# 2008 BAC Rocky Mountain Invitational Fortin Center, Rocky Mountain College, Billings, MT January 4, 5 and 6, 2008 

The Billings Aquatic Club extends an invitation to its Rocky Mountain Invitational Swim Meet, to be held at the Fortin Center, Rocky Mountain College, Billings, MT on January 4, 5 and $6{ }^{\text {th }} 2008$.

Location: The pool is located in the Fortin Center, $17^{\text {th }}$ Street West and Poly Drive. It is a regulation Short Course 25-yard pool, 6 lanes, non-turbulent lane markers.

Sanction and Rules: This meet is approved by the USA Swimming and Montana Swimming, Sanction \#0699. It is open to all swimmers holding a current USA Swimming card or the Canadian equivalent. Current USA Swimming and Montana Swimming rules will govern the meet. Timing will be by Colorado Timing System and two manual watches. All events will be timed finals. Age is determined as of the first day of the meet. No deck entries and no exhibition swimmers will be allowed. Swimmer and Coach registrations will be verified by the Montana Swimming Registration Chair prior to the meet.

Safety Regulations: Montana Swimming Safety Guidelines and Warm-up Procedures will be in effect and strictly enforced. A safety marshal will be on deck during the meet.

Entries: This is an open invitational swim meet. Swimmers will be seeded according to submitted fastest yard times. Events will be scored and awarded $8 \& \mathrm{U}, 9-10,11-12,13-14,15-16$, and 17-18. Swimmers age 19 and over who are USAS or the FINA equivalent registered athlete members are welcome and encouraged to compete, but will not receive awards. Relays will be swum in the $10 \& \mathrm{U}$, $11-12,13 \& \mathrm{O}$ age groups. Disabled swimmers are welcome. Those swimmers must contact the Meet Manager to arrange for any needed accommodations before December 30, 2007. It is at the discretion of the Meet Referee to determine whether the needed accommodations can be met by the meet resources. Each swimmer may compete in a maximum of five (5) individual events per day and one (1) relay each day, up to a meet total of ten (10) individual events. Entries are to be submitted using one of three methods: BECAUSE OF THE HOLIDAYS IT IS RECOMMENDED THAT YOU REGISTER EARLY.

1. E-mail (preferred): to googeandlisa@msn.com. Along with entries, include a file containing your team entry report and a relay report from Team Manager. Completed paperwork, disk and entry fees must be received by the entry deadline.
2. Hy-Tek disk: Team entries should be made on a 3.5 " Hy-Tek disk with Team Manager software. Please send a "Team Entry Report" as a backup. If relay entries are submitted on the disk, please include a written relay report indicating the relay Team members and alternates.
3. Master Entry Form: Entry information must be completely filled out as follows: first name and last name, actual age, sex, USA registration number, event and entry time for each swimmer.

The 1000-yd freestyle, the 1650-yd freestyle, the 400-yd individual medley and the 500-yd freestyle will be seeded by time only, swum with ages and sexes combined and will be scored and awarded by age group and female/male. The 1000, 1650 and the 500 yd freestyle will be swum fastest to slowest times. All swimmers of the 1000, 1650 and 500 - yd freestyle must supply their own timers and counter.

Entry Fee: An entry fee of $\$ 10$ plus $\$ 2$ per event will be charged. Relay entries are $\$ 5$ per team. Checks may be made out to the Billings Aquatic Club. No entries will be accepted without entry fee. No refunds will be given.

Deadlines: All entries must be received no later than December 26, 2007. Waivers must be signed. Please do not ask to enter an entire team by phone. Phone entries must send entry prior to start date of meet.
E-Mail - googeandlisa@msn.com
U.S. Mail - BAC c/o Lisa Sticka, 4660 Sticka Cir, Billings, MT 59106-4542
Phone - (406) 652-0016

Confirmation: A confirmation will be sent if an email address is included.
Schedule: Friday evening session will have warm-ups at 5:30 PM with the meet beginning at 6:00 PM. Saturday warm-ups begin at 7:30 AM with two 30 minute warm-up sessions. Lanes assignments will be e-mailed out by December 30, 2007. There will be an Officials meeting at $8: 00$ with the meet starting at 8:45 AM. There will be a 20 minute warm-up on Saturday before the 500 freestyle. There will be a 30 minute warm-up on Sunday at 7:00 AM for the 1000yd freestyle. The 1000 freestyle will begin at 7:30 AM. There will be a second warm-up held on Sunday for teams immediately following the 1000yd freestyle, but no earlier than $8: 30 \mathrm{AM}$. There will be two 30 minute sessions with the meet beginning at 9:45 AM

Awards: High point trophies will be given to the top 4 high point boy and girl swimmers, in each age group ages $8 \& U, 9-10,11-12$ and 13-14. The top three places for each event will receive medals and places 4 through 18 will receive ribbons. No points or awards will be given to swimmers over 19. Relay metals will be awarded $1^{\text {st }}-3^{\text {rd }}$ place. Points will be scored by 19-17-16-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1 for individual events. Relay points will not count in individual scoring.

Scratches: No scratch meeting will be held. Swimmers will be scratched on the block. There will be no Clerk of Course.

Concessions and Swim Shop: Will be provided by BAC parents.

Rocky Mountain College requires that NO FOOD, COOLERS OR BEVERAGES OTHER THAN WATER BE ALLOWED IN THE POOL AREA. Please help us comply with this regulation. Also, please be aware that the Fortin Center will be open to the public before, during and after the meet both days. No areas of the center should be considered secure. The Billings Aquatic Club and Rocky Mountain College will not be responsible for loss of or damage to any items.

We look forward to seeing you in January!!!!

Meet Referee: David Weller (406) 652-2683
Meet Manager: Glenda Hawker (406) 655-0204
Safety Marshal: Casey Murphy (406) 896-1390
Meet Registrar: Lisa Sticka (406) 652-0016, Anita Rambold (406) 655-1043

# 2008 BAC Rocky Mountain Invitational Schedule of events 

Friday, January 4, 2008
30 minute warm-up begins at 5:30

| Girls | Ages | Event | Boys |
| :--- | :--- | :---: | :---: |
| 1 (mixed) | $11 \& \mathrm{O}$ | 1650 Yard Freestyle |  |

Saturday, January 5, 2008
Warm-ups begin at 7:30 AM Meet begins at 9:00 AM
3 10\&U 200 Yard Medley Relay 4
$5 \quad 11-12 \quad 200$ Yard Medley Relay 6
7 13\&O 200 Yard Medley Relay 8
$9 \quad 8 \& \mathrm{U} \quad 100 \mathrm{IM} \quad 10$
11

13
Open $\quad 100$ Yard Fly
14
15 8\&U 25 Yard Back 16
17 Open 200 Yard Back 18
19 Open 50 Yard Breast 20
21 Open 100 Yard Free 22
23 Open 50 Yard Back 24
$25 \quad 8 \& U \quad 25$ Yard Breast 26
$27 \quad 9 \& 028$
29(mixed) $10 \& 0 \quad 400$ Yard Ind. Medley

20 MINUTE WARM-UP

31 (mixed) 9\&O 500 Yard Freestyle

# 2008 BAC Rocky Mountain Invitational Schedule of events 

Sunday, January 6, 2008
OPEN 30 MINUTE WARM-UP FOR 1000 at 7:00 AM

| Girls | Ages | Event | Boys |
| :--- | :--- | :---: | :---: |
| 33 (mixed) | 98 O | 1000 Yard Freestyle |  |

Team warm-ups: begin no earlier then 8:30 AM

35
37

10\&U
200 Yard Freestyle Relay36

200 Yard Freestyle Relay ..... 38

11-12

200 Yard Freestyle Relay ..... 40
13\&O200 Yard IM42
8 \& U 25 Yard Free ..... 44
9 \& O 200 Yard Free ..... 46Open 50 Yard Fly48
Open 100 Yard Back ..... 50
Open 100 Yard Breast ..... 52Open 50 Yard Freestyle54
8 \& U 25 Yard Fly ..... 569 \& O 200 Fly60

# 2008 BAC Rocky Mountain Invitational <br> January 4, 5 and 6, 2008 

## ENTRY SUMMARY FORM

TEAM: $\qquad$

COACH: $\qquad$

Number of swimmers entered : $\qquad$ $X \$ 10.00=$ $\qquad$
Number of individual entries: $\qquad$ X \$2.00 = $\qquad$
Number of relay entries: $\qquad$ $\mathrm{X} \$ 5.00=$ $\qquad$
Please indicate the approximate number of qualified stroke and turn officials who may be attending this meet and would be willing to officiate: $\qquad$

Please furnish name, address, e-mail address and telephone number of your Team representative who may be contacted regarding these entries:

## WAIVER

In consideration of this entry, I/we the undersigned parent, guardian or coach, hereby for ourselves, our heirs, administrators or assigns, so waiver, release and forever discharge any and all rights and claims for damages I/we may have against Rocky Mountain College, Billings Aquatic Club, Montana Swimming, USA Swimming, their agents, representatives, successors and assigns for any or all injuries arising out of travel to and from or participation in said meet.

Signature of Coach or Parent: $\qquad$

Date: $\qquad$

## MONTANA SWIMMING USA SWIMMING REGISTRATION CONFIRMATION

We hereby submit our team's entries and fees for your upcoming meet and verify that the below named coaches will be in attendance. These coaches are current in all requirements set forth by USA Swimming: Red Cross Safety Training for Swim Coaches First Aid and CPR.

Team name: $\qquad$
Coaches Name: $\qquad$
Coaches Name: $\qquad$
Coaches Name: $\qquad$
Coaches Name: $\qquad$
Club sending swimmers without coaches should notify the Referee upon arrival. They will warm-up under the supervision of the meet marshal.

We further verify that all our entered swimmers are registered athlete members of USA Swimming for the current year.

Signature: $\qquad$
Printed Name: $\qquad$ Phone: $\qquad$
Club Title or Position: $\qquad$
The above information must be furnished and the proper signatures executed before entry into the named meet will be allowed.

Meet Name: 2008 BAC Rocky Mountain Invitational
Meet Dates:
January 4-6, 2008
Meet Location: Fortin Center, Rocky Mountain College
Host Club: Billings Aquatic Club

## RELAY ENTRY SHEET



| Event: | Event \# ___ Age Group | F ___ M___ Mixed |
| :---: | :---: | :---: |
| Team A | Team B | Team C |
| 1. | 1. | 1. |
| 2. | 2. | 2. |
| $3 .$ | 3. | 3. |
| 4. | 4. | 4. |
| Time: | Time: | Time: |
| Alt. | Alt. | Alt. |


| Event: | Event \# ___ Age Group | ____ Mixed |
| :---: | :---: | :---: |
| Team A | Team B | Team C |
| 1. | 1. | 1. |
| $2 .$ | 2. | 2. |
| 3. | 3. | 3. |
| 4. | 4. | 4. |
| Time: | Time: | Time: |
| Alt. | Alt. | Alt. |

