Swimmer’s Code of Conduct

Dear BAC Swimmers:

As our organization grows and we continue to expand our programs, we seek to establish or clarify our policies. Our policies help to guide the organization and ensure continued success. One of the areas to be addressed is swimmer behavior - specifically, what type of behavior is expected of Billings Aquatic Club swimmers.

The Billings Aquatic Club is fortunate to have experienced, professional coaches and volunteers working to develop our children into better swimmers and more importantly, disciplined people. As a BAC swimmer, it is absolutely essential that you give our coaching staff, parents and all volunteers the respect and authority they deserve to run our swim team.

BAC as an organization expects the following behavior:

- Swimmers will be on time for practice and meets
- Swimmers need to notify their coach if they will be arriving late or need to leave practice or meets early.
- Swimmers should notify their coach if they will be missing practice due to another event or activity and notify their coach if they will be missing practice for a substantial amount of time. *Note: Younger swimmers can have their parents make these arrangements.*
- Every swimmer will respect the coaches and be willing to accept the coach’s direction and practice instructions
- Every swimmer is responsible for bringing and picking up their own equipment
- All swimmers need to help with setting up and putting away practice equipment (this includes lane lines, back stroke flags, kick boards, flippers, etc.)
- Each swimmer should accept, encourage and respect their teammates. Positive reinforcement of all swimmers in all situations - team spirit, team loyalty
- Swimmers are responsible for safe behavior in the pool, on deck, and in the locker rooms.
- Enjoy swimming, have fun and respect the opportunity you have.

BAC as an organization will not tolerate the following behavior from swimmers:

- Interrupting or confronting the coaching staff on the pool deck during practice or meets
- Abusive, obscene or foul language towards coaches, swimmers, parents, officials, your teammates or in general at practice or meets
- Vandalism at any facility in which you are representing BAC. This includes any practice facility (Rocky Mountain College, MSU-B, Rose Park Pool) or any facility which we may be attending for meets or other functions.
- Bringing a weapon of any sort (including but not limited to: knives – pocket or otherwise, guns, nunchucks, throwing stars, switchblades, etc…) to practice or a swim meet.
- Any behavior that brings discredit or disruption to our swimmers and our organization.
Unacceptable behavior will result in the following, but may not be limited to these steps:

1st Time: Warning (verbal or written)
2nd Time: Asked to leave practice, the function, or meet immediately. You will need to call your parent (or find them if they are at the event) and wait on the side of the pool until your parent(s) arrive and talk to the coach.
3rd Time: Suspension from the team

This Code of Conduct was developed as a standard to emphasize our organization’s commitment to making everyone’s involvement with our club a positive experience.

My(our) signature below indicates that I(we) have read and understand all of the information provided.

Swimmers’ signatures:

_____________________________________________   ________________________
Signature       Date
Printed Name

_____________________________________________   ________________________
Signature       Date
Printed Name

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Signature       Date
Printed Name

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