



**The DAC Charlene Craddock Invitational Hosted  
by: Delta Aquatic Club  
Mississippi Swimming, Inc.  
January 21<sup>st</sup> – 23<sup>rd</sup>, 2022**

**Sanction:** Held under the sanction of United States Swimming and Mississippi Swimming, Inc.  
**Sanction MSI#** 2203 **Time Trial Sanction MSI#** 2203TT

**Sponsor:** **Delta Aquatic Club** [www.deltaducks.org](http://www.deltaducks.org)  
**Meet Page** posted on the DAC Team Website

**Location:** Delta State Aquatic Center (**GOOGLE MAP address – use 101 Yazoo Street**) Delta State University, Cleveland, MS 38733, 662.846.4730

**Assumption Of Risk Disclaimer:** Delta Aquatic Club & Delta State University have taken enhanced health and safety measures for athletes, coaches, officials, spectators, and others participating in this meet. You must follow all safety instructions in the following meet sanction. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. Senior citizens and those with underlying medical conditions are especially vulnerable. By attending this meet, you assume all risks related to exposure to COVID- 19.

**COVID-19 Release** An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

**BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, MISSISSIPPI SWIMMING, DELTA AQUATIC CLUB AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNSEEN, IN CONNECTION THEREWITH.**

- Face Coverings:** **All meet participants – coaches, officials, administrators, spectators, vendors, and athletes (between events) must wear face coverings and comply with mandated social distancing and mass gathering rules.**
- Facilities:** Indoor 50 meter by 25 yard competition pool. The short course venue for this meet will include 8 lanes (9ft wide), 6” Competitor lane lines, 7’ minimum depth, with 1 moveable Stark Bulkhead. The timing will be run on Colorado Time System Myriad Full Matrix LED scoreboard with HyTek Meet Manager. Equipment includes paragon Track start competitor starting blocks with electronic relay takeoff equipment. Building is designed with 800 permanent seats and temporary tip and roll bleachers for 600. Continuous warm down area is available. **There will be no smoking or alcohol around the pool, deck, patio, or anywhere swimmers are present. Only swimmers, coaches, and meet officials are allowed on pool deck.**
- Parental Access:** Parents needing access to their athlete during the meet in a closed-deck environment can contact their children directly via cellphone and arrange to meet them in the main lobby. If unable to reach your child via cell phone, you may ask the volunteer sitting at the entrance to the pool deck to assist you.
- Rules:** Current USA Swimming Rules will govern the conduct of the meet.
- Eligibility:** The meet is open to all USAS registered swimmers. If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, MS Swimming will impose a fine of \$100 per event against the individual, member coach or member club submitting the entry. Swimmers without USAS registration numbers will be rejected. **Age of the Swimmer as of January 21<sup>st</sup>, 2022**, will determine the age for the duration of the meet.
- Swimmers with Disabilities:** Delta Aquatic Club welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit Delta Aquatic Club’s ability to accommodate all requests.
- Coaches:** Coaches must be current USA Swimming Coach Members in order to perform on deck duties. If a coach is not currently certified, he/she may observe as any observer, but may not perform coaching duties or sit in the coach’s area. **Coaches’ packet will be given only to those coaches presenting credentials.**
- Seeding:** The meet will be pre-seeded according to Current USA Swimming Rules for timed finals.
- Conduct of Meet:** All events will be conducted in short course yards and will swim as timed finals. **1650, 1000 and 500 Freestyles will be mixed.**
- Positive check-in:** **Check in is required for these events 30 minutes prior to the end of warm-ups on Friday. the end of positive check in will be promptly at 5:05pm on Friday.**
- Swim Wear:** Swim Wear will be according to the current USA Swimming Rules and Regulations guidelines under Article 102.8.
- Pool Certification:** The Competition course has not been certified in accordance with 104.2.2C (4).

**Internet:** Internet connection will be available in the Aquatic Center.  
**Wifi ID:** TBA during      **Password:** TBA during

**Heat Sheets:** Heat Sheets will be available for download on the Meet Event Page by Thursday, January 20<sup>th</sup>, 2022. Each session will be posted separately. Each session of the HEAT SHEET will be posted in the spectator seating upstairs, for those to follow along with the meet.

**Event Limit:** On Friday, swimmers may enter **two (2) individual events**. On Saturday and Sunday swimmers may enter **five (5) individual events** and one **(1) relay per day**.

**Schedule:** Coaches Meeting: 5:50pm ( Friday )

Session	Day	Warm - Up	Meet Start	Age Group
<b>1</b>	<b>Friday PM</b>	<b>5:15 PM</b>	<b>6:15 PM</b>	<b>All Age Groups</b>
<b>2</b>	Saturday AM	8:00 AM	9:00 AM	10 and Under
<b>3</b>	Saturday PM	12:30 PM	1:30 PM	11 & up
<b>4</b>	Sunday AM	8:00 AM	9:00 AM	10 & under
<b>5</b>	Sunday PM	12:30 PM	1:30 PM	11 & up

**4 Hour Rule:** If an age group event for swimmers 12 years old and under is swum after the session has been running for four hours, each involved individual swimmer has the option of either swimming that event or receiving a refund for that event. A swimmer desiring a refund for that event must declare his/her intent to the Meet director before the event is swum. There will be no refunds for swimmers who are not in attendance.

**Racing Start:** Any swimmer entered in the meet must be certified by a USA swimming member-coach as proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Entry Fees:** \$5.00 per swimmer for MSI surcharge, \$15.00 per swimmer for Facility Charge, \$4.00 per individual event, \$8.00 per relay \$5.00 per Individual Time Trial \$10.00 per Relay Time Trial

**Late Entry Fees:** **Will be accepted, if there are open lanes after entry deadline.** No new heats will be created. \$5.00 per swimmer for MSI surcharge, \$15.00 per swimmer for Facility Charge, \$8.00 per individual event, \$16.00 per relay ( any added after entry deadline or during meet )

**Entries:** The meet host reserves the right to combine the meet into a single-session if the combined timeline is equal or less than four hours.  
Coaches and unattached swimmers will be notified by phone and email of the changes. Those unable to attend as a result of this change will be given refunds of entry fees.  
Please submit entries via email using Hy-Tek program or something compatible.  
**\*\*\* Make all checks payable to Delta Aquatic Club.**

**Time Trials:** Time Trials will be held at the end of each session. There will be at least a 5 minute break before time trials. We will conduct the time trials in the same order as meet events unless the referee needs to make an adjustment due to time or rest between events. Events not offered in the meet will be swum at the end of time trials or at the referee's discretion. Payment is due at the time of request of the time trials. Time trial entries will be due 20 minutes before the estimated finish. Announcements will be made each day about the deadline

**Deadline:** Mail checks with entries, recap sheet, and signed release form to:  
Coach: Jonathan Haynes  
Delta Aquatic Club  
P.O. Box 1847  
Cleveland, MS 38732  
Phone: 662-721-2238  
Email: [daccoach00@gmail.com](mailto:daccoach00@gmail.com)

**Emailed entries are preferred. Entry Deadline is Friday, January 14th, 2022.** Entry form included. If available, please use Hy-Tek. Send hard copies for verification by using a word file for "Meet Entries" report as an attachment in your email. Complete entries should include swimmer's first and last name, age, events, entry time, and USS number. **Late entries will be accepted when lanes are available but will be charged double entry fee. No swimmer may scratch one event and enter another. Late entries are due by the beginning of each session.**

**Entry Verification:** An email will be sent to the person submitting the entries, confirming receipt of the entries within 72 hours of receipt.

**Timers/ Counters:** **The host team will notify all visiting teams, if they will provide timers and counters for all sessions.**

**Bathroom Policy:** **Absolutely NO cell phones or cameras** are allowed in the boys and girls in the Aquatic Center or in any of the surrounding bathrooms in DSU buildings. Also, use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changes are prohibited.

**Officiating:** The **Delta Aquatic Club** welcomes visiting officials and would appreciate help in officiating this meet. Any certified official or apprentice registered with USA Swimming is encouraged to contact the Meet Referee prior to the meet. Officials will need to have USA Swimming credentials easily accessible through Deck Pass or printed card. **We also ask for a list of officials willing to work for any session when emailing your entries.**

**Facility Policy:** The diving boards, hot tub, and any swim/dive equipment related to the swim/dive team are off limits and prohibited to all participating swimmers and teams, including ice bath on deck or in on-site athletic training room.

**Additional Policy:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

<b>Warm-Ups:</b>	Mississippi Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet. The first 30 minutes will be general warm-ups, NO Diving. In the last 20 minutes, the two outside lanes will be for pace, all swimmers leaving the wall from a push. Lanes 2 and 7 are for dives off the blocks with one way traffic. The remaining lanes are for general warm-up, NO DIVING.															
<b>Scoring:</b>	Individual Events: 20-17-16-15-14-13-12-11- 9-7-6-5-4-3-2-1 Relays Events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2															
<b>Awards:</b>	<b>Individual Medals:</b> 1 <sup>st</sup> – 3 <sup>rd</sup> for each age group. <b>Ribbons:</b> 4 <sup>th</sup> - 8 <sup>th</sup> for each age group <b>Relay Events</b> (1 <sup>st</sup> – 3 <sup>rd</sup> Ribbons) <b>Team Plaques/Trophies:</b> 1 <sup>st</sup> – 3 <sup>rd</sup> place finish															
<b>Reporting:</b>	Swimmers in all events will report directly to the starting blocks. It is the responsibility of the swimmer and the coach to see that the swimmer reports to the assigned lane at the proper time. There will be no clerk of course.															
<b>Hospitality:</b>	Hospitality will be located on deck. It is available to all coaches and meet officials in the Ready Room.															
<b>Concessions:</b>	Concessions will be available upstairs in the spectator seating area of the DSU Aquatic Center.															
<b>Meet Referee:</b>	Nancy Leigh McDade Email: <a href="mailto:mcdade.nancy@yahoo.com">mcdade.nancy@yahoo.com</a>															
<b>Meet Director:</b>	Coach: Jonathan Haynes Phone: 662-721-2238 Email: <a href="mailto:daccoach00@gmail.com">daccoach00@gmail.com</a>															
<b>DAC Coach:</b>	Coach: Jonathan Haynes Phone: 662-721-2238 Email: <a href="mailto:daccoach00@gmail.com">daccoach00@gmail.com</a>															
<b>Order of Events</b> Session: 1 Friday Afternoon Day of Meet: 1 Starts at 06:15 PM																
<table border="1"> <thead> <tr> <th>Girls</th> <th>Event</th> <th>Boys</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>12 &amp; Under 200 I.M.</td> <td>2</td> </tr> <tr> <td>3</td> <td>Open 400 I.M.</td> <td>4</td> </tr> <tr> <td>5</td> <td>12 &amp; Under 500 Free</td> <td>6</td> </tr> <tr> <td>7</td> <td>Open 500 Free</td> <td>8</td> </tr> </tbody> </table>		Girls	Event	Boys	1	12 & Under 200 I.M.	2	3	Open 400 I.M.	4	5	12 & Under 500 Free	6	7	Open 500 Free	8
Girls	Event	Boys														
1	12 & Under 200 I.M.	2														
3	Open 400 I.M.	4														
5	12 & Under 500 Free	6														
7	Open 500 Free	8														
Note: Events 5 & 6 will be swum fastest to slowest alternating by gender. Events will be scored separately 9-10 and 11-12. Events 7 & 8 will be swum fastest to slowest alternating by gender, and will be scored separately																

Session: 2 Saturday Morning  
Day of Meet: 2 Starts at 09:00 AM

Girls	Event	Boys
9	8 & under 25 Freestyle	10
11	10 & under 50 Freestyle	12
13	8 & under 50 Breaststroke	14
15	10 & under 100 Breaststroke	16
17	8 & under 25 Backstroke	18
19	10 & under 50 Backstroke	20
21	8 & under 50 Butterfly	22
23	10 & under 100 Butterfly	24
25	8 & under 100 I.M.	26
27	10 & under 100 I.M.	28
	5 minute break	
29	8 & under 100 Freestyle Relay	30
31	10 & under 200 Freestyle Relay	32

Session: 3 Saturday Afternoon  
Day of Meet: 2 Starts at 1:30 PM  
(Warm-ups will not start before 12:30 / Meet starts not before 1:30)

Girls	Event	Boys
33	Senior 200 Freestyle	34
35	13-14 200 Freestyle	36
37	11-12 200 Freestyle	38
39	Senior 100 Breaststroke	40
41	13-14 100 Breaststroke	42
43	11-12 50 Breaststroke	44
45	Senior 200 Backstroke	46
47	13-14 200 Backstroke	48
49	11-12 Backstroke	50
51	Senior 50 Freestyle	52
53	13-14 50 Freestyle	54
55	11-12 50 Freestyle	56
57	Senior 100 Butterfly	58
59	13-14 100 Butterfly	60
61	11-12 50 Butterfly	62
	5 minute break	
63	Senior 200 Freestyle Relay	64
65	13-14 200 Freestyle Relay	66
67	11-12 200 Freestyle Relay	68
	5 minute break	
69	Senior 1650 Freestyle	70

Session: 4 Sunday Morning  
 Day of Meet: 3 Starts at 9:00 AM  
 (Warm-ups will start at 8:00)

Girls	Event	Boys
71	8 & under 50 Freestyle	72
73	10 & under 200 Freestyle	74
75	8 & under 25 Breaststroke	76
77	10 & under 50 Breaststroke	78
79	8 & under 50 Backstroke	80
81	10 & under 100 Backstroke	82
83	8 & under 25 Butterfly	84
85	10 & under 50 Butterfly	86
87	8 & under 100 Freestyle	88
89	10 & under 100 Freestyle	90
	5 minute break	
91	8 & under 100 Medley Relay	92
93	10 & under 200 Medley Relay	94

Session: 5 Sunday Afternoon  
 Day of Meet: 3 Starts at 1:30 PM  
 (Warm-ups will not start before 12:30 / Meet starts not before 1:30)

Girls	Event	Boys
95	11-12 400 I.M.	96
97	Senior 200 I.M	98
99	13-14 200 I.M.	100
101	Senior 100 Freestyle	102
103	13-14 100 Freestyle	104
105	11-12 100 Freestyle	106
107	Senior 200 Butterfly	108
109	13-14 200 Butterfly	110
111	11-12 200 Butterfly	112
113	Senior 100 Backstroke	114
115	13-14 100 Backstroke	116
117	11-12 50 Backstroke	118
119	Senior 200 Breaststroke	120
121	13-14 200 Breaststroke	122
123	11-12 100 Breaststroke	124
	5 minute break	
125	Senior 200 Medley Relay	126
127	13-14 200 Medley Relay	128
129	11-12 200 Medley Relay	130
	5 minute break	
131	Senior 1000 Freestyle	132

**Charlene Craddock Invite**  
**[ Sanction # \_ ] [Time Trial Sanction # \_\_\_]**

January 21<sup>st</sup> – 23<sup>rd</sup>, 2022

Delta State University Aquatic Center

**Summary of Fees / Team Recap Sheet / Liability and Release Form**

Complete and email / mail this form along with entry fees to (may turn in on arrival to the meet):

Delta Aquatic Club  
 PO Box 1847  
 Cleveland, MS, 38732

**NOTE: make any check payable to Delta Aquatic Club**

<b>Team Name</b>	
<b>Club Code</b>	
<b>Coach(s) Attending</b>	
<b>Coach Phone</b>	
<b>Coach Email</b>	
<b>Team Address</b>	

<b>Item</b>	<b>Total Number</b>	<b>Cost Per</b>	<b>Total Amount</b>
Individual Entries		\$ 4.00 per event	
Relay Entries		\$ 8.00 per relay	
MS Swim Surcharge		\$ 5.00 per swimmer	
Facility Charge		\$ 15.00 per swimmer	
<b>TOTAL FEES DUE</b>			

**Waiver, Acknowledgement and Liability Release:**

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Mississippi Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. Delta Aquatic Club, Delta State University, Bolivar County, Mississippi Swimming, Inc., and USA Swimming, Inc., their agents, employees, board members and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

**SIGNATURE OF COACH OR CLUB REPRESENTATIVE:**

**PRINT NAME :** \_\_\_\_\_ **TITLE :** \_\_\_\_\_

**SIGNATURE :** \_\_\_\_\_ **DATE :** \_\_\_\_\_



## **Directions to the Pool – Delta State University**

If traveling onto Highway 8, turn at the stoplight on Fifth Avenue take 5<sup>th</sup> Avenue to stop sign, take your first (Right) at stop sign. take Leflore towards Campus (Right) the Aquatic Center and You will see the parking lot across from the pool.

If using Google Maps or a GPS device, use the address  
101 Yazoo Street, Cleveland, MS 38732