



2018 Metro Silver Championships South
February 23, 24 & 25, 2018
Sanction # 180210, Time Trials # 180253-T

The following teams can participate in Silvers South:
Bethpage PAL Barracudas, Connetquot, East Hampton YMCA Hurricanes, Farmingdale, Hauppauge Athletic Association, Huntington YMCA, Islanders Aquatic, Long Beach Aquatics, Long Island Aquatic Club, Sachem Swim Club, Team Suffolk, Three Village Swim Club and West Islip Swim Club

2018 Metro Silver Championships South

Friday Evening February 23rd and Saturday & Sunday February 24th & 25th, 2018

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., # 180210 and # 180253-T
- LOCATION:** Ward Melville High School, 380 Old Town Road, East Setauket, NY 11733
- FACILITY:** The pool at Ward Melville HS is 25 yards and has 6 lanes with non-turbulent lane lines. Colorado Electronic Timing System and 6 line electronic scoreboard will be used. The pool has not been certified in accordance with Article 104.2.2C (4)
- SESSIONS:** **TENTATIVE WARM UP TIMES:** Friday Evening: 5 pm warm up, 6 pm start. Saturday & Sunday: AM session 6:30 am warmup, 8 am start. Saturday and Sunday: PM session 1:30 pm warmup, 3 pm start. Warmup and Session times may be adjusted based on entries received. Any changes in warmup/session times will be posted 1 week before the start of the meet.
- FORMAT:** This meet is a timed finals format. Entries must comply with 2018 Silvers Championships time standards as published by Metro Swimming (copy of which is included in the meet packet). This is a championship meet and there will be no cuts, but to be accepted, all entries must be received by the cut-off date.
- ELIGIBILITY:** Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers. All swimmers participating in this meet must be registered by the first day of the meet. "Deck Registrations" will NOT be accepted. Age on February 23, 2018 will determine age for the entire meet. Qualifying times must be achieved between January 1, 2017, and the entry deadline.
- ADDITIONAL ELIGIBILITY:** As voted on at the BOD of February 28, 2013: If a swimmer ages-up to a new age group between the first day of Silvers (February 23, 2018) and the first day of JO's (March 9, 2018), and that swimmer has a JO qualifying time in the age group they are during Silvers (making that swimmer ineligible to swim at Silvers), but that swimmer does not have a JO qualifying time in that same event in the new age group by the meet extension deadline of JO's, that swimmer would be able to swim that event as exhibition/non award at Silvers – example: Jane Doe is 10-year-old as of February 23 on the first day of Silvers; her time in the 50 free is 32.00 (which is a JO time in the 50 free) so she can't swim that event at Silvers. Now her 32.00 in the 50 free is too slow for JO's in the 11-12 age group. So now under this proposal, Jane would be allowed to swim the 50 free at Silvers in the 11-12 age group as Exhibition only. Entries for that swimmer should be clicked as X (exhibition) in Team Manager. In addition, the name of the swimmers involved in this new rule, should be clearly added in the text of the Silvers Entries.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** Swimmers may be entered in a maximum of 2 individual events for the Friday night session, 5 maximum individual events for each of the Saturday and Sunday sessions. Time trials will only be run if time allows and at the discretion of the Meet Director and Meet Referee. Swimmers are permitted no more than 2 time trials for entire meet and they will count towards the 5 event per day maximum per swimmer. The cost is \$5.00 per time trial and must be paid in cash. All entries must be in yards. NT's will not be accepted. Events must have been swum at least once before. A SWIMS Times Recon will be done at least one week prior to the meet. Times must have been achieved within the qualifying time period and must be in the SWIMS database. Entry times not found in the SWIMS will be scratched. Times cannot be converted times.
- A Team Manager Report, with proof of times, must accompany the entries.
- Entries: preferred method is via e-mail using Hytek Software.

U.S. Mail: Entries/Payment to: **Three Village Swim Club**
c/o Stephen Kaplan
PO BOX 224
East Setauket, NY 11733

Email Entries/Confirm Entry Receipt: tvscmeetsecy@gmail.com
Please sign the signature waiver for entries sent by express mail.

DEADLINE: 1: This is a Metro Championship Meet (**Metro South Teams Only**).
2: The final entry deadline for this meet is **February 19, 2018**.
3: Only new Silver cuts achieved from **February 20, 2018 through February 22, 2018** will be added. No updates of times.

An email confirming receipt of entries will be sent if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.

ENTRY FEE: An entry fee of **\$5.00** per individual event, plus **\$1.00** per athlete fee, must accompany the entries.

Make check payable to: **Three Village Swim Club**.
Payment must be received by **February 23, 2018** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.

WARM-UP: First 40 minutes will be general warm-up. Lane assignments will be given at meet.
Last 15 minutes: 2 or more lanes will be open for one-way sprint. All other lanes will remain open for general warm-up.

SCRATCHES: Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.

Metropolitan Scratch Procedures will be followed. Please consult your GUIDELINES. Coaches must make sure their swimmers understand that once they are scratched, they will not be re-entered in the meet. Coaches, advise your swimmers to leave plenty of time for traffic, etc. The coach of a swimmer that was seeded in an event and is a NO SHOW (NS) in the event, must positively check the swimmer for the next days events in order for that swimmer to be eligible to compete in the rest of the meet. Athletes who miss a race in which they were seeded and did not properly deck scratch will be barred from their next individual event of the day. If they miss their last event of the day, they will be barred from their first event of the next day.

COACHES: In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.

AWARDS: Individual awards will be medals 1st through 6th and ribbons 7th through 12th. Overachiever awards will be given for all first time JO cuts.

Awards can only be picked up by a coach during the meet. Any awards not picked up will NOT be mailed.

OFFICIALS: **Meet Referee: Jacky Spierer** email: musi0939@aol.com, phone #631-374-3240 ,
Officials wishing to volunteer should contact Meet Referee by **February 9, 2018**.

ADMIN. OFFICIAL: **Administrative Official: Charlie Shemet** cdsimsyap@aol.com & 631 965-3113

MEET DIRECTOR: **Charlie Shemet** tvscmeetsecy@gmail.com or cdsimsyap@aol.com & 631 965-3113

RULES: The current USA Swimming Rules and Regulations will apply.
The USA Swimming Code of Conduct is in effect for the duration of the meet.
The overhead start procedure may be used at the discretion of the meet Referee.

SAFETY: **All swimmers must wear footwear upon leaving the pool area.** Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules. **"Any swimmer entered in the meet**

must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer's legal guardian, to ensure compliance with this requirement"

- WATER DEPTH:** USA 2011 - 202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls."
shallow end 4ft to Deep End 12 ft
- DISCLAIMER:** DISCLAIMER: Upon acceptance of his/her entries, the participant waives all claims against **Three Village Swim Club, Three Village Central School District**, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."
- AUDIO/VISUAL STATEMENT:** **Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms or behind the starting block's**
"Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present."
- DECK CHANGING:** **Deck changes are prohibited.**
- ADMISSION:** **Adults \$5.00 and Program \$2.00 per session**
- MERCHANTS:** **A complete snack bar will be available in the cafeteria, including hot breakfast and lunch/dinner items. For the Friday Evening Session, it will be limited selections. There will be a vendor selling swim items as well.**
- PARKING:** **All parking will be at the NORTH side of the building. The NORTH parking lot is closest to the pool entrance. The NORTH parking lot extends along the tennis courts and there is substantial parking beyond the tennis courts.**
- DIRECTIONS:** **Long Island Expressway to exit 62 (Nicolls Road), North on Nicolls Rd. to route 347, right (east) on Route 347 to Old Town Road, left (north) on Old Town Road ½ mile. High School is on the left, pool is on the north side of the building.**
- School District Rules** Ward Melville High School is a smoke free campus.
No parking in front of the pool lobby (Fire Zone).
Access limited to the pool and lobby area only. No food or beverages in glass containers are allowed in the pool areas. Failure to observe this rule could result in a swimmer or spectator being ejected and all fees and awards forfeited.

THE 2018 METRO SILVER CHAMPS-SOUTH MEET EVENT LIST

Friday, Saturday & Sunday
February 23rd through 25th 2018

Friday 5:00 PM Warmup 6:00 PM Start

| <u>EVENT</u> | <u>Silver Time Standards</u> |
|------------------------------|------------------------------|
| 1. Girls 10 & under 500 Free | 6:40.00-7:04.99 |
| 2. Boys 10 & under 500 Free | 6:45.00-7:05.99 |
| 3. Girls 11-12 200 Free | 2:12.00-2:25.89 |
| 4. Boys 11-12 200 Free | 2:11.00-2:25.99 |
| 5. Girls 13-14 400 IM | 5:00.00-5:25.99 |
| 6. Boys 13-14 400 IM | 4:43.00-5:09.79 |
| 7. Girls 11-12 400 IM | 5:21.00-5:50.99 |
| 8. Boys 11-12 400 IM | 5:21.00-5:52.99 |
| 9. Girls 15-18 400 IM | 5:05.00-5:23.29 |
| 10. Boys 15-18 400 IM | 4:42.00-4:45.89 |
| 11. Girls 13-14 500 Free | 5:30.00-5:50.59 |
| 12. Boys 13-14 500 Free | 5:18.00-5:50.99 |
| 13. Girls 15-18 500 Free | 5:31.00-5:39.99 |
| 14. Boys 15-18 500 Free | 5:11.00 - 5:17.99 |

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Saturday 6:30 AM Warmup 8:00 AM Start

EVENT

Silver Time Standards

| | |
|--------------------------------|-----------------|
| 15. Girls 13-14 200 Free | 2:04.00-2:16.99 |
| 16. Boys 13-14 200 Free | 1:58.00-2:14.19 |
| 17. Girls 10 & Under 50 Breast | 42:60-47:79 |
| 18. Boys 10 & Under 50 Breast | 43:00-48:59 |
| 19. Girls 13-14 100 Breast | 1:14.00-1:23.49 |
| 20. Boys 13-14 100 Breast | 1:09.50-1:16.69 |
| 21. Girls 10 & Under 50 Free | 31.80-35.19 |
| 22. Boys 10 & Under 50 Free | 31.70-35.19 |
| 23. Girls 13-14 50 Free | 26.40-28.79 |
| 24. Boys 13-14 50 Free | 24.80-26.79 |
| 25. Girls 10 & Under 100 Back | 1:19.50-1:33.09 |
| 26. Boys 10 & Under 100 Back | 1:20.60-1:37.09 |
| 27. Girls 13-14 100 Back | 1:04.60-1:12.69 |
| 28. Boys 13-14 100 Back | 1:02.00-1:08.29 |
| 29. Girls 10 & Under 50 Fly | 35.70-42.39 |
| 30. Boys 10 & Under 50 Fly | 35.70-43.89 |
| 31. Girls 13-14 100 Fly | 1:03.50-1:11.59 |
| 32. Boys 13-14 100 Fly | 1:00.50-1:07.09 |
| 33. Girls 10 & Under 200 IM | 2:50.00-3:13.99 |
| 34. Boys 10 & Under 200 IM | 2:52.00-3:13.99 |
| 35. Girls 13-14 200 IM | 2:20.00-2:41.49 |
| 36. Boys 13-14 200 IM | 2:13.00-2:31.09 |

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Saturday 1:30 PM Warmup 3:00 PM Start

| <u>EVENT</u> | <u>Silver Time Standards</u> |
|----------------------------|------------------------------|
| 37. Girls 11-12 200 Breast | 2:54.00-3:11.19 |
| 38. Boys 11-12 200 Breast | 2:54.00-3:03.49 |
| 39. Girls 15-18 200 Free | 2:04:50-2:10:59 |
| 40. Boys 15-18 200 Free | 1:54.00-1:57:99 |
| 41. Girls 11-12 100 Back | 1:08.70-1:19.49 |
| 42. Boys 11-12 100 Back | 1:09.00-1:17.49 |
| 43. Girls 15-18 100 Breast | 1:15.20-1:20.89 |
| 44. Boys 15-18 100 Breast | 1:06.50-1:10.89 |
| 45. Girls 11-12 50 Free | 28.00-30.99 |
| 46. Boys 11-12 50 Free | 27.90-30.69 |
| 47. Girls 15-18 50 Free | 26:60-28:29 |
| 48. Boys 15-18 50 Free | 23:80-25:19 |
| 49. Girls 11-12 50 Breast | 36.70-40:59 |
| 50. Boys 11-12 50 Breast | 36.60-40:29 |
| 51. Girls 15-18 100 Back | 1:05.50-1:10.09 |
| 52. Boys 15-18 100 Back | 1:00.00-1:03.89 |
| 53. Girls 11-12 50 Fly | 30:70-34:59 |
| 54. Boys 11-12 50 Fly | 31:00-34:69 |
| 55. Girls 15-18 100 Fly | 1:05.00-1:09.59 |
| 56. Boys 15-18 100 Fly | 58:00-1:02.59 |
| 57. Girls 11-12 200 IM | 2:28.00-2:48.09 |
| 58. Boys 11-12 200 IM | 2:28.00-2:47.99 |
| 59. Girls 15-18 200 IM | 2:20.00-2:29.99 |
| 60. Boys 15-18 200 IM | 2:08.00-2:27.79 |
| 61. Girls 11-12 200 Back | 2:30.00-2:46.69 |
| 62. Boys 11-12 200 Back | 2:33.00-2:42.79 |

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Sunday 6:30 AM Warmup 8:00 AM Start

| <u>EVENT</u> | <u>Silver Time Standards</u> |
|---------------------------------|------------------------------|
| 63. Girls 10 & Under 100 Free | 1:10.00-1:18.49 |
| 64. Boys 10 & Under 100 Free | 1:10.00-1:18.49 |
| 65. Girls 13-14 100 Free | 57:00-1:03.09 |
| 66. Boys 13-14 100 Free | 54:00-59:59 |
| 67. Girls 10 & Under 50 Back | 36.80-41:89 |
| 68. Boys 10 & Under 50 Back | 37.20-42.89 |
| 69. Girls 13-14 200 Back | 2:18.30-2:36.29 |
| 70. Boys 13-14 200 Back | 2:13.50-2:27.09 |
| 71. Girls 10 & Under 100 Breast | 1:32.00-1:46.19 |
| 72. Boys 10 & Under 100 Breast | 1:34.00-1:48.39 |
| 73. Girls 13-14 200 Breast | 2:40.00-2:56.99 |
| 74. Boys 13-14 200 Breast | 2:31.00-2:47.89 |
| 75. Girls 10 & Under 100 Fly | 1:25.00-1:37.99 |
| 76. Boys 10 & Under 100 Fly | 1:25.60-1:37.99 |
| 77. Girls 13-14 200 Fly | 2:26.00-2:36.59 |
| 78. Boys 13-14 200 Fly | 2:18.00-2:29.59 |
| 79. Girls 10 & Under 100 IM | 1:20.00-1:28.59 |
| 80. Boys 10 & Under 100 IM | 1:20.00-1:28.59 |
| 81. Girls 10 & Under 200 Free | 2:30.00-2:49.59 |
| 82. Boys 10 & Under 200 Free | 2:32.00-2:49.59 |

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Sunday 1:30 PM Warmup 3:00 PM Start

| <u>EVENT</u> | <u>Silver Time Standards</u> |
|----------------------------|-------------------------------------|
| 83. Girls 11-12 200 Fly | 2:40.00-2:49.39 |
| 84. Boys 11-12 200 Fly | 2:40.00-2:45.39 |
| 85. Girls 11-12 100 Free | 1:00:50-1:08.29 |
| 86. Boys 11-12 100 Free | 1:00:00-1:06.99 |
| 87. Girls 15-18 100 Free | 57.80-1:01.09 |
| 88. Boys 15-18 100 Free | 52.00-54.49 |
| 89. Girls 11-12 50 Back | 32.00-36.09 |
| 90. Boys 11-12 50 Back | 32.00-36.09 |
| 91. Girls 15-18 200 Back | 2:21.00-2:29.29 |
| 92. Boys 15-18 200 Back | 2:11.00-2:16.89 |
| 93. Girls 11-12 100 Breast | 1:19.00-1:28.69 |
| 94. Boys 11-12 100 Breast | 1:19.00-1:26.49 |
| 95. Girls 15-18 200 Breast | 2:43.00-2:50.99 |
| 96. Boys 15-18 200 Breast | 2:30.10-2:36.79 |
| 97. Girls 11-12 100 Fly | 1:09.50-1:19.39 |
| 98. Boys 11-12 100 Fly | 1:10.70-1:17.59 |
| 99. Girls 15-18 200 Fly | 2:30.00-2:33.99 |
| 100. Boys 15-18 200 Fly | 2:12.50-2:24.99 |
| 101. Girls 11-12 100 IM | 1:10.00-1:18.69 |
| 102. Boys 11-12 100 IM | 1:10.00-1:17.19 |
| 103. Girls 11-12 500 Free | 5:56.00-6:20.79 |
| 104. Boys 11-12 500 Free | 5:56.00-6:31.99 |

Metropolitan Swimming, Inc. & Three Village Swim Club 'Silver Championships South' 2018

Friday, Saturday, and Sunday, February 23 through 25, 2018

*****WAIVER*****

In consideration of acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against **USA-Swimming, Three Village Central School District, Three Village Swim Club, Inc., Metropolitan Swimming, Inc., and the Three Village Swim Club Staff** for any injuries and/or expenses occurred by me/us at the swim meet, or while on the road to and from the meet. I/we are bona fide amateur athletes and eligible to compete in all the events I/we have entered.

NAME OF CLUB: _____

USS CLUB ABBREVIATION: _____

SIGNATURE OF CLUB OFFICIAL, COACH, AND/OR PARENT OR GUARDIAN:

_____ (Print Name)

_____ (Signature)

_____ (Address)

_____ (Telephone) NAME(S) OR

COACH: _____

LOCATION OF CLUB: _____ (City) _____ (State)

NAME/PHONE #/E-MAIL ADDRESS of person to contact regarding this entry:

NAME/PHONE #/E-MAIL ADDRESS OF PERSON TO CONTACT REGARDING TIMERS/OFFICIALS:

ENTRY: _____ Individual Event Entries @ \$5.00 = _____ \$ **SUMMARY:**

_____ Individual Swimmer Surcharge @ \$1.00 = _____ \$

TOTAL ENTRY FEES = _____ \$ MAKE CHECKS PAYABLE TO: THREE VILLAGE SWIM CLUB, INC.

List All Unattached Swimmers:

Unattached Swimmer: _____ Unattached Swimmer: _____

Unattached Swimmer: _____ Unattached Swimmer: _____

Unattached Swimmer: _____ Unattached Swimmer: _____

Unattached Swimmer: _____ Unattached Swimmer: _____



Metropolitan Swimming Photographer Registration Form

As of 05/18/16 - All Metropolitan Teams need to include this in the meet information packet as well as file this form with Safety in Sport Coordinator, prior to the start of the meet.

This form must be completed by any photographer (video or still) who intends to take pictures at an Metropolitan Swimming sanctioned meet, and is taking those pictures of anyone other than his or her own child, from any location on deck. Submit the form to the Meet Director prior to commencing activity.

THERE WILL BE NO FLASH PHOTOGRAPHY PERMITTED AT THE START.

Name _____

Phone Number _____

Government ID (driver's license preferred) or USA Swimming Registration Card:

Type of ID _____ # _____

Taking photos of _____

On behalf of _____

Purpose _____

Professional photographers/videographers will be allowed on deck at the discretion of the Meet Director and Meet Referee, and must adhere to the following guidelines:

Do not stand on the starting end of the pool, or in the starter's box; use of the bulkhead is at the discretion of the Meet Director and Meet Referee.

Do not stand on the edge of the pool (leave approximately two feet for officials and coaches).

Leave the deck when not actively photographing.

Respond immediately to direction from the Meet Referee.

Signature _____ Today's Date _____

Meet _____ Location _____

Date(s) of meet _____