RED GROUP 2

8/UNDERS WITH MORE SKILLS

The coaching staff has the final decision for all group assignments and retains the discretion to move (or not move) swimmers based upon their judgment and/or factors not listed.

OVERVIEW	
Ages	8 & Under - Age is determined by the age of the swimmer on the first day of season-ending championship meet
Skills Required	Legal in Freestyle, Backstroke and Butterfly. Developing skills in Breaststroke. Able to do starting block dives. Basic skills of flip turns.
Practices	3 per week recommended
Meets	All meets recommended as qualified
Equipment Needed	Swimsuit, towel, goggles, swim fins (one complementary pair of fins provided)
LEAD COACH	
Bill Hedberg	Email: coachbillhed@hotmail.com