**Helena Lions Swim Team**

**#502**

**SWIMMER ATTENDANCE POLICY**

**Purpose:** HLST believes a positive attitude leads to positive swim. Swimmers need to come to every practice and meet with a “CAN DO” attitude. There will be no refunds or make-ups scheduled for any missed practice times, whether due to circumstances of the swimmer or team.

Be Punctual. Coaches are doing their best to use practice time efficiently. Being late only inhibits you from getting the most out of the entire practice. The first part of practice is important for explanations, warm-up, and injury prevention. A swimmer should arrive at the pool in enough time to change clothes, gather and assist with setting up equipment and be ready to begin practice promptly at the time stated when practice will start. This probably means arriving at the pool 10 to 15 minutes prior to the actual start of practice!

Coaches are at the pool before, during and after practice every day. It is the swimmers responsibility to stay in a supervised area after they are dropped off ad until they are picked up. Because of the new USA Swimming rules, we will be enforcing our policy that coaches are not responsible for swimmers before or after the established drop-off/pick-up times for each practice.

According to USA Swimming rules, a coach may not be alone with a swimmer; therefore, the “two deep” policy will be strictly enforced. If a second coach is not present, the parent of the first swimmer to arrive will be asked to wait until another swimmer arrives. (In the case of a swimmer who drives himself/herself, they should wait in their car until someone else arrives.) Additionally, the second-to-last swimmer will not be allowed to leave until the last swimmer is picked up.

As part of their commitment to the team, and maintain the integrity of the program, all swimmers are expected to adhere to the minimum practice and meet attendance requirements as established for their practice groups. The coach needs to be notified in advance of any absences from practice or meets for which the swimmer has entered. Swimmers who fail to meet these expectations should be prepared to discuss their options with a coach, and may be requested to move to a different practice group.

Policy History:

Adopted on:

Revised on: 08/2012

Revised on: 02/08/2017