

Quick Guide to Becoming a Certified USA Swim Stroke and Turn Judge in Metropolitan Swimming  
January 2021

Thank you for your interest in becoming a USA Swimming Official with Metropolitan (Metro) Swimming! You've likely already had the opportunity to discuss this rewarding experience with other officials that belong to your club, but if you have or haven't, here's a quick guide to what you'll need to do. Everything listed below, and more, will be covered in detail during the on-line clinic. More detailed information can also be found in the 2019-2020 New Officials' Clinic Agenda which can be found under the Officials' Forms link.

Please declare your interest in becoming an official by emailing Mark Amodio, the Metro Officials' Chair ([amodio@vassar.edu](mailto:amodio@vassar.edu)) copying your local Area Chair and, if you are attached to a club, anyone on your team acting in the capacity as an "Officials' Coordinator."

Area	Chairperson	email
Hudson Valley North ( <i>Sullivan, Orange, Dutchess, Putnam</i> )	Ken Graham	<a href="mailto:ksg@alumni.caltech.edu">ksg@alumni.caltech.edu</a>
Hudson Valley South ( <i>Rockland, Westchester</i> ) and New York City Nassau County	Steven Kessler	<a href="mailto:stevenkessler@msn.com">stevenkessler@msn.com</a>
Suffolk County	Jacky Spierer	<a href="mailto:Musi0939@aol.com">Musi0939@aol.com</a>

**Requirements:**

- 1) **Register and create an account with USA Swimming**  
<https://www.usaswimming.org/register>
- 2) **Attend an on-line seminar for new Stroke and Turn Judges**  
These clinics run about 75 minutes. The schedule of currently available clinics can be found here:  
<https://www.teamunify.com/team/mrlsc/page/news/176597/online-new-officials-training-dates>
- 3) **Register with Metropolitan Swimming** – choose either “Non-Athlete Registration Form” (which requires a fee) or the free “60-day Apprentice Form” if you are still unsure if officiating is for you!  
<https://www.teamunify.com/team/mrlsc/page/metro-forms/officials-forms>

Please note that steps 1-3 must be completed before you can be issued the Deck Pass (LSC certification card) that will allow you to begin your on-deck training. The following requirements can be completed in any order (including before you complete the above steps) and as quickly as you like. If you choose a free apprentice registration, you will have 60 days in which to complete the following steps; if you choose the regular (paid) non-athlete membership, you may take more than 60 days to complete them.

- 4) **Stroke and Turn Judge Instructional Videos** – Please view these prior to attending the online seminar.  
<https://www.usaswimming.org/officials/officials-training-videos>
- 5) **Background Check**  
<https://www.usaswimming.org/background-checks>  
There is a fee for this but the background check will be good for 2 years
- 6) **SafeSport Athlete Protection Training**  
This is a free, on-line course that takes about 30 minutes to complete  
<https://www.usaswimming.org/utility/landing-pages/safe-sport/apt>
- 7) **Concussion Training**  
These are free, on-line courses. They takes about 30 minutes to complete and you only need to take one of them.  
CDC <https://www.cdc.gov/headsup/youthsports/training/index.html>  
or NFHS <https://nfhslearn.com/courses/61129/concussion-in-sports>
- 8) **Stroke & Turn Judge Test**  
<https://www.usaswimming.org/officials/popular-resources/online-testing>
- 9) **Track your 6 required on-deck apprentice sessions**

#	Date	Meet	Meet Session	Head Referee
1				
2				
3				
4				
5				
6				

- 10) **Notify Metro Officials' Chair when you have completed all requirements**

**Important Websites**

USA Swimming – [www.usaswimming.org](http://www.usaswimming.org)

Metropolitan Swimming – [www.metroswimming.org](http://www.metroswimming.org)

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Official's Tracking System (OTS) <https://www.usaswimming.org/utility/landing-pages/officials/officials-tracking>