35	11-12 50m Back	36
37	10 & Under 50m Back	38
39	11-12 50m Breast	40
41	10 & Under 100m Breast	42

43	11-12 100m Free	44
45	10 & Under 100m Free	46
*47	12 & Under 400m Free	*48

***MAY BE LIMITED TO 2 HEATS – SWIMMERS MUST PROVIDED THEIR OWN TIMER.**

SESSION 3 – Sunday July 14, 2019 – 7:30 AM Warm Up 8:30 AM Start

Women	Event	Men
49	13-14 400m Ind. Medley	50
51	15 and over 400m IM	52
53	13-14 200m Free	54
55	15 and over 200m Free	56
57	13-14 100m Fly	58
59	15 and over 100m Fly	60
61	13-14 200m Back	62
63	15 and over 200m Back	64
65	13-14 200m Breast	66
67	15 and over 200m Breast	68
69	13-14 50m Free	70
71	15 and over 50m Free	72
*73	13 and over 1500m Free	*74

***MAY BE LIMITED TO 3 HEATS – SWIMMERS MUST PROVIDED THEIR OWN TIMER.**

SESSION 4 – Sunday July 14, 2017 – 2:30 Warm Up 3:30 Start

Women	Event	Men
75	11-12 200m Free	76
77	10 & Under 200m Free	78
79	11-12 100m Back	80
81	10 & Under 100m Back	82
83	11-12 50m Fly	84
85	10 & Under 50m Fly	86
87	11-12 200m Back	88
89	10 & Under 50m Breast	90
91	11-12 100m Breast	92
93	10 & Under 50m Free	94
95	11-12 50m Free	96
*97	12 & Under 400m IM	*98

***MAY BE LIMITED TO 2 HEATS – SWIMMERS MUST PROVIDED THEIR OWN TIMER.**



Metropolitan Swimming Photographer Registration Form

As of 05/18/16 - All Metropolitan Teams need to include this in the meet information packet as well as file this form with Safety in Sport Coordinator, prior to the start of the meet.

This form must be completed by any photographer (video or still) who intends to take pictures at an Metropolitan Swimming sanctioned meet, and is taking those pictures of anyone other than his or her own child, from any location on deck. Submit the form to the Meet Director prior to commencing activity.

THERE WILL BE NO FLASH PHOTOGRAPHY PERMITTED AT THE START.

Name _____

Phone Number _____

Government ID (driver's license preferred) or USA Swimming Registration Card:

Type of ID _____ # _____

Taking photos of _____

On behalf of _____

Purpose _____

Professional photographers/videographers will be allowed on deck at the discretion of the Meet Director and Meet Referee, and must adhere to the following guidelines:

Do not stand on the starting end of the pool, or in the starter's box; use of the bulkhead is at the discretion of the Meet Director and Meet Referee.

Do not stand on the edge of the pool (leave approximately two feet for officials and coaches).

Leave the deck when not actively photographing.

Respond immediately to direction from the Meet Referee.

Signature _____ Today's Date _____

Meet _____ Location _____

Date(s) of meet _____