

Falls Aquatic Swim Team

Individual Meet Results

2009 HLST Capital City Invitational 11-Jul-09 to 12-Jul-09 [Ageup: 7/11/2008] LC Meters

Location: Memorial Pool Park

Falls Aquatic Swim Team [FAST-MT] Coach: Lev Bates

Time	F/P/S	Event	Place	Points	Improv
Kelli Cummings (13) G					
5:16.30L A	F # 1E	Girls 13-14 400 Free	3	16	3.39
46.62L BB	F # 3D	Girls 13-14 50 Breast	9	9	---
1:17.62L BB	F # 7D	Girls 13-14 100 Fly	3	16	1.50
1:09.01L A	F # 11D	Girls 13-14 100 Free	2	17	0.65
2:50.99L A	F # 15D	Girls 13-14 200 IM	2	17	-6.89
Sarah Cummings (10) G					
6:26.66L BB	F # 1A	Girls 9-10 400 Free	1	20	5.82
1:44.17L BB	F # 7B	Girls 9-10 100 Fly	1	20	5.10
1:25.52L BB	F # 11B	Girls 9-10 100 Free	1	20	-2.55
50.01L B	F # 13B	Girls 9-10 50 Back	4	15	1.91
3:31.69L BB	F # 15B	Girls 9-10 200 IM	2	17	7.75
Emily Pospisil (14) G					
45.48L BB	F # 3D	Girls 13-14 50 Breast	7	12	-0.98
3:36.68L B	F # 9B	Girls 13-14 200 Breast	7	12	19.95
1:22.77L	F # 11D	Girls 13-14 100 Free	17	---	-11.64
49.17L	F # 13D	Girls 13-14 50 Back	9	9	-6.47
45.52L	F # 19D	Girls 13-14 50 Fly	11	6	-1.76
1:42.00L B	F # 27D	Girls 13-14 100 Breast	9	9	2.29
37.84L B	F # 29D	Girls 13-14 50 Free	15	2	3.89
Dakota Sechena (16) G					
2:52.28L BB	F # 5C	Girls 15 & Over 200 Back	2	17	12.28
3:12.42L BB	F # 9C	Girls 15 & Over 200 Breast	3	16	10.19
1:12.72L BB	F # 11E	Girls 15 & Over 100 Free	4	15	4.52
2:47.02L A	F # 15E	Girls 15 & Over 200 IM	3	16	4.84
Madisen Sechena (16) G					
1:12.14L A	F # 7E	Girls 15 & Over 100 Fly	1	20	1.72
3:04.31L A	F # 9C	Girls 15 & Over 200 Breast	2	17	5.41
2:46.73L A	F # 15E	Girls 15 & Over 200 IM	2	17	12.40
Shelby Sechena (13) G					
44.55L BB	F # 3D	Girls 13-14 50 Breast	5	14	1.02
1:24.89L B	F # 7D	Girls 13-14 100 Fly	9	9	3.15
1:09.18L A	F # 11D	Girls 13-14 100 Free	4	15	1.21
2:53.85L BB	F # 15D	Girls 13-14 200 IM	4	15	10.07
Rin Ujikawa (8) G					
1:03.91L BB	F # 3A	Girls 8 & Under 50 Breast	5	14	---
2:06.66L B	F # 7A	Girls 8 & Under 100 Fly	3	16	---
1:48.03L BB	F # 11A	Girls 8 & Under 100 Free	4	15	---
59.15L BB	F # 13A	Girls 8 & Under 50 Back	6	13	---
56.98L BB	F # 19A	Girls 8 & Under 50 Fly	5	14	---
2:11.35L	F # 23A	Girls 8 & Under 100 Back	7	12	---
2:11.78L B	F # 27A	Girls 8 & Under 100 Breast	5	14	---
52.91L BB	F # 29A	Girls 8 & Under 50 Free	7	12	---
Jesse Whiteman (12) B					
4:18.55L	F # 10A	Boys 11-12 200 Breast	6	13	---

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Time	F/P/S	Event	Place	Points	Improv
1:27.90L	F # 12C	Boys 11-12 100 Free	6	13	-19.57
55.93L	F # 14C	Boys 11-12 50 Back	9	9	-2.38
3:54.84L	F # 16C	Boys 11-12 200 IM	5	14	---
3:13.15L	F # 22C	Boys 11-12 200 Free	6	13	-49.85
1:54.75L	F # 24C	Boys 11-12 100 Back	6	13	-14.91
2:09.35L	F # 28C	Boys 11-12 100 Breast	9	9	---
41.60L	F # 30C	Boys 11-12 50 Free	9	9	-5.30