



2017 NCSA SWIMMING CHAMPIONSHIPS

BONUS STANDARDS

Orlando, FL

March 13-17, 2018

WOMEN			EVENT DESCRIPTION	MEN		
SCY	SCM	LCM		SCY	SCM	LCM
24.49	27.49	27.89	50 FREE	21.89	24.49	25.29
52.69	58.89	1:00.59	100 FREE	47.29	53.09	54.99
1:53.99	2:07.89	2:09.79	200 FREE	1:43.99	1:56.19	2:00.09
5:02.09	4:25.89	4:30.99	400/500 FREE	4:41.59	4:06.09	4:14.79
NO BONUS CUTS ALLOWED			800/1000 FREE	NO BONUS CUTS ALLOWED		
			1500/1650 FREE			
NO BONUS STANDARD			50 BACK	NO BONUS STANDARD		
58.69	1:05.89	1:08.89	100 BACK	53.79	1:00.09	1:02.39
2:06.89	2:21.79	2:26.29	200 BACK	1:55.79	2:09.49	2:13.99
NO BONUS STANDARD			50 BREAST	NO BONUS STANDARD		
1:07.39	1:15.19	1:17.29	100 BREAST	1:00.49	1:07.09	1:09.29
2:24.79	2:42.39	2:44.99	200 BREAST	2:11.79	2:27.59	2:31.79
NO BONUS STANDARD			50 FLY	NO BONUS STANDARD		
58.39	1:05.29	1:06.49	100 FLY	52.29	57.89	59.69
2:07.29	2:21.99	2:26.19	200 FLY	1:56.09	2:07.79	2:12.59
NO BONUS CUTS ALLOWED			100 INDIV MEDLEY	NO BONUS CUTS ALLOWED		
2:08.99	2:24.89	2:29.09	200 INDIV. MEDLEY	1:57.29	2:10.49	2:15.59
4:32.09	5:05.19	5:09.99	400 INDIV. MEDLEY	4:09.59	4:38.69	4:47.09
ALL RELAYS MUST HAVE THE TIME STANDARD TO ENTER			200 FREE RELAY	ALL RELAYS MUST HAVE THE TIME STANDARD TO ENTER		
			400 FREE RELAY			
			800 FREE RELAY			
			200 MEDLEY RELAY			
			400 MEDLEY RELAY			

2018 Updated Standards in Red

QUALIFYING PERIOD: January 1, 2017, through March 11, 2018, dates inclusive.
 BONUS EVENTS: One individual cut, 2 bonus events in which the swimmer has the bonus standard; 2 cuts, 2 bonus events, 3 cuts, 2 bonus events, etc. 50 strokes (fly, back, breast) have no bonus standard and may be added as a bonus if swimmers have additional bonus swims to use.