# Invitational Meet Announcement



**Timed Trial Sanctioned**

## Hawks Trials and Finals

**Time Trial Sanctioned**

## January 24 – 26, 2020

## Sanction #200115 Time Trial Sanction #200257-T

## Invited Teams: All Metro teams Scarlet Aquatics, Soundview YMCA Stingrays, Delaware Valley, Portland Porpoise Swim Club, North Jersey Barracudas and all Adirondack teams are welcome.

Hawks Trials and Finals

**January 24-26, 2020**

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| **SANCTION:** | Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., **Sanction #200115 Time Trial Sanction #200257-T** |
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| **LOCATION:**  | **Valley Central High School Natatorium, 1175 Route 17K, Montgomery, NY 12549** |
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| **FACILITY:** | **8-Lane, 25 yard, indoor pool with non-turbulent lane dividers. There is seating****Available for spectators. Colorado electronic timing system with 8-Lane scoreboard**The pool **has not been** certified in accordance with Article 104.2.2C (4) |
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| **SESSIONS:** | **Session 1: 4:00pm W-up 5:00pm Start, Friday January 24,2020****Session 2: 7:45am W-up 9:00am Start, Saturday January 25, 2020** **Session 3: 12:30pm W-up 1:30pm Start, Saturday January 25, 2020** **Session 4 : Finals 5:00pm W-up 6:00pm Start Saturday January 25, 2020****Session 5: 7:45am W-up 9:00am Start, Sunday January 26, 2020****Session 6: 12:30pm W-up 1:30pm Start. Sunday January 26, 2020****Session 7: Finals 5:00pm W-up 6:00pm Start Sunday January 26, 2020** |
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| **FORMAT:** | **Session 1, 2, and 5 are timed finals, Session 3 and 6 are prelims, 4 and 7 Finals** |
| **Meet will be deck seeded** |
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| **ELIGIBILITY:** | Open to all Invited USA Swimming/Metropolitan Swimming Inc. registered swimmers.All swimmers participating in this meet must be registered by the first day of the meet. No “Deck Registrations” will be accepted. Priority will be given to those teams attending all 3 days.Age on **1/24/2020** will determine age for the entire meet.FALSE REGISTRATIONS: If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC will impose a fine of up to $100.00 per event against the individual, member coach or a member club submitting a meet the entry. |
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| **DISABILITYSWIMMERS:** | Swimmers with disabilities are encouraged to attend.  Contact the meet director if you need special consideration.The athlete (or the athlete’s coach) is also responsible for notifying the meet referee of any disability prior to the competition. |
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| **ENTRIES:** | Any swimmers in prelims in the am and pm sessions may swim a maximum of 3 individual events per day (prelims and finals). 10 and under swimmers who swim only in the midday sessions on Saturday and Sunday (all 10 & under timed final events) may swim a maximum of 5 individual events per day. Priorities will be given to those teams attending all 3 days. The meet will be deck seeded. 500 and 1650 will be seeded fastest to slowest alternating female/male. Slowest heat of male and female events may be combinedSwimmers entered in the 500 must supply their own timers and countersSwimmers entered in the 1650yard freestyle must supply their own timers and counters.U.S. Mail Entries/Payment to: **Hawks Swimming Association P.O. Box 61 New Paltz, NY 12561**Email Entries/Confirm Entry Receipt: **Mike Otis** - **entries@Hawksswimming.org** |
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| **DEADLINE:**  | **Entries must be received by: 1/15/2020** |
|  | An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email. |
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| **ENTRY FEE:** | An entry fee of $**5.00 per timed final event, $6.00 per Trial & Final, $10 per relay, and $5.00 Surcharge per swimmer** must accompany the entries. Make check payable to: **Hawks Swimming Association**Payment must be received by **1/15/2020** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet. |
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| **WARM-UP:** | Warm up lanes will be assigned.  |
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| **SCRATCHES:** | Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than **30 minutes** **prior to the start of the session**. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session. Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session. **Swimmers have 30 minutes from the announcement of trials results, to declare intent to scratch from finals. Finals no shows will be scratched from the remainder of the meet. Prelim no shows will be scratched from their next event.**" |
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| **COACHES:** | In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area. |
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| **AWARDS:** | For all individual events, awards will be for 1st - 8th place, 10 and under will be scored separately from 8 and under .Coaches MUST pick up their team ribbons at the end of the meet. Awards will not beMailed out. |
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| **OFFICIALS:** | **Meet Referee**: **Kirk Reinhardt - kreinhardt@hvc.rr.com**Officials wishing to volunteer should contact Meet Referee by **1/15/2020****Teams with larger entries are highly encouraged to provide officials. – Thank you.** |
| **ADMIN. OFFICIAL:** | **Administrative Official**: **Nancy Lischinsky vicepresident@hawksswimming.org** |
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| **MEETDIRECTOR:** | **Chris Joyce -** **chris@joycenet.us** **(845)527-2653** |
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| **RULES:** | The current USA Swimming Rules and Regulations will apply. **The USA Swimming Code of Conduct is in effect for the duration of the meet.**The overhead start procedure may be used at the discretion of the meet Referee. |
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| **SAFETY:** | **All swimmers must wear footwear upon leaving the pool area.** Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules. “**Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer’s legal guardian, to ensure compliance with this requirement**” |
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| **WATER DEPTH:** | USA 2011 - 202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls." |
|  | **Start end…1 meter 13’0”, 5 meters 12” 0”****Turn End…1 meter 3’6”, 5 meters 4’0”** |
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| **DISCLAIMER:** | DISCLAIMER: Upon acceptance of his/her entries, the participant waives all claims against**"Valley Central Schools, Hawks Swimming Association**, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."  |
| **AUDIO/VISUAL STATEMENT:** | **Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms or behind the starting block’s“Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.”** |
| **MAAPP** |  All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.  |
| **DECK CHANGING:**  | **Deck changes are prohibited.** |
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| **ADMISSION:** | **$7 per session, $12 per day. Heat sheets will be available for sale prior to each session.** |
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| **MERCHANTS:** | **The Deep End Swim shop. Food and Beverage Concessions.** |
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| **PARKING:** | **Free parking is available on-site at the Valley Central Middle and High Schools.****No parking allowed in the fire zone in front of the buildings OR on** **Route 17K. If you are parked illegally…you will be ticketed and/or towed**  **at your own expense.** |
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| **DIRECTIONS:** | <https://maps.google.com/maps?q=Valley+Central+Middle+School,+1189+State+Route+17k,Montgomery>**, +NY+12549.** |
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**Friday January 24, 2020**

**Session 1 Friday PM … Timed Finals**

**Warm-ups 4:00… Session Begins 5:00**

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| **Girls Events** | **Event****Description** | **Boys Events** |
|  |  |  |
| 1 | Senior 400 IM | 2 |
| 3 | 12 & Under 200 IM | 4 |
| 5 | Senior 500 Freestyle | 6 |
| 7 | Senior 1650Freestyle | 8 |

Swimmers entered in the 500 must supply their own timers and counters

Swimmers entered in the 1650 freestyle must supply their own timers and counters.

**Saturday January 2, 2020**

**Session 2 Saturday AM … Prelims**

**Warm-ups 7:45AM… Session Begins 9:00AM**

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| **Girls Events** | **Event****Description** | **Boys Events** |
|  |  |  |
| 9 | 13-14 200 IM | 10 |
| 11 | Senior 200 IM | 12 |
| 13 | 13-14 100 Backstroke | 14 |
| 15 | Senior 100 Backstroke | 16 |
| 17 | 13-14 200 Butterfly | 18 |
| 19 | Senior 200 Butterfly | 20 |
| 21 | 13-14 100 Breaststroke | 22 |
| 23 | Senior 100 Breaststroke | 24 |
| 25 | 13-14 200 Freestyle | 26 |
| 27 | Senior 200 Freestyle | 28 |

**Session 3 Saturday PM … Timed Finals**

**Warm-ups 12:30PM… Session Begins 1:30PM**

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| **Girls Events** | **Event****Description** | **Boys Events** |
| 29 | 12 & Under 100 IM Prelims | 30 |
| 31 | 10 & Under 50 Backstroke | 32 |
| 33 | 12 & Under 50 Backstroke Prelims | 34 |
| 35 | 10 & Under 100 Butterfly | 36 |
| 37 | 12 & Under 100 Butterfly Prelims | 38 |
| 39 | 10 & Under 50 Breaststroke | 40 |
| 41 | 12 & Under 50 Breaststroke Prelims | 42 |
| 43 | 10 & Under 100 Freestyle | 44 |
| 45 | 12 & Under 200 Freestyle Prelims | 46 |

**Session 4 Saturday … Finals**

**Warm-ups 5:00PM … Session Begins 6:00PM**

**Sunday January 26, 2020**

**Session 5 Sunday AM … Prelims**

**Warm-ups 7:45AM… Session Begins 9:00AM**

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| **Girls Events** | **Event****Description** | **Boys Events** |
|  |  |  |
| 47 | 13-14 100 Freestyle | 48 |
| 49 | Senior 100 Freestyle | 50 |
| 51 | 13-14 200 Backstroke | 52 |
| 53 | Senior 200 Backstroke | 54 |
| 55 | 13-14 100 Butterfly | 56 |
| 57 | Senior 100 Butterfly | 58 |
| 59 | 13-14 200 Breaststroke | 60 |
| 61 | Senior 200 Breaststroke | 62 |
| 63 | 13-14 50 Freestyle | 64 |
| 65 | Senior 50 Freestyle | 66 |

**Session 6 Sunday PM … Timed Finals**

**Warm-ups 12:30PM… Session Begins 1:30PM**

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| **Girls Events** | **Event****Description** | **Boys Events** |
| 67 | 12 & Under 100 Freestyle Prelims | 68 |
| 69 | 10 & Under 50 Freestyle | 70 |
| 71 | 12 & Under 100 Backstroke Prelims | 72 |
| 73 | 10 & Under 100 Backstroke | 74 |
| 75 | 12 & Under 50 Butterfly Prelims | 76 |
| 77 | 10 & Under 50 Butterfly | 78 |
| 79 | 12 & Under 100 Breaststroke Prelims | 80 |
| 81 | 10 & Under 100 Breaststroke  | 82 |
| 83 | 12 & Under 50 Freestyle Prelims | 84 |

**Session 7 Sunday … Finals**

**Warm-ups 5:00PM Session Begins 6:00PM**



**Metropolitan Swimming**

**Photographer Registration Form**

**As of 05/18/16 - All Metropolitan Teams need to include this in the meet information packet as well as file this form with Safety in Sport Coordinator, prior to the start of the meet.**

This form must be completed by any photographer (video or still) who intends to take pictures at an Metropolitan Swimming sanctioned meet, and is taking those pictures of anyone other than his or her own child, from any location on deck. Submit the form to the Meet Director prior to commencing activity.

**THERE WILL BE NO FLASH PHOTOGRAPHY PERMITTED AT THE START.**

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone Number\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Government ID (driver’s license preferred) or USA Swimming Registration Card:

Type of ID\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ #\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Taking photos of\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

On behalf of\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Purpose \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Professional photographers/videographers will be allowed on deck at the discretion of the Meet Director and Meet Referee, and must adhere to the following guidelines:

Do not stand on the starting end of the pool, or in the starter’s box; use of the bulkhead is at the discretion of the Meet Director and Meet Referee.

Do not stand on the edge of the pool (leave approximately two feet for officials and coaches).

Leave the deck when not actively photographing.

Respond immediately to direction from the Meet Referee.

Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Today’s Date\_\_\_\_\_\_\_\_\_\_\_\_

Meet\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Location\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date(s) of meet\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_