

NYSA Goshen January News



Posted by **Melissa Kubik** 01/05/2020 07:50 pm

Hello Goshen Sharks!

I'd like to start by wishing everyone a Happy New Year! We had a great turn out for our 2019 Holiday Boot Camp, and we are excited to see the results over the next two weeks! Please read this email for upcoming schedule changes, meet information, and other important information!

Let me know if you have additional questions!

-Coach Mel

Practice Schedule

[CLICK HERE](#) to view/print the January Practice Calendar (This reflects changes to our standard schedule)

Schedule Changes/Updates:

- Thursdays-Silver Group is back at MWMS on Thursdays from 6-7:30pm
- Friday 1/10/2020-Gold & Senior Combo practice 6-8pm.
- Saturday 1/11/2020-Gold & Senior 7-9am only. No change to Silver/Guppy/Bronze.
- Tuesday 1/14/2020-GHS Meet, NO GUPPY OR SILVER PRACTICE, Gold will practice 6-8, Senior will practice 6:30-8:30pm.
- Saturday 1/18/2020-NYSA Meet, no practice all groups.

Meet Schedule

January			
10-12	NBS Trials and Finals @ Valley Central	Entries Closed	All Swimmers
18-19	NYSA Winter Invite 2020 @ Valley Central	Entries Open	All Swimmers
20	YMID 8 & Under Meet @ YWCA White Plains	Entries Closed	All 8 & Unders

NBS TRIALS & FINALS MEET (1/10-1/12)

- [CLICK HERE](#) for the NBS Meet Itinerary for this weekend.
- **PLEASE REMEMBER THIS IS A TRIALS/FINALS MEET FOR ALL 13 AND OVER SWIMMERS. ATHLETES WHO QUALIFY FOR FINALS ARE EXPECTED TO ATTEND.**
- **THIS MEET IS TEAM SCORED; ALL POINTS EARNED WILL GO TOWARDS OUR TEAM TOTAL!**

NYSA WINTER INVITE (1/18-1/19)

- Entries are currently OPEN. Please email your coach to have your swimmer added to this meet!
- Volunteer hours will be posted this week.

Important Parent Info

1. SAFE SPORT

NYSA is taking steps to become a Safe Sport Certified USA Swim Club. We feel it is our responsibility to spread the knowledge available to keep you and your children safe in our sport and society! If you have questions about Volunteering, please contact Regina.

All families who take the parent safe sport online class will receive 30 minutes of volunteer time, and swimmers who take the online safe sport class will also receive 30 minutes of volunteer time for their families. Once you/your swimmer take the online class, you will be issued a certificate. You can send those certificated via email to Regina and she will add the hours to your account.

- [CLICK HERE](#) to access the parent Safe Sport Class
- [CLICK HERE](#) to access the swimmer Safe Sport Class.

1. Fundraising/Volunteer Hours

Please check your fundraising and volunteer hours on our website. If you have any questions, contact Regina, reginanyinfo@gmail.com. All unfilled obligations will charge off on April 1, 2020.