

# Foxjets Swim Team

## RETURNING TO SWIMMING SAFELY

### Purpose

We believe swimming is a critical, healthy activity within our community. Just like walking, hiking, running, and cycling, swimming does not require direct contact between teammates or coaches and social distancing can be maintained throughout practice. As with all exercise activity at this time, swimming must comply with standards for social distancing and safety within facilities. We have created a safety plan that promotes physical and mental health, compliant with public health directives, and with collaboration with the Eden Prairie Community Center. The CDC has indicated that there is no evidence that the Coronavirus spreads through treated water. Proper operation and maintenance of facilities should inactivate the virus in the water.

### Entrance and Exit

- Swimmers must enter the building with swimsuit on. Locker rooms will not be available.
- Swimmers will enter the building 5 minutes before the scheduled practice time. Those arriving early should wait in their car.
- At their designated time, swimmers will enter the building six feet apart and be asked several health screening questions by a parent volunteer. Swimmers must wear a mask when entering the building.
- After answering screening questions, swimmers will proceed directly to the back hallway by the dryland room where they will be placed in line with appropriate spacing.
- Once the pool deck is clear from the previous session, swimmers will be allowed to enter the pool area.
- Doors will be propped open to avoid touching of surfaces.
- Swim bags will be placed on the deck bleachers at socially distant intervals. Masks will be removed and placed in swim bags.
- Swimmers must perform a sit and slide entry into the pool.
- After practice swimmers will exit the water using social distancing, return to their bags and put on their masks.
- Swimmers will exit the pool through the northeast deck door which will be propped open.
- Swimmers must immediately exit the building and return to their cars. **The pool lobby is off limits. Waiting in the main entry way is prohibited.**
- No congregating after practice. Leave the building immediately. Locker rooms will be closed.
- Post-practice showering or clean-up should occur at home.

### Socially Distant Swimming

- **If you or any member of your household are sick, please stay at home.**
- Swimmers will be assigned 3 (or less) per lane in a socially distant configuration, as illustrated in the USA Swimming Socially Distant Practice Layout. See attachment A.
- Swimmers who begin to cough or sneeze will be asked to leave the practice.
- Parents must have their contact number up to date and be available to pick up a sick child with expediency.
- Wash your hands before coming to practice.
- Have a full water bottle with your name on it. Use of water fountains is prohibited.
- All swimmers must have their own gear as required for their training group.
- Use of shared, facility, or team gear will not be allowed.
- Swimmers may not leave any equipment or bags at the facility.
- Avoid touching doors, blocks, surfaces, and other swimmers.

## **Safety and Health**

- The safety of swimmers and staff are the team's top priority.
- Social distancing will be practiced at all times, inside and outside the building.
- All volunteers, coaches and swimmers are required to have masks on to enter the building.
- All locker rooms will be closed. Restrooms by the northeast pool deck door will be open for use.
- Parents will not be allowed in the building and are encouraged to wait in the parking lot.
- The Board of Directors shall name one member of the board as our Covid-19 Liaison, who will be responsible for compliance with local, state, and federal guidelines.
- Any cases of Covid-19 among team members must be reported to the team liaison immediately.

## **Sanitary Considerations**

- The City of Eden Prairie and Community Center staff will perform regular and frequent cleaning and disinfecting of the facility, including throughout the day.
- Coaches will be responsible for notifying the Manager on Duty of any potential sanitation issues.
- Cleaning between every session will occur as directed by Community Center staff.
- Deep cleaning daily will be conducted by Community Center staff.

## **Staffing and Coaching**

- Coaches will answer all screening questions, plus receive a temperature check.
- Coaches will maintain social distancing during practice.
- Coaches and volunteers will wear masks at all times while in the building.
- Coaches will wear gloves during transition times between sessions. Volunteers will wear gloves at all times.
- Volunteers will observe practice to comply with MAAPP standards.
- Any coach who experiences illness of any kind must notify the Head Coach and **stay at home**.
- A minimum of two coaches will be scheduled for all practice sessions.
- Volunteers will conduct screening and observe practice.