

Y Hub Fins Return to the Pool COVID-19 Procedures

1. Swimmers and parents are required to wear a mask on their way into the pool and as they are leaving. Masks can be removed when the swimmer is getting ready to get in the water.
2. All Y members, including swimmers, must scan in at the front desk and get their temperatures checked upon entry daily.
3. The YMCA requires all 12 and under children to be accompanied by an adult in the Y at all times, therefore each child must be signed in and out on the pool deck for every practice. Parents do not need to stay, once they have checked their child in at the pool deck. You are encouraged to bring your own pen to sign in/out daily. There will be hand sanitizer on the stand as well. [Click here to review our check in policy](#)
4. We recommend one (1) parent to accompany their child(ren) to "sign-in" on the pool deck. We ask that all families remain 6 feet apart during practices as to maintain a safe distance from one another. We also encourage parents to leave the pool deck during practice to properly minimize occupancy capacity.
5. Swimmers are encouraged to arrive and leave each swim practice in their swimsuit under their clothing. We want to limit possible exposure in the locker rooms and do not recommend using the locker rooms during this time. Swimmers must be dried off before leaving the pool deck to prevent water in the hallways.
6. Bring your own, properly labeled water bottle (already filled). Do not share water bottles.
7. Practice times are set up with a 10 minute turn around time to help keep a safe distance between swimmers. Please do not arrive more than 5 minutes before your scheduled practice time and pick up your child promptly when their practice ends. Open swim before/after practice is not allowed during this time.
8. Any swimmer experiencing any symptoms of a fever, recent cough, unusual fatigue, headache or has been exposed to someone who has any symptoms should remain home and seek medical treatment.
9. If any participant has a fever or symptoms of illnesses, they may not attend practice until 14 days after the fever or other symptoms has ceased.
10. Swimmers must see a physician and be cleared for practice after being diagnosed or suspected of having COVID-19
11. If any participant tests positive for COVID-19, they need to inform Coach Addy immediately by emailing yhubfins@ymcasems.org
12. For all of us to stay healthy and be able to keep swimming, we ask our swimmers and families to please practice responsible social distancing when they are away from the pool. CDC: [Prevent Getting Sick – how COVID Spreads](#)