



Try It Free Week

What is it?

Swim Columbus is a competitive swim team. Try it free week is an opportunity to ask questions and see what it's like to be part of the team.

Try It Free Week is a week long free trial period during regular swim practice for ages 5 - 18. That week, individuals may come 1 - 5 days to see what it's like to be part of the team. Come any day you would like to meet the coaches and see if being a part of the swim team is a good fit for you. Swimmers are expected to be able to swim 25 yards (one pool length) unassisted in order to join, however, it is left to the discretion of the coach to decide if the swimmer is ready to join the team. It is amazing how much a swimmer can improve in one week so don't be deterred if your swimmer can't do it the first day.

Membership to the YMCA is **not** required to attend Try It Free Week, **however**, if you decide to join the team you will need to join the YMCA the following week if you are not already a member. There is a special rate for Swim Columbus members so be sure to mention that when you join.

Where is it?

The Frank P. Phillips Memorial YMCA Downtown Columbus Pool
602 2nd Avenue North
Columbus, MS 39701

Entrance to the pool is only allowed through the main YMCA entrance on 2nd Avenue North. The side parking lot entrance beside the pool is no longer an entrance to the YMCA.

When is it?

August 19 - 23 @ 3:45 p.m. You can expect practice to last 45 minutes to an hour.

What to bring:

Swim suit, goggles, & a towel.

The youth locker rooms are located near the pool entrance (near the basketball court). The locker rooms adjacent to the weight room are **not** to be used by the swimmers. It is only for 18 year olds and up. This is YMCA policy.

We will have registration forms available at the pool for you if you decide to join the team. We look forward to seeing you!