

Improvements Report

Team Name	Phoenix Aquatic Club
Meet Name	2017 MR MWDA/AG Heats and Trea
Meet Date	10/27/2017
Meet Location	Slate Hill, NY
Baseline Time Range	09/01/2016 - 11/01/2017
Report Date	11/01/2017

Athlete Name	Age	Gen	Event	P/F/T	Place	Points	Time	Base Line	Improvement
Allen, Liam	15	M	15 & Over 500 Free	F	3	16.00	5:30.46Y	5:19.78Y	10.68 (3.34%)
Argueta, Kirsten	13	F	13-14 500 Free	F	7	12.00	7:03.60Y	7:17.65Y	-14.05 (-3.21%)
Byman, Sean	17	M	15 & Over 1650 Free	F	1	20.00	16:45.39Y	16:27.34Y	18.05 (1.83%)
			15 & Over 400 IM	F	1	20.00	4:11.06Y	4:00.71Y	10.35 (4.30%)
Chrenko, Alex	15	M	15 & Over 1650 Free	F	2	17.00	18:04.73Y	18:12.82Y	-8.09 (-0.74%)
			15 & Over 400 IM	F	4	15.00	4:45.01Y	4:35.83Y	9.18 (3.33%)
Christensen, Patricia	16	F	15 & Over 400 IM	F	4	15.00	5:16.20Y		
			15 & Over 500 Free	F	1	20.00	5:58.20Y	6:01.17Y	-2.97 (-0.82%)
Conti, Gabriella	13	F	13-14 400 IM	F	3	16.00	5:16.39Y	5:24.16Y	-7.77 (-2.40%)
			13-14 500 Free	F	1	20.00	5:54.49Y	6:06.46Y	-11.97 (-3.27%)
Finley, Michael	14	M	13-14 1650 Free	F	3	16.00	20:08.55Y		
			13-14 400 IM	F	3	16.00	4:59.04Y	5:13.00Y	-13.96 (-4.46%)
Fominykh, Edward	15	M	15 & Over 400 IM	F	8	11.00	5:27.20Y		
			15 & Over 500 Free	F	10	7.00	6:10.95Y	6:39.25Y	-28.30 (-7.09%)
Gamboli, Luke	17	M	15 & Over 1650 Free	F	4	15.00	19:17.28Y		
			15 & Over 400 IM	F	3	16.00	4:40.17Y		
Guindine, Geoffrey	13	M	13-14 1650 Free	F	1	20.00	19:01.95Y	19:40.13Y	-38.18 (-3.24%)
			13-14 400 IM	F	2	17.00	4:53.84Y	4:49.32Y	4.52 (1.56%)
Hall, Katelyn	17	F	15 & Over 1650 Free	F	6	13.00	20:36.02Y		
			15 & Over 400 IM	F	5	14.00	5:26.37Y	5:27.64Y	-1.27 (-0.39%)
Karpenko, Dennis	13	M	13-14 400 IM	F	5	14.00	5:07.48Y		
			13-14 500 Free	F	5	14.00	5:42.12Y		
Kim, Christopher	15	M	15 & Over 1650 Free	F	5	14.00	19:20.92Y		
			15 & Over 400 IM	F	6	13.00	4:59.77Y	4:51.40Y	8.37 (2.87%)
Kim, Jacob	10	M	10 & Under 500 Free	F	2	17.00	7:11.90Y		
Kim, John	14	M	13-14 400 IM	F	9	9.00	5:25.05Y		
			13-14 500 Free	F	8	11.00	6:04.05Y		
Kim, Nicholas	15	M	15 & Over 400 IM	F	5	14.00	4:55.83Y		
			15 & Over 500 Free	F	5	14.00	5:42.69Y		
Kim, William	13	M	13-14 400 IM	F	4	15.00	5:04.48Y	4:57.78Y	6.70 (2.25%)
			13-14 500 Free	F	4	15.00	5:38.68Y	5:35.84Y	2.84 (0.85%)
Martinko, Mia	12	F	11-12 500 Free	F	4	15.00	6:42.53Y	7:03.11Y	-20.58 (-4.86%)
Marzano, Haleigh	16	F	15 & Over 1650 Free	F	2	17.00	19:23.00Y	18:36.58Y	46.42 (4.16%)
			15 & Over 400 IM	F	2	17.00	4:56.37Y	4:41.04Y	15.33 (5.45%)
Marzano, Tyler	14	M	13-14 1650 Free	F	2	17.00	19:49.06Y		
			13-14 400 IM	F	6	13.00	5:09.71Y	5:22.57Y	-12.86 (-3.99%)
Mcdonough, Madison	16	F	15 & Over 1650 Free	F	4	15.00	20:18.02Y	18:20.49Y	1:57.53 (10.68%)
			15 & Over 400 IM	F	1	20.00	4:48.79Y	4:39.13Y	9.66 (3.46%)
Rose, Alexander	14	M	13-14 400 IM	F	1	20.00	4:53.18Y		
			13-14 500 Free	F	1	20.00	5:24.98Y	5:24.00Y	0.98 (0.30%)

Sampath, Kristyn	15	F	15 & Over 1650 Free	F	7	12.00	21:01.86Y		
			15 & Over 400 IM	F	6	13.00	5:26.88Y	5:48.47Y	-21.59 (-6.20%)
Shaw, Jessica	13	F	13-14 500 Free	F	3	16.00	6:09.18Y	6:01.48Y	7.70 (2.13%)
Sobocinski, Alexandra	17	F	15 & Over 1650 Free	F	5	14.00	20:35.44Y		
			15 & Over 400 IM	F	3	16.00	5:12.53Y	5:15.69Y	-3.16 (-1.00%)
Stangeby, Jon-Christian	16	M	15 & Over 400 IM	F	7	12.00	5:04.63Y	5:05.34Y	-0.71 (-0.23%)
			15 & Over 500 Free	F	7	12.00	5:43.79Y	5:57.71Y	-13.92 (-3.89%)
Tallides, Eleni	13	F	13-14 400 IM	F	2	17.00	5:12.58Y	5:23.22Y	-10.64 (-3.29%)
Tritter, Hudson	15	M	15 & Over 1650 Free	F	3	16.00	18:19.99Y		
			15 & Over 400 IM	F	2	17.00	4:34.09Y	4:31.35Y	2.74 (1.01%)
Valentini, Ilaria	14	F	13-14 1650 Free	F	2	17.00	20:24.03Y		
			13-14 400 IM	F	4	15.00	5:20.97Y	5:42.81Y	-21.84 (-6.37%)