

## SAFE SPORT TRAINING

1) Login into your account

<https://hub.usaswimming.org/landing>

For the parent training- log into your Parent account

For swimmers taking the training - log into their USA Swimming account

### LOGIN

Please login with your username and password.

Username:

hdst93

Password:

.....

LOGIN

FORGOT USERNAME

FORGOT PASSWORD

CREATE A LOGIN

### HELP

If you are a parent about to register your child, please create your account first - ARTICLE

[How to create an Account as a Parent - VIDEO](#)

[How to create an Account for Existing Members - VIDEO](#)

[How do I set up my new SWIMS account if I already have a membership? - ARTICLE](#)

[How do I create an account in SWIMS as a new member? - ARTICLE](#)

[How do I create a new account for a family member? - ARTICLE](#)

2) Once logged click on the education tab > course catalog

The screenshot shows the USA Swimming user interface. At the top left is the USA Swimming logo. The top navigation bar includes links for 'EVENTS & TICKETS', 'FIND A SWIM TEAM & LESSONS', 'SWIM SHOP', 'Welcome Alana', 'Settings', and 'Logout'. Below this is a dark blue navigation menu with 'Members', 'Education', 'Club', 'Competition', 'Reporting', and 'Help'. The 'Education' tab is highlighted in yellow, and a yellow arrow points to it from below. On the left side, the user's profile is displayed with a circular avatar containing 'AC', the name 'Alana Cunningham', and the roles 'Coach, Parent' and 'Member ID: E7F3D9F4519E4E'. Below the profile are two main sections: 'My Member Cards' with a sub-link '(Click to view card)' and 'My Family' with a sub-link '(Login accounts can be created for 8-17 year old family members)' and a plus icon.

3) Click on Safe Sport Courses

## USA Swimming University

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**Alana Cunningham**  
Roles: *Coach, Parent*

Filter By:

- Certifications
- All Courses
- My Courses
- Transcripts
- Safe Sport Courses

### My Courses

Certification F

All Courses



4) **Athletes** should take the “SafeSport For Youth Athletes”  
**Parents** should take the “Parents Guide to Misconduct”

**\*PLEASE MAKE SURE THAT YOUR SWIMMER IS IN THEIR OWN ACCOUNT AND YOU ARE IN YOURS\***

### Safe Sport Courses

#### Parents Guide to Misconduct in Sport

Format:


Dates : Open

Description : This is the parent training for the Safe Sport Recognition Program. Provided by the U.S. Center for SafeSport and designed for parents of youth athletes at any age, this free course educates parents on recognizing, responding to, and preventing abuse and misconduct in their child’s sport setting. Featured are voices and perspectives of experts and advocates, with sound guidance on fostering positive and safe sport experiences for children both on field and at home. Parents will come away equipped with information and tactics to minimize risks of harm to their children

Course Fee:\$0.00

Passing Grade/Score : NA/100

[GO TO COURSE](#)



**Alana Cunningham**  
Roles: *Coach, Parent*

Filter By:

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### Safe Sport Courses

#### SafeSport For Youth Athletes (13-17)

Format:

Dates : Open

Description : This is the athlete training for the Safe Sport Recognition Program. This course focuses on bullying and hazing prevention, supporting friends who have experienced sexual abuse or misconduct, and resources for reporting. Requires parental consent for registration

Course Fee:\$0.00

Passing Grade/Score : NA/100

[GO TO COURSE](#)

