



MTKA Relay Records

Updated - October 2021

13-14 Short Course Yards

Girls

200 Free Relay	Time	Date
Anna Justinak	24.66	
Sophie Levy	24.40	
Jennie Novak	24.12	
Tru Walor	24.00	
	1:37.18	3/17/13

400 Free Relay	Time	Date
Anna Justinak	54.27	
Tru Walor	53.71	
Sophie Levy	52.83	
Jennie Novak	52.04	
	3:32.85	3/17/13

800 Free Relay	Time	Date
Maija Kangas	1:56.33	
Nadia Helm	1:55.39	
Cathy Dueck	1:58.71	
Quinci Wheeler	1:59.82	
	7:50.25	3/7/19

200 Medley Relay	Time	Date
Jessie Stangret	28.09	
Anna Justinak	29.87	
Sophie Levy	25.74	
Tru Walor	23.91	
	1:47.61	3/16/13

400 Medley Relay	Time	Date
Tru Walor	58.64	
Anna Justinak	1:06.05	
Sophie Levy	58.37	
Jennie Novak	53.23	
	3:56.29	3/15/13

Boys

200 Free Relay	Time	Date
John Shelstad	21.52	
Vladi Nillissen	23.64	
Thomas Pederson	23.29	
Marco Conati	22.71	
	1:31.16	3/16/14

400 Free Relay	Time	Date
John Shelstad	48.22	
Vladi Nillissen	51.73	
Thomas Pederson	50.43	
Marco Conati	50.20	
	3:20.58	3/16/14

800 Free Relay	Time	Date
John Shelstad	1:43.29	
Marco Conati	1:51.25	
Thomas Pederson	1:51.02	
Vladi Nillissen	1:55.97	
	7:21.53	3/13/14

200 Medley Relay	Time	Date
Ben Keller	26.85	
John Wargin	28.26	
Elliot Berman	24.20	
Isaac Alberts	21.72	
	1:41.03	3/18/17

400 Medley Relay	Time	Date
Charlie Snelson	55.35	
Knute Wargin	59.67	
Xander Hawks	56.07	
Ilya Johnson	51.45	
	3:42.54	3/23/18