

Midwestern Swimming in partnership with USA Swimming is pleased to offer this one day educational opportunity for Athletes, Parents and Meet Officials!

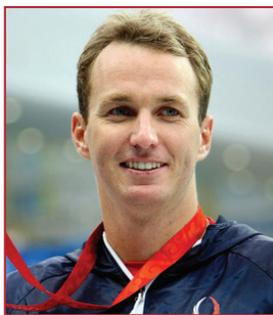


SWIM POSIUM

Saturday, October 22, 2016

Brownell Talbot School • 400 North Happy Hollow Boulevard, Omaha, NE

Special Guests



Olympian
World Record Holder

Aaron Peirsol

Aaron Peirsol is the current world record holder in the 100m and 200m backstroke. One of the most dominant and beloved swimmers of his time, he is a three time Olympian with total of seven Olympic medals, 5 golds and 2 silvers! Aaron is the spokesman for Oceana, the largest international ocean conservation and advocacy organization, and a long time ambassador for Mutual of Omaha BREAKOUT Clinics!

ATHLETE CLINIC REGISTRATION

Head Coaches of each of the 32 Midwestern Swim Clubs are invited to select two (2) 12 and under participants and two (2) 13 and over participants. Participants receive a clinic t-shirt, goodie bag and a snack.

Clinic Cost: \$25.00/Athlete

Doors Open: 8:20 am

12 and Under Check In: 8:30 am

Clinic: 9:00 am - 12:00 pm

13 and Over Check In: 12:30 pm

Clinic: 1:00 - 4:00 pm

Contact your swim club's Head Coach for Clinic details.



Parent Clinician
Performance Sports Expert

David Benzel

David Benzel is an author, athlete, sport-family coach, and sought-after speaker. He brings an athlete's discipline, a coach's inspiration, and a parent's practical experience to teach parents, coaches, and athletes the necessary skills for succeeding in the athletic arena. Fifteen years as a corporate leadership coach established him as an expert in the principles of influence and inspiration. Ten years as a commentator for ESPN and the Outdoor Life Network provide his audiences with vivid insights about sport challenges.

PARENT CLINIC REGISTRATION

Cost: FREE

Doors Open: 8:20 am

Morning Session: 9:00 -10:30 am

Afternoon Session: 1:00-2:30 pm

For additional details and to register for the Parent Clinic, please go to Midwestern Swimming's website, www.mwswim.org under the **Events** Tab.



Officials Clinician
USA Swimming Board of Director

Clark Hammond

A highly respected swimming official, Clark Hammond was selected to represent USA Swimming as an official at the FINA World Championships in 2015. Hammond began as a meet official in 1988. Since his first Junior Nationals in 1995, Hammond has officiated at a national meet each year. Clinic topics include: the making of a great Referee, Starter, and Stroke and Turn Judge; Meet Management; the importance of the mentoring programs; improving the understanding and skills at all positions on deck; and how officiating and swimming has changed with technology.

OFFICIALS CLINIC REGISTRATION

Cost: FREE

Breakout Sessions (Specific Schedule To Be Announced) Include Educational Opportunities For:

Referees - Starters - Stroke and Turn Judges - Meet Management Personnel

For additional details on session schedule and to register for the Officials Clinic, please go to Midwestern Swimming's website, www.mwswim.org under the **Events** Tab.