



# BRONZE GROUP 2

## DEVELOPING 11-13

The coaching staff has the final decision for all group assignments and retains the discretion to move (or not move) swimmers based upon their judgment and/or factors not listed.

### OVERVIEW

Ages	11-13 Age is determined by the age of the swimmer on the first day of season-ending championship meet
Description	This group will build on the fundamentals they learned in Red Groups or Age Group Prep while focusing more on the competitive nature of swimming.
Skills Required	Completion of one season of Age Group Prep
Practices	3-4 per week recommended
Meets	Recommended every 4-6 weeks
Equipment Needed	Swimsuit, towel, goggles, swim fins, snorkel, pull buoy, kickboard (one complementary kick board provided)

### LEAD COACH

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