**APPROVED CPR/AED CERTIFICATIONS**

Requirements must be kept current at all times. There is no grace period; coach membership is not valid if any of the requirements lapse or expire. Coaches do not have USA Swimming insurance coverage if their membership is not valid; club insurance is also jeopardized by allowing coaches with lapsed certifications to be on deck. To help coaches manage their membership requirements, the date that each requirement expires is printed on the USA Swimming coach membership card, as well as being available on the Deck Pass app and through the online Club Portal. Below is a list of CPR/AED courses that have been approved by the Operational Risk Committee. **Certifications from courses not on this list will not be accepted**.

| **ORGANIZATION** | **COURSE NAME** | **NOTES RE THIS COURSE** |
| --- | --- | --- |
| American Red Cross1-800-red-cross or support@redcrosstraining.org *NOT ACCEPTABLE:** *Instructor certifications*
* *First Aid, Health & Safety for Coaches*
* *Foreign Red Cross certs*
 | Adult and Child CPR/AED |  |
| Adult and Pediatric CPR/AED |  |
| CPR/AED for Professional Rescuers and Healthcare Providers |  |
| Adult and Child First Aid/CPR/AED |  |
| Adult and Pediatric First Aid/CPR/AED |  |
| Responding to Emergencies |  |
| Lifeguarding/CPR/AED | Also acceptable for the STSC in-water skills requirement |
| Emergency Medical Response |  |
| Basic Life Support (BLS) for Healthcare Providers |  |
| Responding to Emergencies with CPR/AED – Adult and Pediatric |  |
| AAOS (American Academy of Orthopaedic Surgeons) | Healthcare Provider CPR/AED |  |
| American Heart Assoc. | ACLS Provider |  |
| Adult & Pediatric Basic Life Support | Two separate cards issued – one for Adult and one for Pediatric – both are required |
| Heartsaver CPR & AED | “Child CPR/AED” must be on the card. |
| Heartsaver First Aid with CPR & AED | “Child CPR/AED” must be on the card. |
| BLS for Healthcare Providers |  |
| HeartCode BLS |  |
| AHA Basic Life Support Instructor |  |
| AHA Instructor or Instructor Trainer  | Applies to any of the AHA courses above |
| American Lifeguard Assoc. | Lifeguard, or Lifeguard Recert, with CPR/AED  | Also acceptable for the STSC in-water skills requirement |
| ASHI (American Safety & Health Institute) | CPR and AED |  |
| CPR Pro |  |
| Basic Life Support |  |
| Pediatric CPR and AED | (The pediatric course does include adult CPR/AED) |
| Basic First Aid, CPR and AED |  |
| Boy Scouts of America | BSA Lifeguard  | Also acceptable for the STSC in-water skills requirement |
| California Parks & Rec | California State Lifeguard |  |
| Ellis & Associates | International Lifeguard Training | One year certification;Also acceptable for the STSC in-water skills requirement |
| Community CPR & AED |  |
| Water Safety+ |  |
| Int’l Lifeguard Training Instructor | Also acceptable for the STSC in-water skills requirement  |
| EMS Safety Services | CPR/AED for Community Rescuers |  |
| CPR/AED for Professional Rescuers |  |
| CPR/AED & First Aid for Community Rescuers |  |
| EMT  | Emergency Medical Technician Basic or Intermediate | The training agency for an EMT certification can be a hospital, fire department or other agency. |
| Emergency Care & Safety Institute | CPR and AED (“Interactive” is NOT acceptable) | In conjunction with the American Academy of Orthopaedic Surgeons (AAOS may appear on card) |
| Life Safe Services | American Trauma Event Management Adult/Pediatric CPR/AED |  |
| Medic First Aid Int’l | First Aid Basic Plus  |  |
| CarePlus CPR and AED |  |
| Pediatric Plus |  |
| NAUI (Nat’l Assoc of Underwater Instructors) | CPR & First Aid |  |
| National Safety Council | CPR & AED | Length of certification varies by training agency |
| First Aid, CPR & AED | Length of certification varies by training agency |
| Advanced First Aid, CPR & AED | Length of certification varies by training agency |
| Emergency Medical Response | Length of certification varies by training agency |
| Nat’l Registry of Emergency Medical Technicians | Paramedic |  |
| EMT – Basic or Intermediate |  |
| PADI Emergency First Response | CPR/AED – AdultCare for Children – CPR/AED | Two different courses – one for Adult and one for Child – both certs are required. |
| CPR/AED – Adult/Child/Infant | First Aid optional, not required |
| StarGuard | StarGuard | Also acceptable for the STSC in-water skills requirement |
| Tacoma Fire Dept | First Aid, CPR & AED |  |
| Basic CPR – Adult & Child with AED |  |
| Save-A-Life Educators | CPR/AED – Adult/Child, or Adult/Child/Infant | Must include in-person skills assessment; if “online training” is printed on card, it must be accompanied by a second card stamped “skills assessment passed”. |
| CPR/AED/First Aid |  |
| University Training Centers | Healthcare Provider BLS – Level B or C |  |

**APPROVED STSC IN-WATER SKILLS CERTIFICATIONS**

**This list applies to the STSC in-water skills component only; all coaches are required to complete the STSC online course and test.**

| **ORGANIZATION** | **COURSE NAME** | **NOTES RE THIS COURSE** |
| --- | --- | --- |
| American Red Cross1-800-red-cross or support@redcrosstraining.org *NOT ACCEPTABLE:** *Instructor certifications*
* *Foreign Red Cross certs*
 | Lifeguarding/CPR/AED | Also acceptable for the CPR/AED requirement |
| Lifeguarding |  |
| Lifeguarding Review |  |
| Shallow Water Lifeguarding |  |
| Extreme Shallow Water Lifeguarding |  |
| Aquatic Attraction Lifeguarding |  |
| Safety Training for Swim Coaches In-Water Skills Session |  |
| STSC In-Water Skills Checklist |  |
| American Lifeguard Assoc. | Lifeguard with CPR/AED | Also acceptable for the CPR/AED requirement |
| Lifeguard Recert with CPR/AED | Also acceptable for the CPR/AED requirement |
| STSC In-Water Skills Checklist |  |
| Boy Scouts of America | BSA Lifeguard | Also acceptable for the CPR/AED requirement |
| Ellis & Associates | International Lifeguard Training | One year certification; also acceptable for the CPR/AED requirement. |
| International Lifeguard Training Instructor | Also acceptable for the CPR/AED requirement |
| STSC In-Water Skills Checklist |  |
| International Life Saving Federation (ILS)(Foreign certifications) | Pool Lifeguard | Only accredited certification from ILS member federations is acceptable. Visit <http://ilsf.org/certification/equivalency-tables> for a listing of countries with ILS accredited certifications. |
| StarGuard | StarGuard | Also acceptable for the CPR/AED requirement |
| STSC In-Water Skills Checklist |  |
| YMCA of the USA*NOT ACCEPTABLE:** *Instructor certifications*
* *Foreign certifications*
 | Aquatic Safety Assistant (YASA) | 2016 version (v6) also acceptable |
| Lifeguarding | 2016 version (v6) also acceptable |
| Lifeguard Crossover | 2016 version (v6) also acceptable |
| STSC In-Water Skills Checklist |  |

**STILL HAVE QUESTIONS? Contact your Local Swimming Committee registrar.**

*Revised May 12, 2017*