

Maryland Masters Winter Meet

The 2003 Maryland Masters Winter Meet will be held on March 1st and 2nd at UMBC. Entries must be received by February 22. The entry form is available at :

<http://maryland.usms.org>.

Enter early so you don't forget!

If you would like to be an individual or business sponsor for the meet, contact Deborah Zimic at:

deborah.zimic@educate.com

or

(410) 788-2782

USMS Registration

Did you notice your new USMS number for 2003? USMS has started using a permanent ID to identify you. This will help USMS keep track of its members as it collects its history as well as maintaining accurate statistics about itself. In order for this to work, you will need to receive only one ID ever.

The registration number consists of a part that will change and a part that will not. Everything in front of the hyphen can change and the characters after the hyphen are your permanent ID. The registration number looks like:

LLYX-DDDDD

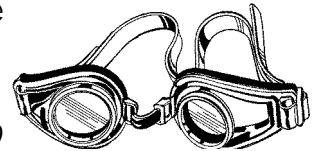
LL is your LMSC number (same as before, 09 = Maryland)

Y is the registration year (same as before)

X is a character that changes from year to year or if you transfer and is calculated from the rest of the registration number (new)

DDDDD is the permanent ID (can now contain letters as well as numbers)

When you register, either next year or ten years from now, or transfer, please inform the registrar of this number so you won't receive a duplicate number. If you lose your number, make sure you tell the registrar that you were once a member. If you receive a duplicate, USMS will likely catch it and then have to reissue a card with the correct ID.



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MASTERS SWIM CALENDAR - 2003

- Jan. 18 Swim Series Meet #4, Arundel Olympic Swim Center
- Feb. 8 Swim Series Meet #5, Severna Park
- Feb. 15-16 Virginia Masters Winter Invitational - Midlothian, VA
- Mar. 1-2 Maryland Masters Winter Meet, UMBC
- Mar. 15 Swim Series Championship, UMBC
- Mar. 16 Bill Crawford Memorial Winter Classic - Villanova Univ., PA
- Mar. 29 Albatross Open (SCM) - North Bethesda. MD
- Apr. 6 Maryland Masters 1000/1650, UMBC
- Apr. 11-13 Colonies Zone SCY Championships, George Mason Univ.
- Apr. 24-27 YMCA Nationals, Sarasota, FL
- May 15-18 USMS SCY Nationals, Arizona State University in Tempe
- June 8 The Great Chesapeake Bay Swim
- Aug. 13-17 USMS LCM Nationals, Rutgers University

2002 USMS Long Course Meters Top Ten

Emily Watts (35-39)

800 Free 10:40.18 4th

400 IM 5:55.50 5th

Katherine Branch (45-49)

200 Free 2:29.20 5th

800 Free 10:38.87 2nd

1500 Free 20:12.35 2nd

100 Back 1:20.47 9th

200 Back 2:49.28 4th

100 Fly 1:19.39 10th

200 Fly 2:53.76 3rd

Lynne Bragg (55-59)

50 Free 36.77 10th

50 Back 45.11 8th

100 Back 1:40.94 9th

200 Back 3:32.86 7th

Lou McComas (70-74)

50 Back 45.02 9th

100 Back 1:38.75 6th

200 Back 3:39.56 3rd

50 Brst 45.02 10th

Save the Patapsco Hon!

Joe Stewart is requesting that you make a pledge towards his swim across the mouth of the Patapsco River on Sunday, May 18, 2003 from North Point State Park to Venice on the Bay. All contributions are being split between Gwynn Falls, Jones Falls and Herring Run Watershed Associations and the Baltimore Sanitary Sewer Oversight Coalition.

Checks can be made payable to: "Greater Homewood Community Corporation" noting Joe's Swim in the memo section.

Mail donations to:

Joe Stewart, 3212 Avon Ave., Baltimore, MD 21218.

Call 410-243-4418 for more information.

USMS LICENSE PLATE

The response to order a Maryland license plate for U.S. Masters Swimming has been very light. In order to submit the application to the state, a list of 25 interested car owners is needed. The design by Mark Hurley of the Merritt Marlins includes the USMS logo with a sequential number. The cost for the affinity plate is only \$25, the same as any other Maryland plate.

If you are interested, please email Barb Protzman at swimbarb@hotmail.com or call (410) 788-2964 by February 1. Please supply your complete name (as you use with the MD MVA) and your current license plate number. The plate will be available to all USMS registered swimmers who live in Maryland, including those in the Potomac Valley LMSC.



*Chairman/Top Ten/
Registrar:*

Barbara Protzman
7919 Main Falls Circle
Catonsville, MD 21228
(410) 788-2964
swimbarb@hotmail.com

*Vice Chairman/
Newsletter Editor:*

**Nancy "Mellons"
Brown**
424 Riverside Dr.
Pasadena, MD 21122
(410) 255-0699

Secretary:

Raymond C. Toy
809 D Edmondson Ave.
Catonsville, MD 21228
(410) 747-9402

Treasurer:

Patty Devanny
419 Nottingham Rd.
Baltimore, MD 21229
(410) 947-4669

Fitness:

Gladney McKay
362 Kimwood Rd, Arnold,
MD 21012,
(410) 518-6223

2003 CAROL CHIDESTER MEMORIAL SWIM SERIES CHAMPIONSHIP MEET

Sanction #093-007 by the Maryland Association of U.S. Masters Swimming, Inc.

WHEN: Saturday, March 15, 2003
Warm-up at 3:00 pm
Meet starts promptly at 3:45 pm

WHERE: University of Maryland Baltimore County (UMBC) in Catonsville, Maryland

FACILITY: A modern, 8-lane, 25 yard pool. A 13 x 13 yard diving well will be available for warm-up throughout the meet. A fully electronic timing system and non-turbulent lane markers will be used.

RULES: USMS rules will apply. The standard age groups will be used for all events. Results will be submitted for Top Ten recognition. Age is determined as of 3/15/2003. All swimmers must be registered with USMS.

SEEDING: Ages and sexes will be combined. Slower heats are swum first.

ENTRIES: There will be a \$6 charge per swimmer, regardless of the number of events which are entered.

Each swimmer is limited to 3 individual events and one relay.

Complete the attached entry form and return it along with your check for \$6 and a copy of your USMS card, to:

Barbara Protzman, 7919 Main Falls Circle, Catonsville, MD 21228

Questions? Call **(410) 788-2964** before 10pm, email: **swimbarb@hotmail.com**

Checks should be made payable to USMS, Maryland Association.

Entries must be received no later than Saturday, March 8.

DECK ENTRIES ARE NOT ALLOWED FOR THIS MEET (except relays).

SOCIAL: There will be a social at an area establishment following the meet. Details will be available at the meet. We hope you will join us!

ORDER OF EVENTS

- | | |
|-------------------------------|-------------------------------|
| 1. 400 yd. Medley Relay | 11. 50 yd. Breaststroke |
| 2. 50 yd. Freestyle | 12. 100 yd. Butterfly |
| 3. 200 yd. Butterfly | 13. 200 yd. Individual Medley |
| 4. 100 yd. Individual Medley | 14. 200 yd. Breaststroke |
| 5. 50 yd. Backstroke | 15. 100 yd. Freestyle |
| 6. 100 yd. Breaststroke | 16. 200 yd. Backstroke |
| 7. 25 yd. Novice Freestyle * | 17. 25 yd. Novice Choice * |
| 8. 200 yd. Freestyle | 18. 50 yd. Butterfly |
| 9. 100 yd. Backstroke | 19. 400 yd. Free Relay |
| 10. 400 yd. Individual Medley | 20. 500 yd. Freestyle |

*Novice events are restricted to new swimmers in their first year of competition only.

DIRECTIONS TO THE MEET:

From the Baltimore Beltway (Rt. 695):

Exit 12, Wilkens Ave. West.
UMBC is ½ mile on the left.
Turn into the first entrance by the police station.
Take a right at the stop sign at the top of the hill.
Go through the next stop light.
The pool is at the foot of the high rise building at the bottom of the hill.

From Rt. 95:

Take the Catonsville (Rt. 166/195) exit.
Follow the exit ramp over the bridge and bear right onto the campus.
The pool is directly ahead of you at the stop sign.

2003 MARYLAND LMSC SWIM SERIES CHAMPIONSHIP MEET ENTRY FORM

Please print:

LAST NAME	FIRST NAME	AGE	SEX	BIRTHDATE
STREET ADDRESS	USMS NUMBER		USMS TEAM	
CITY	STATE	ZIP	TELEPHONE	WORKOUT LOCATION
EMAIL ADDRESS				

**ENTRIES ARE LIMITED TO THREE (3)
INDIVIDUAL EVENTS ONLY.**

EVENT NAME	EVENT #	SEED TIME

TOTAL FEE: \$ 6.00

NO DECK ENTRIES

RELEASE BY PARTICIPANT

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

SIGNATURE (REQUIRED) _____ **DATE** _____

Include a copy of your USMS card with this form if you are not registered with the Maryland LMSC.

**MAIL TO: Barbara Protzman
7919 Main Falls Circle
Catonsville, MD 21228**

**Include a check for \$6 payable to:
USMS, Maryland Association**

**Entries must be received by:
Saturday, March 8**

2003 MARYLAND MASTERS 1000/1650 FREESTYLE SWIM MEET

Sanctioned by the Maryland Association of USMS, Inc. - Sanction # 093-008

- WHEN: Sunday, April 6, 2003
Warm-up at 12:00 noon.
Meet starts at 12:45 pm.
- WHERE: University of Maryland Baltimore County (UMBC)
in Catonsville, MD
- FACILITY: A modern, 8-lane, 25 yard pool. A 13 x 13 yard diving well will be available for warm-up throughout the meet. A fully electronic timing system and non-turbulent lane markers will be used.
- FEES: \$7.00 if received by March 31, 2003.
Late fees and deck entries are \$10.00.
- RULES: USMS rules will apply. The standard age groups will be 19-24, 25-29, 30-34, 35-39, 40-44,... 90-94,.... Results will be submitted for Top Ten recognition. All swimmers must be registered with USMS. You must send in a copy of your card. Age is determined as of 4/6/2003.
- SEEDING: Ages and sexes will be combined. Heats will be seeded fast to slow. We will alternate swimming heats of the 1650 and 1000. You may only swim one of the two events. All swimmers **must** check-in for their event no later than 12:30pm on 4/6/2003.
- AWARDS: A custom Maryland Masters award will be presented to each entrant.
- NOTE: All swimmers must provide someone to count their laps. Lap cards will be provided.
- DIRECTIONS: *From the Baltimore Beltway (695):* Take exit 12, Wilkens Ave. west. Turn left at the end of the exit ramp. UMBC is 1/2 mile on the left. Turn into the first entrance by the police station. Take a right at the stop sign at the top of the hill. Go through the next stop light. The pool is at the foot of the high rise building at the bottom of the hill.
- From Rt. 95:* Take the Catonsville (Rt. 166/195) exit. Follow the exit ramp over the bridge and bear right onto the campus. The pool is directly ahead of you at the stop sign.

REMEMBER: DAYLIGHT SAVINGS TIME BEGINS APRIL 6!

2003 MARYLAND MASTERS 1000/1650 FREESTYLE MEET

ENTRY FORM

Please print:

LAST NAME	FIRST NAME	AGE	SEX	DATE OF BIRTH
STREET ADDRESS	USMS NUMBER		USMS TEAM	
CITY	STATE	ZIP	() TELEPHONE	
EMAIL ADDRESS				

YOU MAY ONLY ENTER ONE OF THE EVENTS

EVENT NAME	EVENT NUMBER	SEED TIME
1000 yd. Freestyle	1	
1650 yd. Freestyle	2	

TOTAL FEE: \$ 7.00

Entries must be received by Mon., March 31	Make checks payable to: Maryland Masters Swim Team	You must include a copy of your USMS card.	MAIL TO: Barbara Protzman 7919 Main Falls Circle Catonsville, MD 21228 (410) 788-2964
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RELEASE BY PARTICIPANT

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

SIGNATURE (REQUIRED)

DATE