

ISCA						
INTERNATIONAL JUNIOR CUP						
MARCH 24 - 28, 2020						
"A" Time Standards						
WOMEN				MEN		
LCM	SCM	SCY	EVENT	SCY	SCM	LCM
27.79	27.29	24.49	50 Freestyle	21.79	24.39	24.99
59.69	59.39	52.79	100 Freestyle	47.59	52.89	54.49
2:09.29	2:06.59	1:54.29	200 Freestyle	1:43.79	1:54.99	1:58.59
4:29.19	4:21.89	5:01.99	500 Freestyle	4:40.09	4:05.89	4:11.19
9:04.69	8:52.79	10:14.99	1000 Freestyle	9:39.69	8:21.29	8:38.49
17:31.79	17:02.69	17:15.99	1650 Freestyle	16:15.69	16:03.19	16:40.69
100 Back Qualifying/Entry Times			50 Backstroke	100 Back Qualifying/Entry Times		
1:07.09	1:05.09	58.59	100 Backstroke	53.19	59.09	1:02.19
2:24.39	2:20.59	2:06.59	200 Backstroke	1:54.99	2:07.79	2:12.29
100 Breast Qualifying/Entry Times			50 Breaststroke	100 Breast Qualifying/Entry Times		
1:16.09	1:14.49	1:06.99	100 Breaststroke	59.99	1:06.59	1:09.29
2:43.19	2:41.09	2:24.89	200 Breaststroke	2:09.99	2:24.29	2:29.79
100 Fly Qualifying/Entry Times			50 Butterfly	100 Fly Qualifying/Entry Times		
1:05.59	1:04.69	58.19	100 Butterfly	52.29	58.29	59.59
2:23.29	2:21.89	2:07.69	200 Butterfly	1:55.49	2:08.69	2:11.79
Not Offered In 2020 Due to Olympic Year			100 Individual Medley	Not Offered In 2020 Due to Olympic Year		
2:27.99	2:24.09	2:09.79	200 Individual Medley	1:57.39	2:10.39	2:15.39
5:09.29	5:00.69	4:30.89	400 Individual Medley	4:08.99	4:36.59	4:47.89
400 FR Relay Qualifying/Entry Times				400 FR Relay Qualifying/Entry Times		
4:01.99	3:57.79	3:33.89	400 Freestyle Relay	3:13.79	3:35.29	3:40.99
8:43.49	8:32.69	7:42.79	800 Freestyle Relay	7:06.79	7:52.89	8:07.79
400 MED Relay Qualifying/Entry Times				400 MED Relay Qualifying/Entry Times		
4:38.89	4:26.29	3:59.89	400 Medley Relay	3:37.29	4:01.39	4:11.19
		4:09.59	*400 Mixed Relay	4:09.59		
*Two Boys & two Girls, any order						
QUALIFYING PERIOD: January 1, 2018 through March 10, 2020						
A BONUS EVENTS: MAKE 1-2 CUTS, 3 BONUS EVENTS, 3 CUTS OR MORE - 2 BONUS EVENTS						
2020 International Junior Cup						

ENTRY TIMES FOR 50's FLY/BACK/BREAST MUST BE ENTERED USING A SWIMMER'S 100 STROKE TIME (IF A SWIMMER HAS A 100 STROKE QUALIFYING TIME, THE 50 IS **NOT CHARGED AS A BONUS EVENT. IF A SWIMMER DOES NOT HAVE A QUALIFYING TIME, THE 50 IS CHARGED AS A BONUS EVENT).

ISCA						
INTERNATIONAL JUNIOR CUP						
MARCH 24- 28, 2020						
"B" Time Standards						
	WOMEN				MEN	
<u>LCM</u>		<u>SCY</u>	<u>EVENT</u>	<u>SCY</u>		<u>LCM</u>
28.29		24.79	50 Freestyle	22.39		25.49
1.00.69		53.09	100 Freestyle	48.49		55.49
2.11.09		1.55.19	200 Freestyle	1.46.29		2.01.29
4.37.69		5.08.79	500 Freestyle	4.47.39		4.17.59
9.34.99		10.39.79	1000 Freestyle	10.02.49		9.06.39
18.16.79		17.54.39	1650 Freestyle	16.43.99		17.21.99
100 Back Qualifying/Entry Times			50 Backstroke	100 Back Qualifying/Entry Times		
1.07.89		59.29	100 Backstroke	54.49		1.03.19
2.26.99		2.09.09	200 Backstroke	1.58.59		2.14.79
100 Breast Qualifying/Entry Times			50 Breaststroke	100 Breast Qualifying/Entry Times		
1.17.89		1.08.19	100 Breaststroke	1.01.49		1.09.69
2.49.39		2.29.39	200 Breaststroke	2.14.99		2.32.59
100 Fly Qualifying/Entry Times			50 Butterfly	100 Fly Qualifying/Entry Times		
1.06.49		58.59	100 Butterfly	53.29		1.00.29
2.29.09		2.12.09	200 Butterfly	2.01.19		2.16.29
200 I.M. Qualifying/Entry Times			100 Individual Medley	200 I.M. Qualifying/Entry Times		
2.28.69		2.10.99	200 Individual Medley	1.59.39		2.16.19
5.20.49		4.38.39	400 Individual Medley	4.15.09		4.49.89
QUALIFYING PERIOD: January 1, 2018 through March 10, 2020						
B BONUS EVENTS: MAKE 1-2 CUTS, 2 BONUS EVENTS						
2020	<i>International Junior Cup</i>					

**ENTRY TIMES FOR 50's FLY/BACK/BREAST MUST BE ENTERED USING A SWIMMER'S 100 STROKE TIME (IF A SWIMMER HAS A 100 STROKE QUALIFYING TIME, THE 50 IS NOT CHARGED AS A BONUS EVENT. IF A SWIMMER DOES NOT HAVE A QUALIFYING TIME, THE 50 IS CHARGED AS A BONUS EVENT).