

GOSHEN AQUATIC CENTER Covid-19 Team Practice Policies

Facility Guidelines

1. **Locker room changing/showering is NOT PERMITTED.** Patrons must come dressed for class and leave in their suits. DECK CHANGING IS NOT PERMITTED.
2. Bathrooms will be allowed for emergencies ONLY. Please try to use the bathroom prior to coming to GAC. If a patron needs to use the restroom, they must use hand sanitizer prior to entering and wash their hands prior to leaving the bathroom. They must also wipe down the stall, sink, and faucet.
3. Patrons must go through a short screening before each class. Daily logs of the patrons' temps/health must be kept for our records.
 - a. Patrons who had family members with Covid-19 may be asked to take a test before returning to practice. Please contact Mel (845-645-1458) if your family is in this situation.
 - b. Temperatures must be taken prior to each practice, temps over 100 will not be allowed to attend class.
 - c. Any patrons who display symptoms of illness are not permitted in class. Patrons with family members reporting any of these symptoms will not be allowed in class.
 - i. Fever
 - ii. Cough
 - iii. Shortness of breath
 - iv. Sore throat
 - v. Vomiting
 - vi. Diarrhea
 - vii. Chills
 - viii. Muscle aches
 - ix. Lost of taste and/or smell
 - x. Headache
 - d. Patrons who had Covid-19 must be cleared by a Dr and have a note on record to return to participate. All household quarantine periods must be completed for household before swimmer is permitted to return. Other requirements may be requested by NYSA.
 - e. Patrons who have a household member with Covid-19 are not permitted to class until the family member is cleared by a Doctor with note on record and required quarantine has expired. Other requirements may be requested by NYSA.
 - f. New or revised requirements may be required/requested by NYSA as new guidelines and information becomes available from the Department of Health.
4. Patrons must enter the pool through the garage doors on the side of the building, using the socially distanced markers along the sundeck.
5. Patrons must arrive at the assigned time for check in. Participants that are late may not be permitted into class, as social distancing is required to keep all patrons safe. No refunds will be given for participants who are late to check in causing them to get shut out of class.
6. The front door will be used as an exit ONLY. Participants must respect social distancing while exiting the facility. Participants must be released by staff from bag area prior to leaving the facility.

Phase 1 Covid-19-NYSA Goshen

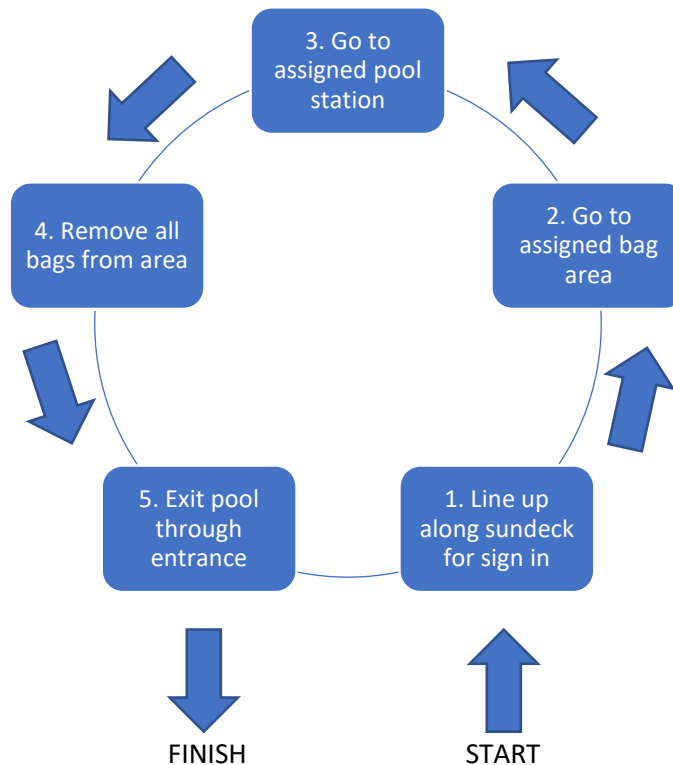
- Participants must leave personal items in assigned bag areas, maintaining social distancing. ***THIS INCLUDES SHOES. NO SHOES WILL BE PERMITTED ON DECK.*** Shoes can be put on once patrons get to the main pool door exit.
- Participants must only swim at designated station each day, no sharing stations.
- No equipment is to be shared by patrons; no facility equipment can be used for Lap swim.
- Patrons are not permitted at class if they have traveled in the last 14 days to a state on the NYS quarantine list.

Patrons must come to practice with...

- Face mask
- Practice equipment (***For Lap Swim***)
- Wearing a swimsuit
- Pre-showered at home

Daily Class Plan...

Patrons will enter the pool through the garage doors. A social distancing line will be set up for proper check in of each participant. Patrons must check in prior to entering the pool area. Once checked in, participants will be given their assigned number for that day. This number will be their designated bag area and swim station. At the end of each class, staff will send participants one station at a time to retrieve bags and put on masks. Once everyone has masks on, staff will instruct everyone that it is safe to exit the pool area. Only one class is permitted on deck at a time. Please see diagram below.



**THIS FORM MUST BE RETURNED TO NYSA STAFF. NO PATRON
WILL BE PERMITTED IN CLASS WITHOUT IT.**

I _____ understand the new Covid-19 policies provided by NYSA.
(Student Name)

I will adhere to all 2019-2020 NYSA policies, as well as the new 2020 Covid-19 policies. I understand that at any time these policies may change to stay up to date with current state and local guidelines. I acknowledge that if I do not have the requirements needed to enter the pool, I will not be allowed in class. I understand that if I am found to give false information during daily screenings, I will be dismissed from all NYSA programs immediately.

**THIS DOCUMENT MUST BE PRESENTED THE FIRST DAY OF CLASS FOR
EACH PARTICIPANT. IF PARTICIPANTS DO NOT HAVE THIS DOCUMENT,
THEY CANNOT BE ALLOWED INSIDE THE FACILITY.**

(Student Signature)

I _____ understand the new Covid-19 policies provided by NYSA.
(Parent Name)

I will adhere to all 2019-2020 NYSA policies, as well as the new 2020 Covid-19 policies. I understand that at any time these policies may change to stay up to date with current state and local guidelines. I acknowledge that if I do not have the requirements needed to enter the pool, I will not be allowed in class. I understand that if I am found to give false information during daily screenings, I will be dismissed from all NYSA programs immediately.

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(Parent Signature)