

2011 MONTANA LONG COURSE STATE CHAMPIONSHIPS JULY 29, 30, & 31 2011

Sanction # 0824



- Meet Director** Lanni Jacobson (406) 329-7612 (W) ljacobson@ctgmt.com
(406) 544-1170 (C)
- Meet Referee** Brian Robinson (406) 239-9116 (C) bdrobinson1@yahoo.com
Brian.robinson@mdmsupply.com
- Meet Registrar** Niki Bronec (406) 829-1485 (W) nbronec@q.com
- Location** **The Lake at Splash Montana located at 3001 Bancroft, is an 8-lane, 50-meter regulation outdoor long course pool equipped with non-turbulent lane lines. The pool is a new state of the art 50 meter pool by Astral Pools. Astral pools were used in the Barcelona 2003 World Championships, the Shanghai 2006 World Championships and the Melbourne 2007 World Championships.**
- Directions** From I-90, take Exit 104, Orange Street. Go south on Orange Street approximately 1 ½ miles, turn left on Beckwith at the light, turn right on Brooks at the light, then turn left on Bancroft. Bancroft is right after the light at Mount and Brooks. Follow Bancroft for a little over 1 mile and the pool is on your right. When you are on Bancroft you will go through a four way stop and past Sentinel High School and The Lake at Splash Montana will be on the right. **OVERNIGHT PARKING OR CAMPING IS NOT PERMITTED IN THIS PARK!**
- Lightning Policy** Montana Swimming follows guidelines set forth by the facility standard or the American Red Cross whichever is more stringent will be the governing rule.

- i. Swimmers are pulled from the pool at first signs of lightning or thunder.
- ii. Swimmers are not allowed back in the pool for thirty minutes after the last signs of lightning.

Schedule	Preliminaries: Warm-ups: 7:30 – 8:30 a.m. Subject to change due to weather forecast Meet Begins: 8:45 a.m. Finals: The start of finals will be set after all entries have been received.
Entry Fees	An entry fee of \$18.00 plus \$2.00 per event will be charged. There will be a charge of \$8.00 per relay team. Relay only swimmers are responsible for paying the \$18.00 swimmer surcharge. Make checks payable to the Montana swimming . <i>No entries will be accepted without payment of fees. There will be no refunds.</i>
Entry Deadline	Team entries, Individual e-mail or phone entries must be received in Missoula no later than Sunday July 24, 2011. The meet registrar is Niki Bronec. <i>Phone entries for entire teams will not be accepted.</i> Email entries to nbronec@q.com Mail entries to: Missoula Aquatic Club P.O. Box 4725 Missoula, MT 59806-4725 <i>Entries must be made through the swimmer's club with a <u>team</u> check.</i> Unattached swimmers may make direct entries.
Rules	2011 USA Swimming Rules and Montana Swimming Rules will govern the meet. There will be no deck seeding. This meet is sanctioned by Montana Swimming and USA Swimming #0824. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
Age Groups	8&U, 10&U, 11-12, 13-14, 15-16 and 17-21. 8&U swimmers must choose either the 8&U or 10&U age group for the entire meet (Relay exception: 8&U may compete on the 10&U relays regardless of which age group they choose to swim in). All combined events will be awarded and scored separately by age group. Age on July 30th shall determine the swimmer's age for the meet.
Eligibility	All swimmers must be registered athlete members of Montana Swimming and have achieved at least one qualifying time standard between May 15, 2010, and the entry deadline. 10 & U thru 17-21 swimmers must have at least one qualifying "BB" time and may then enter any subsequent event that they have achieved a "B" time or higher. All 17-21 swimmers will use the 17 and 18 "BB" and "B" time standards. 8 & U swimmers may only enter events in which they have a qualifying time. Swimmers qualified in the 800 Free or 1500 Free may also enter the opposite event. Times earned in a USA Swimming sanctioned time trial or a USA Swimming sanctioned, approved, or observed meet can be used to qualify for the state meet. Times earned at a non-sanctioned time trial cannot be used to enter this meet. If a swimmer does not swim a qualifying time during the state meet and the swimmer would earn points with that swim, the time must be proven from a meet finals sheet (not from a time trial) provided by the swimmer's team. If not proven by a meet finals sheet, the points for that event will not be earned by the swimmer or by the team and the swimmer will not receive the award.
Entries	Each swimmer may compete in a maximum of seven (7) events for the meet with a maximum of three (3) individual events per day. All entries may be submitted by e-mail (preferred), or on a Hy-Tek formatted disk or on the enclosed master sheet. Please attach individual entry, relay and entry fees forms as .PDF files along with the electronic entry file. For accuracy electronic entry is preferred. E-mail address is: nbronec@q.com . If sending a disk, be sure to include a printed copy.

Please make copies of the Master Entry Sheet if you have more than one page of entries. Also complete and return the Accounting Sheet with your entries (enclosed in the entry packet).

Relays

Relay times may be established by adding the individual times of the four swimmers involved. All relays must be entered with a time. The full name of those entered in a relay must appear on the master entry form or Team Manager relay report and on the relay entry cards (including alternates). Relay entry cards will be completed at the meet. Relay swimmers must swim the race in the order the swimmers are listed on the relay entry card. The 15 -21 swimmers will swim as a single age group for relays. Relay cards must be completed and turned in to the referee by deadline each day of the meet for that day's relay events. Relay scores will be added to the overall team scores. Only one (1) relay from each team per age group and sex will be eligible to score. Teams may enter an unlimited number of relays per event if so desired. **Relay swimmers do not have to be qualified and entered into an individual event, but must pay the meet surcharge fee.** Please list the relay only swimmers on the master entry form.

Seeding

Entries may be submitted in Meters or Yards. **DO NOT CONVERT TIMES.** Submit times using the "show times unconverted" or "show actual" option. Events will be seeded in this order: LCM, SCM, SCY. ***The 800 Free and 1500 Free will be seeded fastest to slowest with heats alternating between women and men.***

Format

We reserve the right to have chase starts for all our 100, 200, and 400 meter events.

Individual: 8 & Under age group events will be timed finals during preliminaries. All other individual age group events will be a preliminary-finals (no consoles) format with the exception of the following, which will be timed finals during preliminaries: the 800 Free, 400 IM, 400 Free and the 1500 Free. The 15 and Over swimmers will be combined for prelims but split out for finals.

Relays: 10 and Under Relays will be swum in preliminaries as timed final events. 11 and Over relays will be swum as timed finals as the last event in finals each day.

Clerk of Course

There will be no Clerk of Course. Heat and Lane assignments will appear in the program. Swimmers are responsible for taking their position behind the blocks.

Timing

A Colorado electronic timing system will be used along with backup timers. Each club will be responsible for providing at least two (2) timers at all times. A sign-up sheet will be posted at the meet. Swimmers entered in the 800 Free and 1500 Free **must** provide their own timers and counters.

Scratches

Championship scratch procedures will be in effect for this meet.

Preliminary scratch deadline: The scratch deadline is 15 minutes prior to the start of the first preliminary race each day. Scratches shall be reported on the scratch sheet in the official's/coaches' room (preferred method) or may be given to the meet referee by the deadline.

Preliminary scratch procedures and penalties: Any swimmer who fails to compete in a preliminary heat in which they are entered and have not been correctly scratched (see exceptions for failure to compete), will be barred from all further individual and relay events that day – including any final swims. Additionally the swimmer must report to the meet referee his or her intention to compete in any individual events on succeeding days. A swimmer may also scratch from a preliminary event with a declared false start by reporting to the referee prior to the start of the race and declaring their intent not to compete. A declared false start will be charged as a false start. Swimmers who fail to report for a timed final event will be scratched without penalty.

Finals scratch deadline: All swimmers wishing to scratch from a final for which a preliminary event has been swum must report to the Meet Referee no later than 30 minutes prior to the start of the final session to declare their intention to scratch.

Alternates must be on deck for each final event in case of a scratch.

Finals scratch penalties: Any swimmer qualifying for a final race in an individual event who does not properly scratch and fails to compete in that event will be barred from further competition for the remainder of the meet except as noted under the exceptions

for failure to compete. In addition, fifty (50) points will be subtracted from the team score if a swimmer fails to report the scratch from finals in the correct manner, except as listed below for exceptions for failure to compete.

Exceptions for Failure to Compete: No penalty shall apply for failure to scratch or compete in an individual event in preliminaries or finals if the meet referee is notified in the event of quick-onset illness, injury, or circumstances beyond the swimmer's control. The meet referee will make the final decision.

Time Trials

Time Trials (Sanction Number 0825) will be offered on a time and demand available basis at the meet referee's discretion at the conclusion of preliminary competition possibly on Sunday of the meet. Only swimmers entered into at least one individual event may enter. Swimmers may compete in a maximum of seven individual events including time trials, with no more than three individual events per day. Qualified swimmers may enter seven individual events, but must properly scratch from one event to compete in one time trial event. All time trials will be deck entered. If proof of time is required, the swimmer's team will provide any necessary proof. The swimmer may also provide proof of time if available. The coach, swimmer, or parent/guardian may enter the swimmer into the time trials. The time trial entry fee is \$3.00 per event. Further information regarding the time trials will be announced during the meet.

Scoring

Individual: 9-7-6-5-4-3-2-1

Relays: 18-14-12-10-8-6-4-2 Only one relay per team will be scored.

Awards

Individual: Event medals will be awarded for 1st through 8th place and ribbons will be given for 9th through 16th place.

Relay: Event medals will be awarded for 1st through 3rd place.

Team: Team awards will be awarded to the top three women's teams, top three men's teams.

Spirit Award: The traveling Spirit Award will be given by Montana Swimming to the team demonstrating the best overall team participation, team spirit, and conduct during the meet. The meet manager, coaches, and officials will vote for the award.

Concessions

Missoula Aquatic Club will have on sale a selection of nutritious snacks, meals, and drinks. Missoula Aquatic club and/or a vendor of their designation will provide apparel and aquatic supplies.

Meetings

A coach's meeting will be held in the office Friday at 8:30 a.m.

An Official's meeting will be held in the office each day at 7:30 a.m. and 30 minutes prior to the start of finals.

Final Results

Results will be sent to the teams within ten (10) days after the meet.

TIMERS

All teams are expected to provide timers during the meet. Timing responsibilities for individual teams will be posted at the pool.

OFFICIALS

We also appreciate the help of certified officials from other clubs. All officials must be currently certified and meet the requirements set forth by the Montana Swimming Officials organization to officiate at a championship meet.

This meet is applying for designation as a national qualifying meet for officials. If approved, meet officials wishing to obtain or renew at the N2 or N3 level of certification, including officials desiring an assigned position at this meet, must complete a request for evaluation and return it to the meet referee, Brian Robinson, by no later than July 14, 2011 for all assigned positions. Assigned positions are Deck Ref, Starter, and Chief Judge. Applications are available with this information and on the Montana Swimming web site at <http://montana.usswim.net>.

- A mandatory officials' briefing will be held at 7:30 a.m. prior to the start of preliminaries each day. The time of the mandatory officials' briefing prior to finals will be announced each day. Officials must attend all meetings.

- All officials applying for N2 certification must be certified at the position they are applying for at the N1 (LSC) level for a minimum of at least one year before applying for advancement at the N2 level in the same position.
- Officials must work at least 12 sessions at 6 or more LSC meets as an N1 official in the position in the 24 months prior to application for advancement to N2.
- The meet referee may contact the LSC Official's Chair regarding your application.
- All officials shall wear a white short sleeve polo shirt for all sessions. Men may wear either navy blue slacks or navy blue shorts for prelims and navy blue slacks for finals. Women may wear a navy blue skirt, shorts, or slacks for prelims and a navy blue skirt or slacks for finals. White shoes and white socks shall be worn.
- Officials requesting assigned positions (deck referee, administrative referee, starter or chief judge) must work all sessions. Stroke and turn officials must work a minimum of 4 sessions.
- Officials are required to show current USA Swimming non-athlete registration and official certification.
- See additional requirements for N2 certification on the USA Swimming web site. A national evaluator will be on site to evaluate the officials.

COACHES

All coaches on deck must be USAS certified and must have their USA Swimming credentials on their person at all times during the meet. The coaches meeting will be held 15 minutes prior to the start of preliminaries (immediately after the conclusion of the last session of warm-ups) on Friday and Saturday morning.

2011 Montana Long Course State Championships

Missoula Aquatic Club
P.O. Box 4725
Missoula, MT 59806-4725

Please enclose this accounting sheet with your entries.

Team: _____ Coach: _____

Phone: _____

Number of swimmers _____ X \$18.00= \$ _____

Number of events _____ X \$ 2.00= \$ _____

Number of relays _____ X \$ 8.00= \$ _____

TOTAL \$ _____

Name, address and phone number of person who may be contacted concerning these entries:

Name: _____

Address: _____ City: _____ State: _____ Zip _____

Phone: _____ e-mail: _____

I am enclosing one team check in the amount of the total shown above that covers the entry fees for all of our swimmers.

**2011 Montana Long Course Championship
USA Registration Confirmation Sheet**

In consideration of acceptance of this invitation, the undersigned parent, coach or club officer confirms and verifies that all athletes entered in the meet, from the club mentioned below, are currently registered athlete members of Montana Swimming and USA Swimming.

Club Signature of Club Official Date

WAIVER

In consideration of the acceptance of this entry, I/we, the undersigned parent, guardian, or coach hereby, for ourselves, our heirs, administrators, assigns, release and forever discharge any and all right and claims for damages I/we may have against the Bozeman Swim Team, Montana Swimming, USA Swimming, the Bozeman Swim Center, their agents, representatives, successors or assigns for any or all injuries arising out of travel to and from, or participating in said meet. It is agreed that the team shall be responsible for any damages caused to facilities or equipment by any members of the team.

Signature of Club Official Date

2011 MONTANA LONG COURSE STATE CHAMPIONSHIPS ORDER OF EVENTS

Friday July 29, 2011

Preliminaries

Warm-ups: 7:30 – 8:30 a.m.

Meet Begins: 8:45 a.m.

Girls			Boys
1	11-21	200 Fly	2
3	12&U	50 Back	4
5	13-21	50 Back	6
7	12&U	200 Free	8
9	13-21	200 Free	10
11	12&U	100 Breast	12
13	13-21	100 Breast	14
15	12&U	200 IM	16
17	13-21	200 IM	18

19 TF 10&U 400 Free Relay TF 20

15 Minute warm-up period

21 TF 11-21 800 Free TF 22

(Events 21 and 22 will swim fastest to slowest, alternating heats between girls and boys)

Finals

Finals will swim in the same order as they were swum in prelims plus the following relays as the last finals events.

23 TF	11-12	400 Free Relay	TF 24
25 TF	13-14	400 Free Relay	TF 26
27 TF	15-21	400 Free Relay	TF 28

Saturday July 30, 2011

Preliminaries

Warm-ups: 7:30 – 8:30 a.m.

Meet Begins: 8:45 a.m.

29 TF	11-21	400 IM	TF 30
31 TF	8&U	100 Free	TF 32
33	11-21	200 Back	34
35	12&U	50 Free	36
37	13-21	50 Free	38
39 TF	8&U	50 Breast	TF 40
41	12&U	50 Breast	42
43	13-21	50 Breast	44

45 TF	8&U	50 Fly	TF 46
47	12&U	100 Fly	48
49	13-21	100 Fly	50

51 TF 10&U 200 Medley Relay TF 52

15 Minute warm-up period

53 TF 10&U-21 400 Free TF 54

Finals

Finals will swim in the same order as they were swum in prelims plus the following relays as the last finals events.

55 TF	11-12	200 Medley Relay	TF 56
57 TF	13-14	200 Medley Relay	TF 58
59 TF	15-21	200 Medley Relay	TF 60

Sunday July 31, 2011

Preliminaries

Warm-up: 7:30 – 8:30 a.m.

Meet Begins: 8:45 a.m.

61	11-21	200 Breast	62
63 TF	8&U	100 Back	TF 64
65	12&U	50 Fly	66
67	13-21	50 Fly	68
69 TF	8&U	50 Free	TF 70
71	12&U	100 Free	72
73	13-21	100 Free	74
75 TF	8&U	50 Back	TF 76
77	12&U	100 Back	78
79	13-21	100 Back	80

81 TF 10&U 200 Free Relay TF 82

15 Minute warm-up period

83TF 11-21 1500 Free TF84
(Events 83 and 84 will swim fastest to slowest, alternating heats between girls and boys)

Finals

Finals will swim in the same order as they were swum in prelims plus the following relays as the last finals events.

85 TF	11-12	200 Free Relay	TF 86
87 TF	13-14	200 Free Relay	TF 88
89 TF	15-21	200 Free Relay	TF 90

Montana Swimming Long Course State Championships

13 and Over Qualifying Times

For the

50 Back, 50 Breast, 50 Butterfly

<u>LCM</u>	Girls		<u>EVENT</u>	Boys		<u>LCM</u>
	<u>SCM</u>	<u>YARD</u>		<u>YARD</u>	<u>SCM</u>	
38.99	37.49	33.89	50 Back	33.49	36.99	38.69
42.09	41.69	37.79	50 Breast	37.29	41.19	43.09
36.29	35.79	32.39	50 Fly	32.09	35.49	36.19

The above times are the “BB” qualifying time standards for each event for swimmers in the 13-14, 15-16, and 17-21 age groups for the Montana State Swim meets. All qualifying times must be swum in the correct time period for the meet entered.



Officials Request for Assigned Position

To: Meet Referee Brian Robinson

Meet: 2011 Montana Long Course State Championships **Meet Dates:** 7/29-7/31
Meet Location: Missoula, MT **LSC:** MT

Mail to: MT Swimming, PO Box 8276, Missoula, MT 59807 or e-mail: bdrobinson1@yahoo.com Phone: 406-239-9116

Please consider me for assignments at the above meet so that I may be evaluated as follows:

Name: _____ **LSC:** _____ **USA S Reg #** _____
Email: _____ **Phone:** _____
Mailing Address: _____



Polo Shirt Size: _____

	Level	LSC	Years•months
		(Choose each position)	Level
Current Certifications:	Stroke & Turn Judge:	<input type="checkbox"/>	
	Chief Judge:	<input type="checkbox"/>	
	Starter:	<input type="checkbox"/>	
	Deck Referee:	<input type="checkbox"/>	
	Administrative Referee:	<input type="checkbox"/>	
	Meet Referee:	<input type="checkbox"/>	

Requested Positions: (You must work all sessions at the meet for a position of Referee, Deck Referee or Starter.)

Stroke & Turn Judge:	<input type="checkbox"/>
Chief Judge:	<input type="checkbox"/>
Starter:	<input type="checkbox"/>
Deck Referee:	<input type="checkbox"/>
Administrative Referee:	<input type="checkbox"/>
Meet Referee:	<input type="checkbox"/>

Your Request: sorry, were not selected.

Selected for the following position - S&T, CJ, Starter, Ref, Ad Ref

_____, Meet Referee. Date: _____

Send "Confirmation"/"Sorry" to applicant.

Hotel information

Holiday Inn Express **406-830-3100**
Hot Breakfast
10- Dble Queen \$109.00 per night
5- Single King \$109.00 per night
Reserve by 6/30/11

Best Western **406-552-0487**
Continental Breakfast
10- Single King \$113.00 per night
25- Dble Queen \$113.00 per night
Reserve By 7/1/11

C'Mon Inn **406-543-4600**
Continental Breakfast
15- Dble Queen \$128.79 per night
Reserve by 7/7/11

Holiday Inn **800-399-0408**
Continental Breakfast
55 rooms on block \$109.00 per night
Reserve by 7/12/11

Red Lion Inn **406-728-3300**
Continental Breakfast
25- Dble Queen \$119.95 per night
Reserve by 7/1/11

Wingate Inn **406-541-8000**
Continental Breakfast
15- King/Sofa \$125.00 per night
30- Dble Queen \$125.00 per night
Reserve by 7/8/11

Motel 6 **406-549-6665**
25- Dble Queen \$72.75 per night
5- Single Queen \$72.75 per night
Reserve by 7/1/11