

2010 KATS INVITATIONAL MEET

NOVEMBER 20-21, 2010 APPROVAL # 0795

The Kalispell Aquatic Team takes pleasure in inviting you to our KATS Winter Invitational Meet. The meet will be held at the Summit Fitness Center located at 205 Sunnyview Lane off HWY 93 North, near the hospital in Kalispell, Montana. Please use the North Entrance as everyone needs to check in and that entrance leads to the front desk.

ELIGIBILITY: All coaches coaching and swimmers competing for a USA Swimming or Swim Canada registered team must have a current 2010 USA Swimming or the FINA equivalent registration card. Masters swimmers are welcome and encouraged to compete at this meet, but do not have to belong to USAS or the FINA equivalent. Age group shall be determined by the swimmer's age on the first day of the meet. No swimmer shall swim outside of the correct age group.

FACILITY: The Summit is a state-of-the-art private fitness center. The pool is a regulation 25-yard six lane pool with non-turbulent lane dividers. There is room on the pool deck and upper level for spectators with access to a comfortable and spacious eating area. A conference room will be provided for swimmers and families to "set up camp".

SANCTION AND RULES: This meet is approved by USA Swimming and Montana Swimming. The 2009-2010 USA Swimming and Montana Swimming rules shall govern the meet. This is a **closed deck meet**, only athletes, certified Coached, USA officials, timers and meet management. **Exception:** One (1) parent of an 8 and under swimmer may be at the start area two (2) heats prior and one (1) heat after the swimmers event. Timing will be by Colorado Timing System with backup timers or manual times. All events will be timed finals.

SAFETY: Montana Swimming warm-up and safety guidelines will be in effect for the duration of the meet. Each coach is responsible for informing the swimmers of the provisions of the safety code before attending the meet. A safety marshal will be on deck during the meet. No diving in the shallow end of the pool.

ENTRIES: Each swimmer may swim a maximum of five (5) individual events and one (1) relay on Saturday November 20th and four (4) individual events and one (1) relay on Sunday November 21st. Swimmers will be seeded on the basis of their submitted times. Entrants shall submit their fastest officially recorded times in either yards or converted meters. "No time" entries will be accepted. Please include relay names with your entries. 8 & under swimmers may choose 8&U events and 10&U event.

MEET FORMAT: The 1650 will be swum combined, fastest to slowest. Positive check in is required for the 1650 by 12:30pm., Saturday. The 1650 freestyle will be deck seeded after positive check in. Swimmers in the 1650 freestyle and 500 Free must provide timers and counters. The 500 freestyle will be swum alternating girls and boys, fastest to slowest. All 25-yard events will start from the blocks. There will be no deck seeding except for the 1650 freestyle.

Entries should be submitted as follows:

- 1) E-mail entries (**PREFERRED**) to Stacey Proctor at Stacey.KATS@gmail.com using Hy-Tek software file and attach a team entry report (in word or rich text format) from Team Manager.
- 2) Master Entry form may be used if there is no access to Hy-Tek software.

ENTRY DEADLINE: Entries, completed paperwork, and entry fees must be received by **Sunday, November 14th 2010.**

Mail entries to: KATS
PO Box 11,
Kalispell, MT 59903.

E-mail entries for individuals only will be accepted through 7:00 p.m. November 16th by emailing Stacee at Stacee.KATS@gmail.com.

FEES: Entry fees are \$15.00 surcharge per swimmer and \$2.00 for each event, with \$5.00 per relay team. Please make checks payable to KATS. There will be no refunds.

SCRATCHES: Swimmers will be scratched at the blocks. Swimmers and their coaches are responsible for the swimmers being at the starting blocks before the start of their race.

SCORING: Individual scoring will be as follows: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

AWARDS: Ribbons will be awarded to the top 16 places in individual events in the following girl and boy age groups: 8&U, 9-10, 11-12, 13-14, 15-19. High Point Awards will be given to the top three swimmers in the age groups listed above. Relays will be awarded first through fourth place in the 10 & under, 11-12, and 13 & over age groups. A club representative should pick up the awards following the conclusion of the meet.

RESULTS: Meet results will be posted on the Montana Swimming web site <http://montana.usswim.net> and on <http://swimconnection.com/mt>

STARTING TIMES: Open warm-up shall begin on Saturday, November 20th at 7:15 a.m. for the 500 Free; racing will start at 7:45 a.m. General Warm-ups will be held directly after the 500 Free Saturday November 20th. On Sunday November 21st warm-ups will begin at 7:30 a.m., with the first events starting at 9:00 a.m. KATS will have first warm-ups both days. There will be officials meetings Saturday and Sunday at 8:30 a.m. Coaches meeting will be immediately after the conclusion of warm ups both Saturday and Sunday.

RACING STARTS: “Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.”

OFFICIALS: The help of all USA Certified Officials would be greatly appreciated.

CONACTS:

- Meet Manager - Shannon Scroggs (406)270-9954 or Scroggology@gmail.com
- Meet Referee - Susan Huckleby (406)723-4800 or Shuckey@msm.com
- Meet Registrar - Stacee Proctor (406)212-4461 or Stacee.KATS@gmail.com
- Meet Safety Marshal - Mark Walters

CONCESSIONS: Concessions will be available each day.

THE SUMMIT: The Summit is a private club with rules for all swimmers to follow. Please note especially that no one under the ages of 13 is allowed in the adult locker rooms. There are boys’ and girls’ locker rooms and family locker rooms available. We ask that the hot tub not be used until the end of each day. There will be no eating allowed in the pool area or on the lower level of the Summit. Beverages will be allowed on the pool deck in plastic or paper containers, absolutely no glass will be allowed. Since this is a private club, only members are allowed to use the facilities. The Summit will offer a ½ price daily use fee of \$6.00 for visiting adults who would like to have a workout during the meet.

MOTELS AVAILABLE FOR MEET:

There have been a large block of rooms reserved at a team rate at the following motels,

Holiday Inn Express	406)755-7405
Hilton Garden Inn	406)756-4500

We look forward to seeing you at our 2010 KATS Winter Invitational Meet.

KATS 2010 Winter Invitational

SATURDAY'S EVENTS

GIRLS			BOYS		
1	9 & Over	Mixed 500 Free			
(General Session Warm-ups to follow 500 Free)					
3	Open	100 IM	4		
5	Open	100 Fly	6		
7	8 & Under	25 Back	8		
9	11 & Over	200 Back	10		
11	Open	50 Breast	12		
13	Open	100 Free	14		
15	Open	50 Back	16		
17	11 & Over	200 Breast	18		
19	8 & Under	25 Breast	20		
21	9 & Over	200 IM	22		
23	8 & Under	100 Mixed Medley Relay			
24	9-10	200 Mixed Medley Relay			
25	11-12	200 Mixed Medley Relay			
26	13 & Over	200 Mixed Medley Relay			
27	11 & Over	1650 Mixed Free			

SUNDAY'S EVENTS

GIRLS			BOYS		
28	11 & Over	Mixed 400 IM			
29	8 & Under	25 Free	30		
31	9 & Over	200 Free	32		
33	Open	50 Fly	34		
35	Open	100 Back	36		
39	Open	100 Back	40		
41	Open	100 Breast	42		
43	Open	50 Free	44		
45	8 & Under	25 Fly	46		
47	11 & Over	200 Fly	48		
49	8 & Under	100 Mixed Free Relay			
50	9-10	200 Mixed Free Relay			
51	11-12	200 Mixed Free Relay			
52	13 & Over	200 Mixed Free Relay			

2010 KATS Invitational Swim Meet
Entry Summary, Waiver, and Registration Confirmation

Team Name _____ Team Abbreviation: _____

_____ Total # of swimmers at \$15.00 _____

_____ Total number of entries at \$2.00 _____

_____ Total # of relays at \$5.00 _____

Grand Total \$\$ _____

Waiver and Montana Swimming -- USA Registration Confirmation

In consideration of the acceptance of this entry, I/we the undersigned parent, guardian or coach, or individual adult swimmer, hereby, for ourselves, our heirs, administrators, assigns, release and forever discharge any and all rights and claims for damages I/we have against the Kalispell Aquatic Swim Team, the KATS Invitational Swim Meet, The Summit Fitness Center, Montana Swimming, USA Swimming, their agents, representatives, successors or assigns for any or all injuries arising of our travel to and from, or participating in said meet. It is agreed that the team (or individual swimmer not a member of a team) shall be responsible for any damages caused to facilities or equipment by any members of the team.

We hereby submit our team's entry sheets and fees for your upcoming meet and verify that the below named coaches will be in attendance. These coaches are current in all the requirements set forth by United States Swimming including certification in Red Cross Safety Training for Swim Coaches or Lifeguard Training, First Aid, and CPR.

Coach's Name _____

Coach's Name _____

Coach's Name _____

We further verify that all our entered swimmers who compete as a member of a USAS or Swim Canada registered team are registered athlete members of USAS or the FINA equivalent for the current year. Masters swimmers may also compete at this meet and do not have to be members of USAS or the FINA equivalent.

Signature _____ Date: _____

Printed Name _____

Club Position
Or Title _____

E-mail address of team representative: _____

Mailing Address: _____ Phone: _____

It is very important that the above information is completed and this form returned with your entries.

Meet Name: 2010 KATS Invitational
Meet Date: November 20-21, 2010
Location: Summit Fitness Center, Kalispell, MT
Host Team: Kalispell Aquatic Swim Team

