

GOAL Practice Schedule, Fall/Winter 2018 - Spring 2019 Seasons

Pools:

CSM = College of St. Mary's 72nd St. & Cedar (1 block north of Mercy Rd.)

MB = Mockingbird Community Center 10242 Mockingbird Dr. (4 blocks south of L St.)

MC = Montclair Community Center 2304 S. 135th Ave. (4 blocks north of W. Center Rd.)

Burke = Burke H.S. SW corner of 120th & Dodge

WG = Westgate Pool 8233 Grover St. (a few blocks north and east of I-80/84th St.)

Penguin Group:

Aug. 20 – May 25 MC closed Aug. 20-26. No Practices on: Sep. 3, Nov. 22, Dec. 24-26, Jan. 1, Mar. 18-23					
Mon	Tue	Wed	Thur	Fri	Sat
5:45-6:45 Pm & 6:45-7:45 Pm at MC (Aug. 20 at WG)	5:45-6:45 Pm & 6:45-7:45 Pm at MC (Aug. 21 at WG)	5:45-6:45 Pm & 6:45-7:45 Pm at MC (Aug. 22 at WG)	5-6 Pm at MB	5:45-6:45 Pm at MC (Aug. 24 at Burke)	9-10 Am at CSM

Summer Schedule starting Tue. May 28 TBA

Penguin-1 Group (once a week):

Aug. 20 – May 25 MC closed Aug. 20-26, alternate locations TBA. No Practices on: Sep. 3, Nov. 22, Dec. 24-26, Jan. 1, Mar. 18-23					
Mon	Tue	Wed	Thur	Fri	Sat
				6:45-7:45 Pm at MC (Aug. 24 at Burke)	10-11 Am at CSM

Summer Schedule starting Tue. May 28 TBA

Dolphin/Piranha Group:

Aug. 20 – May 25 MC closed Aug. 20-26, alternate locations TBA. No Practices on: Sep. 3, Nov. 22, Dec. 24-26, Jan. 1, Mar. 18-23					
Mon	Tue	Wed	Thur	Fri	Sat
5:30-6:45 Pm	5:30-6:45 Pm	5:30-6:45 Pm	4:45-6 Pm at MB	5:30-6:45 Pm	8:45-10 (Piranhas only)

& 6:30-7:45 Pm at MC (Aug. 20 at WG)	& 6:30-7:45 Pm at MC (Aug. 21 at WG)	& 6:30-7:45 Pm at MC (Aug. 22 at WG)		& 6:30-7:45 Pm at MC (Aug. 24 at Burke)	and 9:45-11 Am at CSM
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Summer Schedule starting Tue. May 28 TBA

Dolphin-1 Group (Once a week):

Aug. 20 – May 25 MC closed Aug. 20-26, alternate locations TBA. No Practices on: Sep. 3, Nov. 22, Dec. 24-26, Jan. 1, Mar. 18-23

Mon	Tue	Wed	Thur	Fri	Sat
				6:30-7:45 Pm at MC (Aug. 24 at Burke)	9:45-11 Am at CSM

Summer Schedule starting Tue. May 28 TBA

Shark Group:

Aug. 20 – Nov. 10 No Practices on: Sep. 3

Mon	Tue	Wed	Thur	Fri	Sat
5:45-7:30 Pm at Burke	5:45-7:30 Pm at Burke	5:45-7:30 Pm at Burke	5:45-7:30 Pm at Burke	5:45-7:30 Pm at Burke	7-8:45 Am at CSM

Nov. 12 – Feb. 23 (H.S. Swim Season) No Practices on: Nov. 22, Dec. 24-26, Jan. 1

Mon	Tue	Wed	Thur	Fri	Sat
6:45-8:30 Pm at Burke	6:45-8:30 Pm at Burke	6:45-8:30 Pm at Burke	6:45-8:30 Pm at Burke	6:45-8:30 Pm at Burke	7-8:45 Am at CSM

Feb. 25 – May 25 No Practices on: Mar. 18-23

Mon	Tue	Wed	Thur	Fri	Sat
5:45-7:30 Pm at Burke	5:45-7:30 Pm at Burke	5:45-7:30 Pm at Burke	5:45-7:30 Pm at Burke	5:45-7:30 Pm at Burke	7-8:45 Am at CSM

Summer Schedule starting Tue. May 28 TBA

Senior Group:

Aug. 20 – Nov. 10 No Practices on: Sep. 3

Mon	Tue	Wed	Thur	Fri	Sat
4-6 Pm at MC	4-6 Pm at MC	5:50-7 Am at CSM (1 st Wed. Am practice Aug. 29) & 4-6 Pm at MC	4-6 Pm at MC	4-5:45 Pm at MC	7-8:45 Am at CSM

Feb. 25 – May 25 No Practices on: Mar. 18-23					
Mon	Tue	Wed	Thur	Fri	Sat
4-6 Pm at MC	4-6 Pm at MC	5:50-7 Am at CSM (1 st Wed. Am practice Aug. 29) & 4-6 Pm at MC	4-6 Pm at MC	4-5:45 Pm at MC	7-8:45 Am at CSM

Summer Schedule starting Tue. May 28 TBA

Senior-National Group:

Aug. 20 – Nov. 10 MC closed Aug. 20-26, alternate locations TBA. No Practices on: Sep. 3					
Mon	Tue	Wed	Thur	Fri	Sat
4-6 Pm at Burke	4-6 Pm at Burke	5:50-7 Am at CSM (1 st Wed. Am practice Aug. 29) & 4-6 Pm at Burke	4-6 Pm at Burke	4-5:45 Pm at Burke	6:45-8:45 Am at MC

Feb. 25 – May 25 No Practices on: Mar. 18-23					
Mon	Tue	Wed	Thur	Fri	Sat
4-6 Pm at Burke	4-6 Pm at Burke	5:50-7 Am at CSM (1 st Wed. Am practice Aug. 29) & 4-6 Pm at Burke	4-6 Pm at Burke	4-5:45 Pm at Burke	6:45-8:45 Am at MC