NYSA Practice Schedule 2018/2019

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| Guppy | 6:45 – 7:45 | Off | 6:45 – 7:45 | Off | 6:45 – 7:45 | Off | Off |
| Bronze |  | 6:45 – 7:45 | 6:45 – 7:45 | 6:45 – 7:45 |  | 10:30 – 11:30 | Off |
| Silver | 6:45 – 8:15 | 6:45 – 8:15 | Off | 6:45 – 8:15 | 6:45 – 8:15 | 9:30 – 11:00 | Off |
| Gold | 6:45 – 8:45 | 6:45 – 8:15 | 6:45 – 8:45 | 6:45 – 8:15 | 6:45 – 8:15 | 10:00 – 11:30 | Off |
| Varsity Development | 7:45 – 8:45 | Off | 7:45 – 8:45 | Off | 7:45 – 8:45 | Off | Off |
| Senior | 6:30 – 8:30 | 6:30 – 8:30 | 6:30 – 8:30 | 6:30 – 8:30 | 6:30 – 8:30 | 9:30 – 11:30 | Off |
| Cornwall High School Black Out Schedule Held at Mount Saint Mary College | | | | | | | |
|  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| Guppy | 6:30 – 7:30 |  | 6:30 – 7:30 |  | 6:30 – 7:30 |  |  |
| Bronze |  | 6:30 – 7:30 | 6:30 – 7:30 | 6:30 – 7:30 |  |  |  |
| Silver | 6:30 – 8:00 | 6:30 – 8:00 |  | 6:30 – 8:00 | 6:30 – 8:00 |  |  |
| Gold | 6:30 – 8:30 | 6:30 – 8:00 | 6:30 – 8:30 | 6:30 – 8:00 | 6:30 – 8:00 |  |  |
| Varsity Development |  | 7:00 – 8:00 | 7:00 – 8:00 | 7:00 – 8:00 |  |  |  |
| Senior | 6:45 – 8:45 | 6:45 – 8:45 | 6:45 – 8:45 | 6:45 – 8:45 | 6:45 – 8:45 |  |  |

***Guppy, Bronze, Silver, Gold, and Varsity Development***

Normal practices will be held at Cornwall High School

All **SATURDAY PRACTICES** will be held at **MOUNT SAINT MARY COLLEGE**

Black Out Dates Listed Below will be held at Mount Saint Mary College on the above schedule

Additional Dates will be posted as soon as we hear from the school.

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| October | November | | December | | January | | February |
| 25 | 2 | | 22 – 31 | | 1, 10, 18, 25 | |  |
| March | April | | May | | June | | July |
|  | 4, 5, 6 | | 14, 16, 29 | | 6 | |  |
| \*\*Thursday SEPTEMBER 13\*\* | | Bronze/Silver 5:30 – 6:30 | | Gold 5:00 – 6:00 | | Varsity Development 4:30 – 5:30 | |

***Senior Group***

Normal practices will be held at Mount Saint Mary College

Black Out practices will be held at Cornwall High School

Mount Saint Mary Practice Schedule Through Dec.