

Speedo Champions Series ESSZ Spring SC Senior Championships
FINALS ORDER OF EVENTS

Thursday

Warm-up: 3:30 Finals Start: 5:00

Women's Event	Event Qualifying Standard			Event	Event Qualifying Standard			Men's Event
	SCY	SCM	LCM		LCM	SCM	SCY	
1	10:48.89	9:33.39	9:38.09	1000 Freestyle*	9:04.79	9:03.19	10:14.29	2
				10 minute break				
3	NQT	NQT	NQT	800 Free Relay*	NQT	NQT	NQT	4

*Positive check in deck seeded event.

Friday

Warm-up: 6:30 Prelims Start: 9:00 Warm-up: 4:30 Finals Start: 6:00

Women's Event	Event Qualifying Standard			Event	Event Qualifying Standard			Men's Event
	SCY	SCM	LCM		LCM	SCM	SCY	
5	1:56.99	2:09.89	2:13.59	200 Freestyle	2:03.29	2:00.29	1:48.29	6
7	1:08.89	1:16.49	1:19.39	100 Breaststroke	1:11.49	1:09.39	1:02.49	8
9	59.99	1:06.59	1:08.19	100 Butterfly	1:01.29	1:00.39	54.39	10
11	4:40.59	5:11.49	5:20.79	400 Ind. Medley*	4:57.69	4:47.59	4:19.09	12
				10 minute break				
13	NQT	NQT	NQT	400 Medley Relay*,**	NQT	NQT	NQT	14

*Positive check in deck seeded event.

**Fastest 2 heats of Medley Relay will swim in Finals.

Saturday

Warm-up: 6:30 Prelims Start: 9:00 Warm-up: 4:30 Finals Start: 6:00

Women's Event	Event Qualifying Standard			Event	Event Qualifying Standard			Men's Event
	SCY	SCM	LCM		LCM	SCM	SCY	
15	2:11.59	2:26.09	2:29.29	200 Butterfly	2:16.39	2:14.69	2:01.29	16
17	24.89	27.69	28.69	50 Freestyle	26.09	24.99	22.49	18
19	2:29.09	2:45.49	2:51.39	200 Breaststroke	2:35.69	2:31.09	2:16.09	20
21	1:00.89	1:07.59	1:10.59	100 Backstroke	1:03.99	1:01.39	55.29	22
23	5:10.89	4:34.89	4:40.29	500 Freestyle*	4:22.49	4:18.89	4:52.59	24

*Positive check in deck seeded event.

Sunday

Warm-up: 6:30 Prelims Start: 9:00 Warm-up: 4:00 Finals Start: 5:30

Women's Event	Event Qualifying Standard			Event	Event Qualifying Standard			Men's Event
	SCY	SCM	LCM		LCM	SCM	SCY	
25	54.29	1:00.29	1:01.89	100 Freestyle	57.19	54.69	49.19	26
27	17:49.09	18:00.39	18:28.69	1650 Freestyle*				--
29	2:10.99	2:25.39	2:31.69	200 Backstroke***	2:18.69	2:13.59	2:00.29	28
				1650 Freestyle*	17:23.89	17:14.89	17:03.99	30
31	2:12.79	2:27.39	2:31.99	200 Ind. Medley	2:19.79	2:14.29	2:00.99	32
				10 minute break				
R33	NQT	NQT	NQT	400 Free Relay**	NQT	NQT	NQT	34

*Positive check in deck seeded event. AM/PM option - Top 8 selecting PM will swim in Finals.

Other heats swim at the end of Prelims after the last heat of 400 Freestyle Relay.

** Positive check in deck seeded event. AM/PM option. Top 16 selecting PM will swim in Finals.

Other heats swim at the end of Prelims 10 minutes after the last heat of 200 IM.

***Note that 29 swims **before** 28 in Prelims.