



SECTIONALS



CHAMPIONSHIP
SERIES ★

ITHACA, NY

Meet Announcement Summary

Meet Dates: March 28-31, 2019

Host & Contact: Syracuse Chargers. (315) 446-1409. meetdirector@medleyaquatics.com

Meet Referee: Tim Husson, tim.husson@gmail.com

Administrative Referee: Nancy Wargo, nwargo10@gmail.com

Location: Ithaca College, Athletic and Events Center, 953 Danby Rd., Ithaca, NY, 14850.

Qualifying Information:

All entries submitted via OME, except Late Entry

Qualifying Period and Entry Deadline: January 1, 2017 – March 18, 2019

Secondary Qualifying Period and Deadline: March 19, 2019 – March 25, 2019

Late Entry Period and Deadline: March 19, 2019 – March 25, 2019

General Meeting: Thursday, March 28, 2019. 2:00pm

Meet Warm Up & Session Start times:

Wednesday, 3/27

General Warm Up: 6:00-8:00pm

Thursday, 3/28

General Warm Up: 2:00-3:15pm

Session 1 Warm Up: 3:15-4:15pm

Start Time: 4:30pm

Friday-Sunday, 3/29-31

Prelim Warm Up: 6:30-8:15am

Prelim Start: 8:30am

Finals Warm Up: 4:15-5:20pm

Finals Start: 5:30pm

Entry Limit: 7 Individual Events per swimmer
3 Time Trials per swimmer
2 Relays per team

Bonus Rule: Make 1 Get 1
Make 2 Get 2
Make 3 Get 1
Make 4 or more, no bonus

Time Trials: Up to 3 per swimmer, subject to daily and meet maximums.

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2019 Eastern Zone Speedo Sectionals – North Region
Hosted by The Syracuse Chargers
March 28-31, 2019

Meet Sanction #NI1819-096. Time Trials Sanction #NI1819-096TT
Held under the Sanction of USA Swimming

General Information

Co-Meet Directors:

Morgan Harrington and Courtney Christ. meetdirector@medleyaquatics.com

Meet Referee: Tim Husson, tim.husson@gmail.com

Admin Referee: Nancy Wargo, nwargo10@gmail.com

Meet Host Contact:

Syracuse Chargers Swimming. PO Box 54, DeWitt, NY. 13214-0054. (315) 446-1409.
meetentry@medleyaquatics.com

Location and Facility:

Ithaca College, Athletics & Events Center, 953 Danby Road, Ithaca, NY 14850.

Ithaca Pool is a 21 Lane pool complete with flow through lane lines and a Colorado Timing System VI. Ample team and spectator seating is available. The water depth at the start end is no less than 2.5m at a distance of 1m/5m. The competition course is not certified in accordance with §104.2.2C(4). HR Smith starting blocks consist of Colorado relay take off pads, starting fins and Myrtha backstroke ledges.

General Meeting:

The General Meeting will take place in the Athletics and Events Center on Thursday, March 28, 2019 at 2:00pm. All and any final decision will be communicated at this meeting. Coaches and teams are accountable for the information presented. Accordingly, please make sure that there is at least one representative from your club in attendance.

Facility Schedule:

Wednesday, March 27:	6:00pm-8:00pm
Thursday, March 28:	2:00pm - 9:00pm
Friday, March 29 – Sunday, March 31:	6:00am - 9:00pm

Team Registration Schedule:

Thursday, March 27:	1:00p – 1:45p; 3:00p – end of Thursday session
Friday, March 28:	6:00am – 11:00am
Other times:	Contact the Meet Host

Meet Schedule:

Wednesday, March 27

General Warm-up: 6:00pm-8:00pm

Thursday, March 28

General Warm-up: 2:00pm - 3:15pm

Session 1 Warm-up: 3:15pm - 4:15pm

Meet Starts: 4:30pm

Friday, March 29 – Sunday, March 31

Prelim Warm-up: 6:30am – 8:15am. Prelims Start: 8:30am

Finals Warm-up: 4:15pm - 5:20pm. Finals Start: 5:30pm

Warm-Up Procedure:

Current Niagara Swimming and USA Swimming rules govern all aspects of the warm-up. No diving, and feet first entry is required, except in designated lanes and times. Warm-up procedures will be posted on deck.

Meet Format

The meet will be swum with circle-seeded preliminary heats in the morning session. If 599 or fewer swimmers are entered, the A and B Finals will be open to any age, based on that day's preliminary heat results. The C Final will be open to 18&Under athletes only. If 600 or more swimmers, the A, B and C Finals will be open to any age, based on that day's preliminary heat results. The D Final will be open to 18&Under athletes only. All relay events, as well as the 1000 freestyle and 1650 freestyle will be swum as timed final events. Please see scoring for additional information. Depending on the number of entries, the preliminary sessions may be contested in an 8, 9 or 10 lanes or in two courses. Information regarding course set up will be sent out prior to the meet. Flyover starts may be used at the discretion of the Referee during all preliminary sessions.

Thursday Distance Events (W 1650/M 1000) and Relays: The women's 1650 yard Freestyle will conclude prior to the Men's 1000 yard Freestyle. Both events will be swum slowest-to-fastest. Swimmers must supply own timer and counter. The 800 yard Freestyle Relay will follow the distance events, where the event will be swum slowest-to-fastest, women's concluding prior to men's start. All distance swimmers and relays must positively check-in and declare their intent to swim by the scratch deadline in order to be seeded.

Saturday Distance Event (W 1000): The fastest heat in the women's 1000 yard Freestyle will be swum at the beginning of the evening finals session. The remaining heats will swim on Sunday afternoon, so that the 2nd fastest heat of women's 1000 Free will end at 4:30pm. The heat order and schedule will be published after the scratch deadline on Friday night. Swimmers must supply own timer and counter. All distance swimmers must positively check-in and declare their intent to swim by the scratch deadline in order to be seeded. Swimmers can choose to swim in the afternoon session rather than at finals by indicating their intention on the check-in sheet.

Sunday Distance Event (M 1650): The fastest heat in the men's 1650 yard Freestyle will be swum at the beginning of the evening finals session. The remaining heats will swim on Sunday

afternoon, so that the 2nd fastest heat of men's 1650 Free will end at 4:30pm. The heat order and schedule will be published after the scratch deadline on Saturday night. Swimmers must supply owner timer and counter. All distance swimmers must positively check-in and declare their intent to swim by the scratch deadline in order to be seeded. Swimmers can choose to swim in the afternoon session rather than at finals by indicating their intention on the check-in sheet.

Relay Events: The fastest two heats will swim with finals during the evening session. Remaining heats will swim with preliminaries during the morning session. Relays that do not check-in by the appropriate deadline will not be seeded. Relay participants must be declared to the Clerk of Course one hour before the relay swims, but may be changed up to the time of the swim.

200 yd Medley Relay entry times must be a provable 400 Medley Relay times.

Sunday Relays (200 free relay, 400 medley relay): The "Sunday Relay Rule" will be in effect. Any relay that wishes to swim with preliminaries during the morning session may do so. All Sunday relays will be asked to indicate a preference for swimming with preliminaries or with finals at the Clerk of Course. The preliminaries/finals preference must be declared by the check-in deadline (Saturday at 6:00pm). The fastest two heats of relays that wish to swim during the evening finals will swim during the evening finals. All other Sunday relays will swim during the Sunday morning preliminaries.

Entry Information & Contact

Will Chidsey, (315) 430-5481. meetentry@medleyaquatics.com

Eligibility:

This Meet is open to any registered USA Swimming athlete with a qualifying time published on the Eastern Zone website, except for athletes from the following LSCs: MD, AM, MA, VA, PV.

Qualification Period: January 1, 2017 through meet entry deadline.

Regular Entry Deadline: Monday, March, 18, 2019 at 9:59 PM EST.

Seeding Order: SCY, LCM, SCM. Bonus entries are seeded last in the same order.

Entry Fees: \$12.50 for individual events, \$25.00 for relay events, \$10.00 per swimmer surcharge.

Time Trial Fees: \$15.00 for individual events, \$30.00 for relay events.

OME will open for this meet on February 1, 2019 at www.usaswimming.org/ome.

Entry Rules:

A swimmer may enter any number of events in which he/she has met the qualifying time standard, but may not compete in more than three (3) individual events per day, and a total of seven (7) for the meet.

Each team is allowed up to two (2) relay entries in each event. Relay participants may only compete on one relay team per relay event, either the 'A' relay or 'B' relay but not both. Each relay must have at least one swimmer who qualifies and competes in at least one non-bonus individual event.

Bonus Events:

- Swimmers making 1 qualifying time will be permitted to enter 1 bonus event.
- Swimmers making 2 qualifying times will be permitted to enter 2 bonus events.
- Swimmers making 3 qualifying times will be permitted to enter 1 bonus event.
- Swimmers making 4 or more qualifying times will not be permitted to enter bonus events.

There shall be no bonus swims for the 1000 freestyle or 1650 freestyle except for the following condition: any swimmer achieving a qualifying time in the 1000 freestyle or 1650 freestyle may choose to enter the other distance event as a bonus entry. Please contact entry chair for details.

Online Meet Entry:

All entries must be submitted through USA Swimming's website using OME (Online Meet Entry).

You can return to your entry to modify entry times through the initial entry deadline if you do not check out. Best times will not be automatically updated, the coach must go in and update prior to the entry deadline.

Once checked out and paid, you may add events to your entry but you cannot delete or edit events. Entries will not be considered accepted until entry fees are received. Times must be entered in the proper course in which achieved; converted times will not be accepted. Entries that have NOT used the OME entry process will not be accepted.

Proof of Time:

Verification of times for all events (including relays) is required. Times submitted through OME will be automatically verified through the USA Swimming SWIMS database unless a custom time is used. Coaches entering with custom times (those not in the SWIMS database) must be prepared to prove the times with a copy of the official meet results. Any proof of time must be submitted prior to the Scratch deadline for the session in which the event is being swum.

Fees:

Payment for entries using OME is accepted using Checks (preferred; payable to: Syracuse Chargers Inc), Visa, MasterCard, American Express or Discover. After you complete your online entry, you will be sent confirmation via e-mail. Bring all communications with you to the meet.

Payment by check for any entries must be received at or before the pre-meet general meeting on Thursday, March 28, 2019.

Secondary Qualifying Period:

First time qualifiers from meets occurring between March 19, 2019 and March 25, 2019 are due by 5:00 PM (EST) on Monday, March 25, 2019 via OME. Follow instructions given in the section above for the meet named 2019 Speedo Sectionals at Ithaca Secondary Qualifying Period. Payment for these will be cash/check only and due at team check in.

Entries submitted during the Secondary Qualifying Period may not be used to improve the seed time of an earlier entry. If an athlete achieves a qualifying time during the Secondary Entry Period

for an event they were already entered in as a bonus event, please contact the Meet Entry Chair for instructions.

Late Entry Provision:

Any team or athlete missing the entry deadline will be permitted to enter late, subject to the following requirements:

- Late Entries must be submitted through the Meet Entry Chair. Contact via e-mail for further instructions.
- Entries must be submitted no later than 5:00pm, Monday March 25, 2019.
- Team or entrant must pay a one-time processing fee of \$150 and \$30 per event.
- Late Entry fees are by cash/check only at time of check in.

Scoring and Awards

Scoring:

This meet will be scheduled to be competed in a 9-lane course at finals. Scoring will be to 18 places as follows:

Place:	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Individual:	22	19	18	17	16	15	14	13	12	10	8	7	6	5	4	3	2	1
Relay	44	38	36	34	32	30	28	26	24	20	16	14	12	10	8	6	4	2

Awards:

Awards will be presented during the evening Finals, time permitting. A full sequencing of events and awards will be published with the heat sheet for each finals session. Awards for the Thursday distance events will be presented during the Friday evening finals.

- Relay and Individual events: Medals for the Top 3 finishers
- Team awards (female, male, and combined scores): Top 3 teams
- Individual high point: Top Female and Top Male

Scratch Procedure

The scratch box will be located at the Registration Table until the General Meeting. The scratch box will then be at the General Meeting. Following the General Meeting, the scratch box will be located with the Clerk of Course on deck.

This meet will follow the National Championship Scratch Rules as specified in rule 207.11.6. Specific procedures will be explained at the General Meeting on Thursday afternoon. Scratches from finals can only be done directly with the Administrative Referee. Do not use the scratch box. The Eastern Zone Policy for No Shows in Sunday's finals will be observed. Any swimmer initially announced that qualified for Finals who does not show up to compete (without properly scratching) will be subjected to a \$50 fine. Fine is payable to the Eastern Zone.

After the preliminaries and/or timed finals have been seeded, any swimmer who fails to compete in an individual event preliminary or timed final heat in which he/she has been entered and has

not been scratched will be barred from further individual and relay events that day. In order to swim any events on remaining days the coach and/or swimmer must positively check-in with the Administrative Referee prior to the scratch deadline of that day's events.

Scratch deadlines are as follows:

Thursday, 3:00pm: All Thursday events
 Thursday, 6:00pm: All Friday events
 Friday, 6:00pm: All Saturday events
 Saturday, 6:00pm: All Sunday events

Time Trials

Time trials will be offered each day, time permitting. All time trials will be seeded by time. Thursday time trials may be seeded into empty lanes in the scheduled events. Otherwise they will start immediately following the conclusion of the session. Friday, Saturday and Sunday time trials will start approximately 15 minutes follow the conclusion of each days preliminary session.

Time trials may be seeded with mixed events and genders in heats with no open lanes. Time trials are open to all swimmers entered in the meet, including relay only swimmers. Each swimmer is limited to a maximum of three time trials during the meet. Be aware that time trials count towards the daily maximum of three events.

Registration for time trials will open at the start of warm up and close at 4:30pm on Thursday, The time trial desk is open from 8:30-10:00am on Friday, Saturday and Sunday, unless otherwise announced at the General Meeting.

Time trials will end no later than 3:00pm on Friday. Time trials on Saturday and Sunday will end no later than 30 minutes prior to the start of the heats of the Women's 1000 free/Men's 1650 free. Swimmers must supply own timers and counters (if needed).

The order of events for time trials is listed below. Note that the 1000 freestyle, 1650 freestyle and 800 Freestyle Relay are only offered on Thursday.

Thursday time trials: 1000 Free, 1650 Free, 800 Free Relay events only.
 Friday time trials: Friday/Saturday/Sunday events, in that order.
 Saturday time trials: Saturday/Sunday/Friday events, in that order.
 Sunday time trials: Sunday/Friday/Saturday events, in that order.

Coach Information and Deck Access

Please use designated pool entry areas. All coaches planning to attend the meet **MUST** be included with the entry for the confirmation of coach credentials prior to arriving at the meet. Any coach not on the original entry **MUST** show proof of current credentials prior to receiving coach's packets or deck credentials. Only swimmers, coaches, officials, and meet staff with proper credentials will be permitted on the pool deck. These must be visible at all times when on deck. Teams will be allocated free deck passes for coaches using the following Niagara LSC formula based on the number of athletes entered in individual events:

1-5 swimmers in individual events or 1 relay only team with any number of alternates:	1 coaching pass
6-12 swimmers in individual events:	2 coaching passes
13-22 swimmers in individual events:	3 coaching passes
23-30 swimmers in individual events:	4 coaching passes
31-39 swimmers in individual events:	5 coaching passes
40-49 Swimmers in individual events:	6 coaching passes
50+ swimmers in individual events:	7 coaching passes
Unattached swimmers entered without a team:	1 coaching or spectator admission pass.
Unattached swimmers with a team will be counted in the numbers for the team	

Additional deck passes can be purchased at the Meet Registration Desk for \$40.

Coaches must request a deck pass through OME. Deck passes will only be issued to individuals registered with USA Swimming. All coaches must be prepared to use USA Swimming's *Deck Pass* or show a registration card at the registration table to receive their deck pass. Replacements for lost credentials will cost \$40.00.

Hospitality:

Hospitality will be in the Wet Classroom located just off the Competition Pool deck. The hospitality area is for officials, coaches and meet staff and must have appropriate credentials to enter the hospitality area.

Locker Rooms:

There are two sets of locker rooms for both women and men. One each is located on deck, while the second is in the basement of the complex. Please follow signs. Locker Rooms will be available for athletes, coaches and officials. Do not leave locks on locker overnight; locks may be cut off. Ithaca College and Syracuse Chargers Swimming are NOT responsible for lost or stolen property.

Medical Assistance:

Medical assistance will be provided at the facility. If you require medical assistance, please notify a facility lifeguard or a member of the meet staff.

Spectators and Fans

Admissions and Heat Sheets:

The spectator seating area will open one hour before the start of each session. Admission prices are as follows and includes appropriate heat sheets:

All Sessions: \$30

Thursday Timed Finals Session: \$5

Friday, Saturday or Sunday (prelim/final) Day pass: \$15

Vendors:

Ultimate Swim Shop will be on site for equipment needs. Please call them at (800) 628-SWIM to pre-order or special requests.

Northwest Designs will be on site for official meet merchandise.

Concessions:

There will be a concession stand open for the duration of the meet operated by Ithaca College.

Timers:

It may be necessary to solicit timers from the spectators attending the meet. All visiting teams should be prepared to provide meet timers. The meet director reserves the right to assign teams with lane assignments for timer coverage depending on entries.

All Thursday, Saturday and Sunday Distance participants and all Time Trials participants need to supply their own timers and counters (if needed)

Anyone wishing to time may do so by e-mailing the meet director, meetdirector@medleyaquatics.com. Positions will be open from March 1 to the start of the meet. If you volunteer, the host will refund you the cost of a daily admission charge per session, not to exceed amount of the general admission all session pass. This offer is not valid for Thursday events, time trials or Sunday distance events.

Documentation of volunteer hours are available for community service hours and can be provided upon request.

Officials

Certified officials wishing to work the meet should submit an application by Sunday, March 4, 2019 for assigned positions. The application form can be found through this link: [Officials Application](#). This meet is approved as a National Certification Qualifying Meet for all positions under the National Officials Certification Program. If requesting evaluation, please note so in the application. Details of the National Certification program can be found on the [USA Swimming Website](#).

Officials' Briefings Schedule:

Thursday, March 28:		3:30 pm
All Other Days:	Prelims:	7:30 am
	Finals:	4:30 pm

Rules and Regulations

Current USA Swimming rules will govern all competition. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is not permitted. Deck changes are prohibited. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Any club that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100.00, and no further entries will

be accepted from the club until the said fine is paid. All swimmers, coaches and officials must be properly registered with USA Swimming for 2019.

It is understood and agreed the USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Deck access is restricted to USA Swimming athlete and coach members and officials with approved meet credentials.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

No swimmer will be issued a credential without a coach member present. If the home club coach is not planning to attend the event, swimmer must be assigned a supervising coach (per USA Swimming rule 202.5.3). Arriving with fellow LSC club/coach is preferred. However, if a swimmer arrives without a coach, he/she must find a willing coach at the facility to supervise him or her before a credential can be issued.

Meet Management Committee

Consists of the following personnel: Meet Directors, Meet Entry Chair, Volunteer Coordinator, Meet Referee and Computer Operator.

Meet Jury:

Meet referee will appoint an Eligibility and a Technical Jury and announce the members at the General Meeting.

EVENT ORDER

Women's Events		Men's Events
	Thursday, March 28	
1	1650 yard Freestyle	
	1000 yard Freestyle	2
3	800 yard Freestyle Relay	4
	Friday, March 29	
5	200 yard Medley Relay	6
7	200 yard Freestyle	8
9	100 yard Breaststroke	10
11	100 yard Butterfly	12
13	100 yard Backstroke	14
15	500 Freestyle	16
	Saturday, March 30	
17	200 yard Butterfly	18
19	50 yard Freestyle	20
21	200 yard Breaststroke	22
23	400 yard Individual Medley	24
25	400 yard Freestyle Relay	26
27	1000 yard Freestyle	
	Sunday, March 31	
	1650 yard Freestyle	28
29	200 yard Freestyle Relay	30
31	200 yard Backstroke	32
33	100 yard Freestyle	34
35	200 yard Individual Medley	36
37	400 yard Medley Relay	38