



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA of Southern Maine

Northern York County Branch

NYCY Manta Ray Swimmer Code of Conduct

As a member of the NYCY Manta Rays, I understand that it's my responsibility to be an active and positive member of this team. The guidelines below help identify mostly behaviors to strive for and others to refrain from. By signing below, I state that I have read, understand and accept this code of conduct.

1. Team members will refrain from any illegal or inappropriate behavior that would detract from a positive image of the NYCY Manta Rays, Maine Swimming, USA swimming or be detrimental to its performance objectives.
 - Remember as a Manta Ray you represent all Manta Rays. Be polite and use inside voices in the lobby and locker rooms.
 - Locker rooms are for changing, showering, and using the restroom.
 - Only be on Camp property and in the Childcare room with the Coaching staff in attendance.
 - When entering the pool sit and slide.
2. Team members will display proper respect and sportsmanship toward coaches, officials, administrators, the front desk staff, fellow competitors, and the public.
3. Team members will act in a positive manner and lift up their teammates with positive words of encouragement, cheering, and respect.
4. Team members will respect the program and its objectives by being on time to team practices, meet warm ups, meets, meetings, and events to the best of their ability.
5. Team members will be active participants in all practices, warm-ups, meets, meetings, and events held by NYCY or at which NYCY attends.
6. Team members will listen to their coaches and make their best efforts at every practice, warm-up or meet.
7. Team members will be supportive of each other's abilities and encourage camaraderie and mutual respect among swimmers and coaches.
8. Team members will refrain from any behavior deemed to be discourteous, dishonest, disrespectful or offensive to others.
9. The coaching staff and NYCY administration will hold the final say on rules or disciplinary action.
10. Any additional guidelines for the team will be established as needed by the coaching staff.

Signature: _____ Date: _____
Swimmer

Signature: _____ Date: _____
Parent/Guardian