

Foxjets Swim Team Policy Document

SWIMMING SAFELY

updated September 1, 2020

Purpose

Swimming is a healthy activity within our community. Swimming does not require direct contact between teammates or coaches. Social distancing will be maintained throughout practice. Our safety plan promotes physical and mental health, and is fully compliant with public health directives, in collaboration with the Eden Prairie Community Center, Oak Point School, and the International School of Minnesota. All guidelines will be strictly followed from the Minnesota Department of Health (MDH), USA Swimming, Minnesota Swimming and each facility operator.

The MDH and CDC have indicated there is no evidence that Coronavirus can spread through treated water. Proper operation and maintenance of facilities should inactivate the virus. With the chlorinated water and ventilation systems used in pools, swim team activities are among the safer activities available. Our Swimming Safely policies further enhance and augment the existing safety features of the pool environment.

Entrance and Exit

- Only swimmers and coaches will be permitted in the facility. This is a safety policy, at all locations.
- Technology will be used daily to validate the health of swimmers according to MDH (Minnesota Department of Health) standards. Parents must log into the website to commit "Yes" (attending) or "No" (not attending) for each day on the Practice Health Confirmation page.
- Swimmers who are not committed on the daily Practice Health Confirmation page will be unable to swim - parents will be notified and must pick up their swimmer. [swimmers who drive themselves must depart]
- Swimmers must enter the building with swimsuit on. Locker rooms will not be available to change into swimsuits. In cold weather months, swimmers will be directed to socially distant home spaces to drop off outerwear, and transition to showers. Each facility will have a daily routine established.
- Swimmers will be admitted into the building **5-10** minutes before the scheduled practice time, depending upon the facility. Those arriving early must wait in a socially distant manner, masked, regardless of location.
- At their designated time, swimmers will enter the building six feet apart. Swimmers must wear a mask when entering the building, and keep their mask on until showering.
- Swim bags will be placed on the deck or bleachers at socially distant intervals, as per facility direction. Masks will be removed and placed in swim bags. Swimmers must perform a sit and slide entry into the pool.
- After practice, swimmers will exit the water using social distancing, return to their bags and put on their masks. In cold weather months, swimmers will be designated in controlled, small numbers to change into dry clothing as per facility direction/space designated. Showering or congregating in changing spaces will not be permitted. Changing into dry clothing will be the only activity in changing spaces, masked and socially distant.
- Swimmers will exit the facility through the designated door.
- Swimmers must immediately exit the building and return to their cars. **The pool lobbies at all facilities are off limits. Waiting in any space is prohibited. Parents are required to immediately pick up their swimmer upon their exit from the building.** There is no flexibility on this procedure. Violating this policy may result in suspension of membership.

Socially Distant Swimming

- Swimmers will be assigned to each lane in a socially distant configuration, as illustrated in the USA Swimming Socially Distant Practice Layout. The number of swimmers per lane may change based upon evolving circumstances.
- Swimmers who begin to cough or sneeze will be asked to leave the practice.
- Parents must have their contact number up to date and be available to pick up a sick child with expediency.
- Sharing water bottles or any other gear is prohibited. Use of touch water fountains is prohibited. Non-touch water fountain policies will develop with evolving circumstances. Bring a full water bottle.
- All swimmers must have their own gear as required for their training group. Use of shared gear is prohibited.
- Swimmers may not leave any equipment, bags or belongings of any kind at the facility.
- Avoid touching doors, blocks, surfaces, and other swimmers.

Safety and Health

- The safety of swimmers and staff is top priority.
- Social distancing will always be practiced, inside and outside of the building.
- Wash hands before coming to practice.
- Health screenings will be done daily via technology. See Entrance & Exit section above.
- All coaches and swimmers are required to wear masks upon entry into the building. Coaches will wear masks continuously while in the facility.
- Bathroom use will be permitted, 1 swimmer per gender at a time.
- Parents and spectators are not allowed in the building and must wait in the parking lot, preferably in cars.
- The Board of Directors shall name one member of the board as our Covid-19 Liaison, who will be responsible for compliance with local, state, and federal guidelines.
- Any case of Covid-19 among team members must be reported to the Head Coach, Lloyd Larsen, immediately.

Sanitary Considerations

- The City of Eden Prairie and Community Center staff will perform regular and frequent cleaning and disinfecting of the facility, including throughout the day. The same applies at Oak Point and the International School.
- Coaches will be responsible for notifying the Manager on Duty of any potential sanitation issues.
- Cleaning between practice sessions will occur as directed by facility staff.
- Deep cleaning overnight or during the school day will be conducted as directed by facility staff.

Staff

- Coaches will answer all MDH screening questions, plus receive a temperature check, for every work session.
- The Head Coach or Head Age Group Coach will administer daily screening protocols. An appointed coach will administer the same protocols to the Head Coach and Head Age Group Coach.
- Coaches will maintain social distancing throughout all work sessions.
- Coaches will always wear masks throughout all work sessions.
- Coaches will sanitize hands during transition times between sessions, or when touching surfaces, as needed.
- Any coach who experiences illness of any kind must notify the Head Coach and **stay at home**.