

# Improvements Report

<b>Team Name</b>	Phoenix Aquatic Club
<b>Meet Name</b>	2018 Eastern Zone SC Swimming
<b>Meet Date</b>	03/29/2018
<b>Meet Location</b>	Webster, NY
<b>Baseline Time Range</b>	01/01/2018 - 04/25/2018
<b>Report Date</b>	04/25/2018

<b>Athlete Name</b>	<b>Age</b>	<b>Gen</b>	<b>Event</b>	<b>P/F/T</b>	<b>Place</b>	<b>Points</b>	<b>Time</b>	<b>Base Line</b>	<b>Improvement</b>
<b>Getsos, Dahlia</b>	16	F	15-18 100 Back	P	39		1:05.12Y	1:03.58Y	1.54 (2.42%)
			15-18 200 Back	P	27		2:19.62Y	2:15.67Y	3.95 (2.91%)
			15-18 50 Back	F			30.15Y	30.11Y	0.04 (0.13%)
<b>Gioia, Meredith</b>	18	F	15-18 100 Back	F	5	6.00	1:00.39Y	1:00.32Y	0.07 (0.12%)
				P	5		1:00.45Y	1:00.32Y	0.13 (0.22%)
			15-18 100 Breast	P	37		1:13.83Y	1:13.94Y	-0.11 (-0.15%)
			15-18 100 Fly	P	15		1:01.86Y	1:02.31Y	-0.45 (-0.72%)
			15-18 100 Free	P	16		55.97Y	55.11Y	0.86 (1.56%)
			15-18 200 Back	F	5	6.00	2:11.16Y	2:13.86Y	-2.70 (-2.02%)
				P	7		2:13.87Y	2:13.86Y	0.01 (0.01%)
			15-18 200 IM	P	19		2:17.76Y	2:18.29Y	-0.53 (-0.38%)
<b>Guindine, Geoffrey</b>	13	M	13-14 100 Breast	P	11		1:05.03Y	1:05.18Y	-0.15 (-0.23%)
			13-14 200 Breast	F	8	3.00	2:19.74Y	2:22.15Y	-2.41 (-1.70%)
				P	6		2:20.01Y	2:22.15Y	-2.14 (-1.51%)
			13-14 200 IM	P	21		2:07.21Y	2:07.63Y	-0.42 (-0.33%)
<b>Hall, Katelyn</b>	17	F	15-18 100 Breast	P	22		1:11.53Y	1:10.60Y	0.93 (1.32%)
			15-18 100 Free	F			58.19Y	56.69Y	1.50 (2.65%)
<b>Rose, Alexander</b>	14	M	13-14 100 Back	P	24		58.60Y	57.95Y	0.65 (1.12%)
			13-14 200 Back	P	18		2:05.40Y	2:05.89Y	-0.49 (-0.39%)
<b>Rose, Benjamin</b>	16	M	15-18 100 Back	P	30		57.78Y	56.27Y	1.51 (2.68%)
			15-18 200 Back	P	14		2:02.43Y	2:01.74Y	0.69 (0.57%)
<b>Sobocinski, Alexandra</b>	17	F	15-18 100 Back	P	17		1:02.41Y	1:02.73Y	-0.32 (-0.51%)
<b>Valentini, Ilaria</b>	14	F	13-14 100 Back	P	20		1:01.85Y	1:02.37Y	-0.52 (-0.83%)
			13-14 100 Fly	F	7	4.00	1:00.17Y	1:01.51Y	-1.34 (-2.18%)

				P	8		1:00.28Y	1:01.51Y	-1.23 (-2.00%)
<b>Yoo, Emily</b>	13	F	13-14 200 Back	P	30		2:14.05Y	2:15.20Y	-1.15 (-0.85%)
			13-14 200 Fly	F	8	3.00	2:14.25Y	2:17.16Y	-2.91 (-2.12%)
				P	4		2:13.51Y	2:17.16Y	-3.65 (-2.66%)
<b>Yoo, Kaitlyn</b>	17	F	15-18 100 Fly	P	18		1:02.01Y	1:00.43Y	1.58 (2.61%)
			15-18 100 Free	P	17		56.06Y	55.86Y	0.20 (0.36%)
			15-18 200 Fly	P	18		2:25.30Y	2:15.69Y	9.61 (7.08%)
			15-18 200 Free	P	15		2:03.03Y	2:00.14Y	2.89 (2.41%)
			15-18 50 Free	F			26.02Y	26.12Y	-0.10 (-0.38%)