

2008 HLST JAMIE TURNER MEMORIAL MEET (JTM)

February 15, 16, & 17 2008

Sponsored by the Helena Lions Swim Team

- Approval:** #0703. This meet is approved by Montana Swimming and USA Swimming. The 2007-2008 rules of Montana Swimming and USA Swimming will govern the conduct of the meet. This is a closed deck meet. Only athletes, certified coaches, officials, timers, and meet management may be on deck, except that one parent of 8&U swimmers may accompany swimmers to the start area and may be on deck two heats prior and one heat after that event.
- Dates:** Friday, Saturday, and Sunday February 15, 16, and 17, 2008
- Location:** The pool is located in the PE Center on the north end of the Carroll College Campus at 1601 Benton Ave. It is a regulation short course 25-yard pool, 6 lanes, with non-turbulent lane markers. Parking is available and the area is close to many hotels. Walking / running routes are easily accessible from the PE Center.
- One balcony of the gym will be available for swimmer seating – event/heat boards or close circuit TV will be maintained on the balcony. There are also viewing bleachers above the pool. There will be a basketball tournament held at the PE Center on Friday and Saturday; therefore, swimmers are encouraged to sit in the gym balcony and the pool viewing area – not in the lobby. HLST will operate concessions tables in the PE Center lobby and a swim shop in a room adjacent to the lobby. The basketball tournament will operate their concessions in the lobby as well (from the permanent stand). Swimmers are encouraged to support the HLST concessions stand.
- Time:** The meet will begin Friday, February 15, 2008 with the 1650 Free at 5:00 p.m. A 20 minute warm up for those swimming the 1650 will start at 4:30. Warm ups will begin at 7:00 am on Saturday and Sunday for Sessions 2 and 5. The meet will begin at 8:15 am each day. There will also be a warm up session immediately following Events #16, #48 and Event #64 for those swimming the Session 3, 6 & 8. Warm ups for Sessions 4 & 7 will start immediately following the 500 Free and 400 IM. Warm up times and lane assignments will be announced once entries are received. There will be an officials meeting and a coaches meeting prior to the start of the meet each day.
- Timing:** Electronic timing by Daktronics Scoreboard system or three manual stop watches. All events will be timed finals.
- Eligibility:** All swimmers must have a current USA Swimming, FINA equivalent registration card or a Masters Swimming registration card. To insure eligibility, please include each swimmer's current USA/FINA/Masters registration number. The swimmer's registration numbers will be verified with the MT Swimming Registration Chairperson. Swimmers age as of February 15, 2008 will determine the age for

the meet. Swimmers must swim in their proper age group. **Coaches' credentials will be checked and only those currently registered will be allowed on deck.**

Meet Format: Events will be swum as noted on the enclosed Order of Events and will be scored and awarded 8&U, 9-10, 11-12, 13-14 and 15&Over. Swimmers over the age of 19 are welcome to join us but there will be no awards or points earned for this age group. No relays will be offered at this meet. All events will be timed finals. Swimmers entering the 400 IM will be swum as seeded in the program, women then men, slowest to fastest. The 1650, 500 & 1000 Free will be **limited to 10 heats** of swimmers. Please include an alternate event selection. *The 500 Free will be swum as seeded in the program, mixed, slowest to fastest. This will allow morning swimmers to swim the 500 and leave for the day and then allow the older swimmers to arrive to swim just before the afternoon session begins.* There will be a positive check in for the 1650 and 1000 Free.

Entry Deadline: **Team entries must be received no later than Friday February 8, 2008.** Phone entries for individuals only will be accepted **until 7:00 p.m. MDT on Saturday February 9, 2008.** Phone and email entries can be made with the meet registrar, Darcie Conquergood at (406) 202-2367 or bdconquer@msn.com.

Entries: All entries must be submitted on either e-mail (preferred method) using Hy-tek software, on a 3-1/2" formatted disk or on the enclosed master sheet. If sending disk, please send a paper copy of the "Team Entry Report" as a back up. USAS/FINA/Masters numbers must be used with either format. Please submit fastest times in yards format. No time (NT) entries will be accepted for all events. There will be no deck entries.

MAIL ENTRIES TO:

Helena Lions Swim Team, P.O. Box 936, Helena, MT 59624

Limitations: Swimmers may swim a maximum of eight (8) individual events with a maximum of four (4) individual events per day. Disabled swimmers are welcome. Disabled swimmers must contact the meet referee to arrange for any needed accommodations by February 4, 2008. It is at the discretion of the meet referee to determine whether the needed accommodations can be met by the meet resources. Disabled swimmers must also contact the Awards Chair or Meet Manager on or before February 4, 2008 to allow time for the ordering of awards.

Entry Fees: Fees will be \$10.00 per swimmer and \$2.00 per event. Entry fees must accompany the entries and checks should be made payable to Helena Lions Swim Team (HLST). One check per team please!

Awards: Medals will be awarded for 1st through 3rd place and ribbons for 4th through 16th place for individual event for swimmers 12 and under. Medals will be awarded 1st through 3rd place for swimmers 13 and over. There will be no awards for swimmers ages 19 and older. There will be no awards ceremony. Awards will be taken to the state meet for coaches to pick up at that time.

- Safety:** Montana Swimming safety guidelines and warm-up procedures will be in effect and strictly enforced. A safety marshal will be on deck at all times. Coolers of water will be on deck to ensure hydration of swimmers. Carroll College requires that **NO FOOD, COOLERS OR BEVERAGES OTHER THAN WATER BE ALLOWED IN THE POOL AREA.** Please help us comply with this regulation. No areas of the PE Center should be considered secure. The HLST and Carroll College will not be held responsible for loss of or damage to any items.
- Scratches:** There will be no clerk of course. Heat and lane assignments will appear in the program. Swimmers are responsible for taking their position behind the blocks. Coaches shall report scratches on the scratch sheet or to the meet referee prior to the start of the meet both days.
- Concessions:** Helena Lions Swim Team will be operating concessions with a wide variety of food items and will also provide a swim shop.
- Hotels:** A list of hotels offering swim meet specials is at the end of this contract and will also be posted on the HLST website at <http://helena.usswim.net>. (More hotels might be listed on the website).
- Final Results:** Meet results will be posted to the Montana Swimming website at <http://montana.usswim.net>.
- Officials:** To the greatest extent possible, teams will be expected to provide timers. Timer sign up sheets will be available at the meet. Helena Lions Swim Team appreciates the help of certified officials from other clubs. Training assistance for new officials will be available to the greatest extent possible.
- Meet Directors:** Darlene Rushing (phone 406/459-8078) Rrckng4r@aol.com
and Jennifer Bauer (phone 406/846-9527) ljbauer@hughes.net
- Awards:** Emmie Kleppelid (phone 406/443-6045)
- Meet Referee:** Randy Vook (406) 495-0026 rshandyman@msn.com
- Meet Registrar:** Darcie Conquergood (406) 202-2367 bdconquer@msn.com
- Safety Marshal:** Michelle Lemm
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Order of Events

Friday–Session I					
1	Mixed 11 & Over	1650 Free			
Saturday					
Session 2					
3	10 & U 50 Back	4			
5	10 & U 100 Free	6			
7	10 & U 50 Breast	8			
9	8 & U 25 Fly	10			
11	9 & 10 100 Fly	12			
13	8& U 25 Free	14			
15	10 & U 200 IM	16			
Session 3					
17	9 - O 500 Free	18			
Session 4					
19	11 - O 50 Breast	20			
21	11 - O 100 Fly	22			
23	11 - O 200 Back	24			
25	11 - O 100 Free	26			
27	11 - O 200 Breast	28			
29	11 - O 50 Back	30			
31	11 - O 200 IM	32			
Sunday					
Session 5					
33	10 & U 100 IM	34			
35	10 & U 50 Free	36			
37	8 & U 25 Breast	38			
39	9 & 10 100 Breast	40			
41	10 & U 50 Fly	42			
43	8 & U 25 Back	44			
45	9 & 10 100 Back	46			
47	10 & U 200 Free	48			
Session 6					
49	11 & Over 400 IM	50			
Session 7					
51	11 - O 100 Back	52			
53	11 - O 50 Fly	54			
55	11 – O 200 Free	56			
57	11 & O 100 IM	58			
59	11 - O 200 Fly	60			
61	11 - O 50 Free	62			
	11 – O 100				
63	Breast	64			
Session 8					
	Mixed 11 & O				
65	1000 Free				

Hotels offering Swimmer Packages –

For the

HLST JAMIE TURNER MEMORIAL MEET

Feb.15 – 18, 2008

Helena, MT

(2 pages)

BEST WESTERN HELENA GREAT NORTHERN HOTEL: Director of Sales is Carol Eichler. Phone 406/457-5500 local or reservations only 1-800-829-4407. Located at 835 Great Northern Blvd, in the Great Northern Town Center of Helena; near Carroll College. Memorial Park Pool, numerous restaurants and shops. February Meet Rate is \$95.00 (plus 7% accommodations tax) for up to 4 people per room (2 adults and 2 children) – ask for “Lions Swim Team Group Rate”. A deluxe continental breakfast (open from 6 am to 10 am each day) is included. Hotel is 100% non-smoking; there is a 24-hour business center, indoor pool and hot tub, fitness center, and guest laundry. Small pets only are allowed: they must be kept with the guest or in a kennel while alone in the room. The pet fee is \$10.00 per day. Fridges and microwaves are available in some rooms. *(NOTE: Hotel has limited availability in July (swim meet rates will be \$112.00 plus tax)– reserve early if planning to attend the Capital City Invitational July 11-13th)*

RED LION COLONIAL HOTEL: Contact person is Crystal Kelly. Phone 406/443-2100 or 1-800-733-5466. Conveniently located at 2301 Colonial Drive, with easy access to Carroll College and Memorial Park Pool. February Swim Meet rate is \$82.95 plus tax. Ask for LIONS SWIM MEET rate. The restaurant serves breakfast, lunch and dinner. Continental breakfast will be available from 6:00 am until 9:00 am and is included in the rate. Hotel features include indoor pool, hot tub, fitness room, outdoor pool, and newly renovated guest rooms and conference rooms. Pets are welcome - there is a \$20.00 pet fee. Fridges and microwaves are available on request.

THE PARK PLAZA HOTEL: Contact person is Cherry Beatty. Phone 406-443-2200 or 877-774-3536. Ideally located on the historic walking mall at 22 North Last Chance Gulch Street. The group rate set for swimmers will be \$73.00 plus tax (or \$78.11 with tax). The name of the rate to ask for is the “Helena Lions Swim Team”. Special amenities include: Fitness room, Pool, Hot Tub, Trolley service, On-site restaurant, Lounge for parents. Pets are welcome for a \$10.00 nightly fee. Refrigerators and microwaves are available upon request. *The on-site restaurant does not have a breakfast bar, however a breakfast buffet can be offered IF REQUESTED AT LEAST 2 WEEKS IN ADVANCE, with the number of breakfasts desired (either continental at \$6.95 per person, or Standard at \$9.95 per person). This can be available at 6 am both Saturday and Sunday.* The Park Plaza Hotel is proud to sponsor the Helena Lion’s Swim Meet!

WINGATE BY WYNDHAM: Contact person is Donna Graveley. Phone 406/449-3000 or 1-866-300-7100 for direct reservations. Located at 2007 North Oakes, just off Cedar Street Exit of I-15, behind Perkins Restaurant. Call the hotel directly and ask for “Team Rates – Swim Meets”. Free hot Breakfast Buffet available daily from 6:00 am to 10:00 am. Microwaves, fridges, coffee makers, hair dryers and irons in every room. Hotel features an indoor pool, Jacuzzi, fitness center and business center. Guests receive 15 % discount at the Perkins Restaurant next door. Free shuttle service available within city limits. Pets are accepted with \$10.00 fee.

HAMPTON INN: Contact person is Jena Sabatini. Phone 406/443-5800. Located at 3000 Hwy 12 East, one block east of Wal-Mart. Ask for “Helena Lions Swim Meet Rate” to receive the group rate set for our February meet: \$79.00 per room with King or Two Queens or \$84.00 for room with King or Two Queens and a microwave/refrigerator. The Hampton Inn features guest rooms with Cloud Nine bedding, free high-speed Internet access, hairdryers, iron and ironing boards plus most have a microwave/refrigerator combo. Guests can check email or surf the web in the Business center; or use the Indoor Pool and Fitness Room. “On the House” hot breakfast is available daily from 6:00 am – 10:00 am. Outstanding service and cleanliness is backed by a 100% Satisfaction Guarantee.

**2008 HLST Jamie Turner Memorial Meet
ACCOUNTING AND WAIVER SHEET**

HLST, P.O. Box 936, Helena, MT 59624

Please enclose this accounting sheet with your entries.

TEAM _____

Total # swimmers at \$10.00= _____

Total # entries at \$2.00 = _____

TOTAL ENCLOSED (in U.S. dollars only) = _____

Please furnish name, address, e-mail address, and telephone number of Team Representative who may be contacted regarding these entries:

MONTANA SWIMMING - USA SWIMMING REGISTRATION CONFIRMATION

We hereby submit our team's entry sheets and fees for your upcoming meet and verify that the below named coaches will be in attendance. These coaches are current in all the requirements set forth by USA Swimming or the Canadian equivalent including Red Cross Safety Training for Swim Coaches or Lifeguard Training, First Aid, and Cardiopulmonary Resuscitation.

Coach's Name: _____

Coach's Name: _____

Coach's Name: _____

Clubs sending swimmers without a coach shall notify the meet registrar when submitting entries. The swimmers will be assigned to a coach in attendance at the meet. The swimmer may also request a specific coach to be assigned to for the meet. We further verify that all our entered swimmers are registered athlete members of USA Swimming for the current year.

WAIVER

In consideration of the acceptance of this entry, I/we, the undersigned parent, guardian, or coach hereby, for ourselves, our heirs, administrators, assigns, release and forever discharge any and all rights and claims for damages I/we may have against the Helena Lions Swim Team, Jamie Turner Memorial Swim Meet, Carroll College, MT Swimming, USA Swimming, their agents, representatives, successors or assigns for any or all injuries arising out of travel to and from, or participating in said meet. It is agreed that the team shall be responsible for any damages caused to facilities or equipment by any members of the team.

Signature of Club Official, Parent, Guardian, or Coach Club Position or Title:

Date: _____

Address: _____

E-mail address: _____

It is most important that the above information is completed and this form returned with your entries.

Meet Name: 2008 HLST Jamie Turner Memorial Meet

Meet Date(s): Friday, Saturday, and Sunday February 15-17, 2008

Location: Carroll College PE Center, Helena, MT

Host Club: Helena Lions Swim Team