

**2008 USA SWIMMING/SPEEDO CHAMPIONS SERIES  
WESTERN REGION LONG COURSE SECTION CHAMPIONSHIP  
Hosted by KING Aquatic Club  
Weyerhaeuser King County Aquatic Center  
March 5 -9, 2008**

**Held Under the Sanction of Pacific Northwest Swimming and USA Swimming, Inc.  
Sanction No.: 0803-WRSC  
Time Trial Sanction No.: 0803-WRTT**

**Location:** Weyerhaeuser King County Aquatic Center, Federal Way, Washington

**Facility:** World class aquatic facility, site of the 1990 Goodwill Games and 1991, 1994, 1997, 2000, 2006 Spring USA Swimming Nationals, and the 2003 US Open. Indoor 50-meter, 9 feet deep, 8-lane competitive pool. Diving tank will be available for continual warm-up. OMEGA electronic timing system with an 8-lane alphanumeric readout scoreboard.

<b>Meet Referee:</b>	Ken Breiding 25305 121 Pl. SE Kent, WA 98030 (253)630-1198 (H) Email: kenbreiding@comcast.net	<b>Admin Referee:</b>	Dave Coddington 22023 128th Pl SE Kent, WA 98031 (253)630-4437 (H) Email: djcoddington@comcast.net
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**Meet Director:** Julia Hansen  
10608 130<sup>th</sup> Ave E  
Puyallup, WA  
(253)770-1431 (H); (253)318-9327 (C)  
Email: hansenpauljulia@qwest.net

**Dates:** **March 5-9, 2008: Wednesday, Thursday, Friday, Saturday and Sunday**  
Tuesday, March 4, 2008, 4:30 p.m. to 7:00 p.m. and Wednesday, March 5, 2008, 1:00 p.m. to 3:00 p.m. the pool is available for supervised warm-up (no marshals); certified coaches must be on deck. Additional time may be available, contact the Meet Director for more information.

<b>Schedule:</b>	<b>Wed, March 5<sup>th</sup></b>	<b>Finals:</b>	Warm-Up: 3:00 - 4:20 p.m. Competition: 4:30 p.m.
	<b>Thurs thru Sat, Mar 6<sup>th</sup>-8<sup>th</sup></b>	<b>Prelims:</b>	Warm-Up: 7:30 – 8:50 a.m. Competition: 9:00 a.m.
		<b>Finals:</b>	Warm-Up: 4:00 - 5:20 p.m. Competition: 5:30 p.m.
	<b>Sun, March 9<sup>th</sup></b>	<b>Prelims:</b>	Warm-up: 7:30 – 8:50 a.m. Competition: 9:00 a.m.
		<b>Finals:</b>	Warm-up: 3:00 – 4:20 p.m. Competition: 4:30 p.m.

**Rules:** Current USA Swimming rules will govern this meet. Meet format will be Prelims (8 lanes) and Finals (8 lanes). One championship heat (8 lanes) and two consolation heats (8 lanes) will compete in Finals except as noted in Schedule of Events. Seeding for the meet will be Long Course Meters (LCM), Short Course Meters (SCM) and Short Course Yards (SCY). Bonus events will be seeded after all of the above.

**PLEASE REVIEW SCRATCH RULES AND CHECK-IN PROCEDURES LISTED ON FOLLOWING PAGES.**

**Eligibility:** Open to all swimmers who:

1. Are currently registered with USA Swimming LSC's within the Western Region Blue Section of the Western Zone as of the day meet entries close.
2. Are full-year members of USA Swimming. **Note: It is the legal responsibility of each club to ensure that each swimmer listed on the Master Entry Form is USA Swimming Registered for the current year. There will be no on-deck USA Swimming registration.**
3. Have met the appropriate 2008 qualifying times in competition, between March 8, 2007, and the entry deadline. **(NOTE: Penalties apply for unproven entry times.)**
4. Meet management will produce a psych sheet prior to the start of the meet with markings to indicate times requiring proof as required under #5 below. The psych sheet will be posted on the KING Website [www.kingaquaticclub.com](http://www.kingaquaticclub.com).
5. Each entry time used must be from a "Sanctioned" or "Approved" meet, or from an "Observed Swim" in accordance with USA Swimming Rules and Regulations. Entry times which are not in the SWIMS database must be proved to the meet director, or designated representative, prior to the scratch deadline for the event. Failure to provide such proof of time prior to the scratch deadline for the event will result in a \$100 fine assessed against the club or individual swimmer, if unattached. There is no requirement to prove relay entry times.
6. An official time can be achieved only in USA Swimming sanctioned or USA Swimming approved competition, or in an observed swim in accordance with all applicable rules. (102.16.4A in the 2007 USA Swimming Rule Book)

**Event Limit:** Each swimmer entered may participate in up to six (6) individual events and up to five (5) relays. No swimmer may participate in more than three (3) individual events per day, including time trials. All swimmers, including relay only swimmers, are limited to three (3) time trials. There is no limit to the number of relays a club enters, only top 2 relay teams per club score.

**Time Line:** All preliminary events except the 50 M Freestyle and Relays will be double ended with starts from both ends of the pool. If the projected length of a preliminary session exceeds 4½ hours, the meet referee, in consultation with the meet host and the Western Region Section Officers, reserves the right to first, "double end" the meet (have starts from both ends of the pool) and if the preliminary session still exceeds 4½ hours, to divide the preliminary session into "A" and "B" sessions. The "A" session will consist of the fastest 7 heats (5 of the 400 meter events) with the remainder of the heats in the "B" session. The "B" session will be swum fastest to slowest.

If the projected length of Sunday's 1500 freestyle preliminary events does not allow for the scheduled Finals start time, the meet referee reserves the right to first, reduce the warm-up time for the Finals' session to one hour; second, to begin the Sunday warm-up period for the

preliminary session one hour earlier (6:30 a.m.); and third, to swim some number of the heats two-to-a-lane.

**Bonus Events:** Swimmers may enter a bonus event for each qualified event with a maximum of (1) bonus swim as follows:

One (1) Qualified Event	1 Bonus Event	2 Total Events
Two (2) Qualified Events	1 Bonus Event	3 Total Events
Three (3) Qualified Events	1 Bonus Event	4 Total Events
Four (4) Qualified Events	1 Bonus Event	5 Total Events
Five (5) Qualified Events	1 Bonus Event	6 Total Events
Six (6) Qualified Events	0 Bonus Event	6 Total Events

**For teams using Team Manager 4.0, bonus swims should be designated in the Meet Entry Screen for individual entries or, if using paper entry, circle the bonus time on the Master Entry Forms.**

**Bonus swims should be entered using the swimmer's best-achieved time that is not an event qualifying time. NT is not acceptable.**

**Entries:** **Entries may be submitted on line beginning on January 15, 2007** (12:00AM PST) through the USA Swimming website: [www.usaswimming.org/ome](http://www.usaswimming.org/ome) . Online entries will be accepted until February 28th(11:59PM PST). You will be required to **pay for the online entries with Visa, Master Card, American Express, or Discover.** Once you complete your online entry you will be sent a confirmation email. Bring all communications with you to the meet in case of problems with entries. You can return to your entry after you have checked out to modify entry times should they improve during the entry period. You can also add events to your entry but you **cannot delete events after you have paid for them.** If you are entering online, please **DO NOT** submit a paper entry to USA Swimming. For help with on line entry, please contact Susan Woessner at USA Swimming (719) 866-4578.

**Entries will only be accepted upon receipt of all of the following by the entry deadline:**

1. **COMMLINK file**, exported from Team Manager, if used.
2. **Meet Entry Reports** for individual (with proof of time and sorted by swimmer) and relay (sorted by event) events from Team Manager--preferred--or equivalent hardcopy.
3. **Meet Entry Fee Report** from Team Manager--preferred or equivalent hardcopy.
4. **Team Information/Master Entry Form**--completed and hand-signed hardcopy only (original or faxed); typed signatures will not be accepted. *It is very important to have a contact number for each coach while they are in Federal Way—please fill in this information on your Team Information Form.*
5. **Meet Entry Fees**--one check payable to KING Aquatic Booster Association.

**Submittal formats:**

1. On-line entries using the USA swimming website at [www.usaswimming.org/ome](http://www.usaswimming.org/ome). See above.
2. Electronic files: email attachments--preferred--or disk. If emailing the COMMLINK file, include items #2 and #3 above in Word for Windows format in your email. Items #4 and #5 must still be received by the entry deadline.
3. Hard copies: Mail or fax. If sending via express mail, waive signature requirement.

To insure correct entries, teams that do not have Team Manager or equivalent software can

use Hy-Tek Lite to complete and submit entries for this meet. It is available at no charge at <http://www.hy-tek.com/downloads.html>.

Please enter with an accurate time achieved in the proper course. **Converted times will not be accepted.** Submit the swimmer's best achieved time. **Entries must be accompanied by payment.** Each swimmer's current USA Swimming number must be on the entry form. Relay-only swimmers must be listed on the entry form and the appropriate surcharge included with the entry. **No Faxed entries will be accepted other than those for first time swims made February 28<sup>th</sup> through March 4<sup>th</sup>.**

Entries submitted via the enclosed entry form must be submitted to the 100<sup>th</sup> of a second on the enclosed entry forms. If a standard is achieved in short course yards (SCY) or short course meters (SCM), please be sure to enter the event with that time and clearly mark that it is SCY or SCM.

Entry forms must provide **all information** requested in order to be considered official.

Please insure all forms submitted are legible. Meet management will make every reasonable attempt to verify questionable entries. Mistakes due to errors, either wrong entry times or illegible entry times, on the Master entry Forms will result in an entry time for prelims (or timed finals) equal to the long course meter qualifying standard. Errors on the part of the meet host will be corrected and the event re-seeded if necessary. The Meet Referee will be the final authority for the correction of errors.

**Entry Fees & Surcharge:** \$15.00 Surcharge Per Swimmer  
\$7.50 Individual Event Fee  
\$15.00 Relay Fee  
\$10.00 Time Trial fee for individual events and \$15.00 Time Trial fee for relay events  
  
\$5.00 Paper Entry Processing Fee per team  
\$5.00 Paper Entry Processing Fee per unattached swimmer

**Entry fees must accompany Master Entry Form.**

Please make checks payable to: **KING Aquatic Booster Association.**

**Entry Deadline: Entries must be received by 11:59 p.m., Wednesday, February 28, 2008**

If mailing entries, they must be postmarked by this date. Overnight mail service is recommended--**please mark "no signature required"**. Late entries, entries without fees, "no time" entries, and entries without proper payment will not be accepted. No refunds will be given to teams or individuals who withdraw after the entry deadline.

Entries for swims from Wednesday, February 28, 2008, through Sunday March 4, 2008, which achieve a first time individual qualifying standard, must be made on the FAX entry form enclosed and sent by FAX transmission. FAX entries must be received no later than 11:59 p.m. (PDT) on Sunday, March 4, 2008, and may not be used to improve the seed time of a previously submitted entry. **Relay FAX entries will not be accepted after the normal entry deadline. Updating bonus swims to a qualifying time after the entry deadline is not permitted. However, a swimmer who swims a first-time qualifying time in an event in which they had previously entered as a bonus swim, may treat the bonus swim as a qualifying swim in order to allow for additional bonus swims. Adding bonus swims for qualifying times achieved after the entry deadline is permitted.**

**Late entries will not be accepted. Updating of times is not permitted after the entry deadline.**

**Entry Address: Email:** hansenpauljulia@qwest.net

**Hard copies and payment:**

Julia Hansen  
10608 130<sup>th</sup> Ave E  
Puyallup, WA 98374

**FAX:** 253-770-1431, Please call first for fax to be turned on by Meet Entry Chair

**Meet Entry Chair:** Julia Hansen, (253) 770-1431

**Questions concerning meet entries should be directed to the Meet Referee–NOT to the Meet Entry Chair.**

**Scratch**

**Procedures:**

The USA Swimming National Championship scratch procedure and no show rule will be used at this meet, subject to the modifications described below. These rules are described in the current USA Swimming Rules (207.12.10 in the 2007 Rule Book).

**SWIMMERS MUST CHECK IN FOR THE 800 FREESTYLES AND 200 FREE RELAYS ON WEDNESDAY AFTERNOON NO LATER THAN 15 MINUTES AFTER THE CONCLUSION OF THE GENERAL MEETING. SWIMMERS ARE CONSIDERED CHECKED IN FOR ALL OTHER EVENTS EXCEPT RELAYS AND THE 1500 FREESTYLES UNLESS SCRATCHED.**

1. The Scratch Box will be located at the Clerk of Course for the duration of the meet.
2. Scratches prior to the seeding of preliminary heats shall be confirmed by properly filling out and depositing a scratch card in the scratch box, available at the Clerk of Course.
3. Entrants in the 800 and 1500 Freestyles must check-in and confirm their intention to compete before the scratch deadline in order to be seeded. For the 1500 yard freestyles, seeded heat sheets will be published at the end of finals on Saturday.
4. Scratch/Check-in Deadlines are as follows:  
Check in for all relays and the 800 and 1500 Freestyles, or place your scratch card in the Scratch Box located at the Clerk of Course according to the following time lines:
  - A. **Wednesday March 5<sup>th</sup>** - Swimmers must check in at the Clerk of Course no later than 15 minutes after the conclusion of the general meeting for the 800 freestyles and the 200 Free Relays.
  - B. **Thursday March 6<sup>th</sup>** - The Scratch Box will close 30 minutes after the start of Wednesday's Finals session (5:00 p.m.).
  - C. **Friday, March 7<sup>th</sup>** – The Scratch Box will close 30 minutes after the start of Thursday's Finals session (6:00 p.m.).
  - D. **Saturday, March 8<sup>th</sup>** – The Scratch Box will close 30 minutes after the start of Friday's Finals session (6:00 p.m.).
  - E. **Sunday, March 9<sup>th</sup>** - The Scratch Box will close 30 minutes after the start of Saturday's Finals session (6:00 p.m.). Entrants in the 1500-meter freestyles must check-in and confirm their intention to compete before the scratch deadline on

Saturday in order to be seeded.

- F. **Finals** - swimmers should report to the Administrative Referee within 30 minutes of the announced qualifiers for that race that they may not intend to compete and should further declare to the Administrative Referee their final intentions within thirty (30) minutes following their last individual preliminary event.

**Entries for all relays must check in prior to the scratch deadline in order to be seeded.**

Each coach shall pick up relay entry forms from the Clerk of Course on which lists the competing relay swimmers, their first and last names, ages, and order of swimming, for each entered relay. Relay forms shall be returned to the Clerk of Course approximately one (1) hour prior to the start of relays. However, they may be changed up to the time of the swim.

**Scoring:** Scoring will be on a sixteen (16) place basis (must meet time standard).  
Individual Events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1  
Relay Events receive double these point values.

**Awards:** Medals will be provided for top 8 places for individual and 3 places for relay events  
Trophies for team awards -- first through third places for men, women and combined  
Women's and Men's Individual High Point Awards  
Team scoring will be based on 16 places per event including relays

**Travel Fund:** Swimmers who attend are eligible to receive a travel reimbursement. The amount of the reimbursement will be determined based upon total entry fees for this meet and the number of swimmers who qualify and attend. Application for the reimbursement must be made by submitting the attached form within 15 days following the conclusion of the meet (March 24, 2008).

**Meetings:** **General Meeting:** A general meeting will be held Wednesday, March 5th at 2:00 p.m. Teams must have a coach or team representative in attendance. Coaches' packets may be picked up at the meeting or at the Clerk of Course 30 minutes following the meeting. Current coaching credentials must be shown in order to pick up packet.

**Officials:** There will be an officials meeting one (1) hour prior to the beginning of each session each day.

**Section Business Meeting:** 30 minutes after the conclusion of Friday's preliminaries in the room adjacent to the control room. The exact time of the meeting will be announced during the meet.

**Officials:** We appreciate the help of certified officials from other clubs; if you will be attending this meet please return the attached Application to Officiate. In order to be considered for an assigned position, applications must be received by January 31, 2008.

**National Championship**

**Certification:** This meet has been designated as a training meet for N2 and N3 Officials Certification. Officials wishing to obtain or renew this level of certification must apply on the attached application form, and notify Ken Breiding, Meet Referee, upon arrival at the meet. Instructions for Certification will be provided during the Officials' briefings.

**Hospitality:** A hospitality room will be provided for officials and coaches.

**Warm-Up Procedures:**

General Warm-up (first half) NO DIVING from the blocks or sides of pool.  
Sprint and Pace Warm-up (remainder).  
Lanes 1 & 8 pace lanes—push off, one or two lengths and back. No diving or racing starts.  
CIRCLE SWIM ONLY.  
Lanes 2 & 7 sprint lanes—dive start, swim only one direction (return from adjacent lane).  
Backstrokers enter the water feet first in rotation. No diving over persons in the water.  
Lanes 3, 4, 5, & 6 general warm-up—No Diving.  
Additional sprint lanes may be made available upon request to the Referee.

**Warm-up may be modified to accommodate the number of swimmers entered at the discretion of the meet management in agreement with the Referee.**

**Shaving is not permitted in this facility.**

**Time Trials:**

Each time trial swim will count toward the daily event limit, with a combination of time trials and meet events not to exceed three (3) per day. Entries must be turned into the Clerk of Course with fee (\$10.00/ind. and \$15.00/relay) one hour before the projected end of prelims.

Except as noted below, Time Trials shall be swum in the order listed under the meet program as follows:

1. First day: Only the 800 freestyle time trials will be offered immediately following those events.
2. All subsequent days: Will be conducted in accordance with the provisions of Rule 207.11.3C of the 2007 USA Swimming Rule Book.

**Timers:**

Swimmers/clubs are responsible for providing their own timers for the 800 and 1500 freestyle swims on Wednesday evening and Sunday afternoon. Swimmers/clubs are also responsible for providing their own timers for any time trial event.

**Teams will be assigned lanes for the Prelim sessions based on number of swimmers entered.** Timing assignments will be e-mailed out once entries have been processed.

**Concessions:**

Snack bar is available throughout the competition and is controlled and operated under contract with King County and the Aquatic Center - KING and PNS receive no benefit.

**Social Events:**

Officials/Coaches Social will be held Thursday, March 6th following the conclusion of finals. Details to follow.

**Programs:**

Psych Sheets:	\$10.00
Heat Sheets:	Prelims - \$3.00 each session Finals - \$2.00 each session
Results:	\$5.00 (Please order at the Clerk of Course)

**Information on Web:**

Meet information, as well as results of each session, will be posted on the Pacific Northwest Swimming ([www.pns.org](http://www.pns.org)) and the KING Aquatic Club ([www.kingaquaticclub.com](http://www.kingaquaticclub.com)) websites.

**Local Hotels/**

**Motels:**

**Check the KING Aquatic Club website at [www.kingaquaticclub.com](http://www.kingaquaticclub.com) for Hotel/Accommodation information.**

**RV's and**

**Motor homes:**

RV Parking is limited to 5 spaces. Permits must be obtained for RV parking. RV parking only in the north parking lot. Contact the Meet Director for a permit. RV hookups are not permitted.

**Note:** In granting this sanction it is understood and agreed that USA Swimming, Pacific Northwest Swimming, and KING Aquatic Club shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.



**2008 USA Swimming/Speedo Champions Series  
Western Region Section Long Course Championships  
March 5-9, 2008**

**Qualifying Times**

<b>WOMEN</b>				<b>MEN</b>		
<b>SCY</b>	<b>SCM</b>	<b>LCM</b>	<b>Event</b>	<b>SCY</b>	<b>SCM</b>	<b>LCM</b>
25.10	27.86	28.66	50 FREE	22.49	24.96	25.79
54.23	1:00.20	1:01.64	100 FREE	49.05	54.45	56.27
1:56.84	2:09.69	2:13.07	200 FREE	1:47.20	1:58.99	2:02.79
5:12.19	4:32.23	4:39.69	500/400 FREE	4:51.69	4:13.93	4:22.79
10:46.09	9:23.84	9:42.19	1000/800 FREE	10:14.69	8:55.81	9:12.79
18:09.88	18:07.68	18:44.59	1650/1500 FREE	17:15.12	17:11.81	17:36.59
1:00.90	1:07.59	1:10.80	100 BACK	56.09	1:02.26	1:05.69
2:11.05	2:25.47	2:30.91	200 BACK	2:01.79	2:15.19	2:21.19
1:09.72	1:17.39	1:20.29	100 BREAST	1:02.19	1:09.03	1:13.19
2:30.51	2:47.07	2:53.49	200 BREAST	2:18.49	2:33.72	2:40.79
59.61	1:06.17	1:07.27	100 FLY	54.09	1:00.13	1:01.53
2:12.77	2:27.37	2:31.16	200 FLY	2:01.79	2:15.19	2:20.39
2:12.30	2:26.85	2:31.09	200 IND. MEDLEY	2:00.69	2:13.97	2:18.69
4:39.31	5:10.03	5:18.84	400 IND. MEDLEY	4:18.89	4:47.37	4:57.79
1:44.69	1:56.21	1:59.29	200 FREE RELAY	1:32.99	1:43.22	1:46.89
3:49.09	4:14.29	4:17.29	400 FREE RELAY	3:25.49	3:48.09	3:54.59
8:14.49	9:08.88	9:21.69	800 FREE RELAY	7:38.69	8:29.15	8:43.99
1:56.29	2:09.08	2:13.39	200 MEDLEY RELAY	1:44.69	1:56.21	1:59.69
4:09.49	4:36.93	4:48.39	400 MEDLEY RELAY	3:47.49	4:12.51	4:23.39

## 2008 USA Swimming/Speedo Championship Series Order of Events

<b>Women's Event #</b>	<b>Wednesday</b>	<b>March 5, 2008</b>	<b>Men's Event #</b>
1	800-meter (C)	Freestyle	2
3	200-meter (A)	Freestyle relay	4
<b>Women's Event #</b>	<b>Thursday</b>	<b>March 6, 2008</b>	<b>Men's Event #</b>
5	100-meter	Freestyle	6
7	200-meter	Breaststroke	8
9	200-meter	Backstroke	10
11	200-meter	Butterfly	12
13	200-meter (B)	Medley Relay	14
<b>Women's Event #</b>	<b>Friday</b>	<b>March 7, 2008</b>	<b>Men's Event #</b>
15	200-meter	Freestyle	16
17	400-meter	Individual Medley	18
19	400-meter (B)	Freestyle Relay	20
<b>Women's Event #</b>	<b>Saturday</b>	<b>March 8, 2008</b>	<b>Men's Event #</b>
21	100-meter	Backstroke	22
23	400-meter	Freestyle	24
25	100-meter	Breaststroke	26
27	100-meter	Butterfly	28
29	800-meter (B)	Freestyle relay	30
<b>Women's Event #</b>	<b>Sunday</b>	<b>March 9, 2008</b>	<b>Men's Event #</b>
31	200-meter	Individual Medley	32
33	1500-meter (D)	Freestyle	34
35	50-meter	Freestyle	36
37	400-meter (A)	Medley Relay	38

- (A) These relays will be conducted as timed finals, all heats in preliminaries.
- (B) These relays events on Thursday, Friday and Saturday will be conducted as timed finals with the two fastest heats of women and men swum at the end of finals. All slower heats will be swum as scheduled during preliminaries.
- (C) The women and men's 800 freestyle will be conducted as timed finals with all heats on Wednesday evening. The heats will be swum slowest to fastest in event order.
- (D) The 1500-meter freestyle will be conducted as timed finals. The fastest heat of women and men will be swum in finals in event number order. All other heats will be swum at the end of preliminaries, alternating women and men's heats, slowest to fastest. The starting time for each preliminary heat shall be scheduled so that the second fastest heat of men's is concluded 90 minutes before the evening final's session is scheduled to begin.

**2008 USA Swimming/Speedo Champions Series  
Western Region Long Course Championship  
Hosted by KING Aquatic Club  
March 5-9, 2008**

**TEAM INFORMATION--MASTER ENTRY FORM**

**TEAM NAME:** \_\_\_\_\_ **CLUB CODE:** \_\_\_\_\_

**CONTACT NAME:** \_\_\_\_\_ **PHONE #:** \_\_\_\_\_

**E-MAIL ADDRESS:** \_\_\_\_\_

**TEAM ADDRESS:** \_\_\_\_\_

**COACH(ES) ATTENDING MEET:** \_\_\_\_\_

**While in Federal Way our coach can be reached at:** \_\_\_\_\_

Motel Name/Phone #

**The following statement must be signed by coach or team representative:**

**I have read the meet information and attest that all swimmers entered are current (2008), full-year members of USA Swimming.**

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**ENTRY SUMMARY**

**Total from Master Entry Form(s) =** \$ \_\_\_\_\_

**Total from Relay Entry Form =** \$ \_\_\_\_\_

**Team Total =** \$ \_\_\_\_\_

**(Make checks payable to KING Aquatic Booster Association)**

**ENTRY DEADLINE – 11:59 P.M. WEDNESDAY, February 28, 2008**

**Mail team information form/disk/entry forms/check to:**

KING Aquatic Club  
Attn.: Julia Hansen  
10608 130<sup>th</sup> Ave E  
Puyallup, WA 98374

**2008 USA SWIMMING/SPEEDO CHAMPIONS SERIES  
WESTERN REGION LONG COURSE CHAMPIONSHIP**

Hosted by KING Aquatic Club  
Weyerhaeuser King County Aquatic Center  
March 5-9, 2008

**FAX ENTRY FORM**

TEAM NAME: \_\_\_\_\_ CLUB CODE: \_\_\_\_\_

COACH NAME: \_\_\_\_\_ PHONE #: \_\_\_\_\_

COACH'S USA ID#: \_\_\_\_\_ EMAIL ADDRESS: \_\_\_\_\_

HOME ADDRESS: \_\_\_\_\_

\_\_\_\_\_  
City State Zip

**FAX QUALIFICATION PERIOD – February 28 – March 4, 2008  
FAX DEADLINE – 11:59 p.m., Sunday, March 4, 2008 (PDT)  
FAX PHONE NUMBER – 253-770-1431, please call first**

Only swims achieving the qualifying time standards for the first time from Wednesday, February 28, 2008, through Sunday, March 4, 2008, may be sent by FAX transmission. These faxed entries must be received no later than 11:59 p.m. (PDT) on Sunday March 4, 2008, and may not be used to improve the seed time of a previously submitted entry. **Relay FAX entries will not be accepted after the normal entry deadline. Updating bonus swims to a qualifying time after the entry deadline is not permitted. However, a swimmer who swims a first-time qualifying time in an event in which they had previously entered as a bonus swim, may treat the bonus swim as a qualifying swim in order to allow for additional bonus swims. Adding bonus swims for qualifying times achieved after the entry deadline is permitted.**

We have entered the following events on this FAX entry form:

Women: Individual Events \_\_\_\_\_ x \$7.50 = \_\_\_\_\_ Men: Individual Events \_\_\_\_\_ x \$7.50 = \_\_\_\_\_  
Total Faxed Entry Fee \$ \_\_\_\_\_ FAX entries must be paid at the Registration Desk.

**The undersigned coach or team representative of all swimmers listed on this entry form hereby certifies that all times stated on this entry form are true and correct.**

Coach Signature: \_\_\_\_\_

**Swimmer Information**

Print Name \_\_\_\_\_ Age \_\_\_\_\_

Team Name \_\_\_\_\_

Female \_\_\_\_\_ Male \_\_\_\_\_ Registration # \_\_\_\_\_

Swimmer previously entered in meet? Yes \_\_\_\_\_ No \_\_\_\_\_

Event # \_\_\_\_\_ Event \_\_\_\_\_ Time: \_\_\_\_\_ Date Achieved: \_\_\_\_\_

Event # \_\_\_\_\_ Event \_\_\_\_\_ Time: \_\_\_\_\_ Date Achieved: \_\_\_\_\_

Event # \_\_\_\_\_ Event \_\_\_\_\_ Time: \_\_\_\_\_ Date Achieved: \_\_\_\_\_

**(Duplicate This Form As Necessary)**

**2008 USA SWIMMING/SPEEDO CHAMPIONS SERIES  
WESTERN SECTION LONG COURSE CHAMPIONSHIPS**

Hosted by KING Aquatic Club  
Weyerhaeuser King County Aquatic Center  
March 5-9, 2008

**APPLICATION TO OFFICIATE**

You are hereby invited to officiate at the 2008 USA SWIMMING/SPEEDO CHAMPIONS SERIES SENIOR LONG COURSE SENIOR CHAMPIONSHIPS to be held at the Weyerhaeuser King County Aquatic Center in Federal Way, WA. The meet will be conducted over a 4½ day period with the Prelims starting at 9:00 a.m. and Finals at 5:30 p.m. (Timed Finals at 4:30 p.m. on Wednesday and Finals at 4:30 p.m. on Sunday). A mandatory officials briefing session will be held one hour prior to each session. The Western Section Championship has been designated as a training meet for N2 and N3 National Championship Officials Certification. The dress is white shirt/blouse for prelims and finals; khaki pants, shorts, or skirts (no shorts at finals); white socks; and white shoes. Officials desiring an assigned position must submit their application no later than January 31, 2008 (preference will be given to those who agree to work all sessions). All others planning to attend the meet are encouraged to return their application by February 28, 2008. The meet referee will be Ken Breiding.

Name: \_\_\_\_\_ LSC: \_\_\_\_\_  
Address: \_\_\_\_\_ Team: \_\_\_\_\_  
City, State, Zip: \_\_\_\_\_ Phone: \_\_\_\_\_  
E-Mail: \_\_\_\_\_

I will work at all sessions: \_\_\_\_\_ I can't work at all sessions. I will be able to work:  
Wednesday (Competition at 4:30 p.m.) Prelims \_\_\_\_\_ Finals \_\_\_\_\_  
Thursday Prelims \_\_\_\_\_ Finals \_\_\_\_\_  
Friday Prelims \_\_\_\_\_ Finals \_\_\_\_\_  
Saturday Prelims \_\_\_\_\_ Finals \_\_\_\_\_  
Sunday Prelims \_\_\_\_\_ Finals \_\_\_\_\_

Key position(s) desired (i.e. chief judge, starter, deck referee) \_\_\_\_\_

**CURRENT CERTIFICATION**

LSC Position Certified: \_\_\_\_\_ Expiration: \_\_\_\_\_  
N2 Position Certified: \_\_\_\_\_ Expiration: \_\_\_\_\_  
N3 Position Certified: \_\_\_\_\_ Expiration: \_\_\_\_\_

**PLEASE RETURN THIS INVITATION TO:**

Ken Breiding  
25305 121<sup>st</sup> Pl. SE  
Kent, WA 98030  
(253) 657-9885 (W), (253) 630-1198 (H)  
Email: kenbreiding@comcast.net

**Please circle polo shirt size:**

Small  
Medium  
Large  
X-Large

## WESTERN REGION SECTION SENIOR CHAMPIONSHIP REIMBURSEMENT REQUEST

Coach's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_ Date of Request: \_\_\_\_\_

Coach's Signature: \_\_\_\_\_

Full Team Name: \_\_\_\_\_ Team Code: \_\_\_\_\_ LSC: \_\_\_\_\_

Mailing Address for Reimbursement Check: \_\_\_\_\_

Street or P.O. Box

\_\_\_\_\_  
City, State, Zip

**(Please Note: Swimmer must attend both Spring Section and USA Swimming Spring Championships)**

Dates of USA Swimming Spring Championship: \_\_\_\_\_ Location: \_\_\_\_\_

Did Coach Attend Spring Championship? Yes No Name of Attending Coach: \_\_\_\_\_

Swimmer's Name (Last, First)	Age	Event(s) Competed At Sectionals	Event(s) Competed At Spring Championships

**Please send completed form within 15 days of the end of the meet to:**

**Bruce Stratton, Treasurer  
2017 S. Roosevelt Street  
Boise, ID 83705  
(208) 336-4953      FAX (208) 342-8962  
Email: stratton@cableone.net**

Due March 24, 2008
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**2008 USA SWIMMING/SPEEDO CHAMPIONS SERIES  
 WESTERN SECTION LONG COURSE CHAMPIONSHIPS  
 Hosted by KING Aquatic Clubs  
 Weyerhaeuser King County Aquatic Center  
 March 5-9, 2008**

**MASTER ENTRY FORM (PROOF OF TIME)**

<b>Team Name:</b>			
<b>Team Code:</b>		<b>LSC Code:</b>	
<b>Coach Name:</b>		<b>Home Phone:</b>	
<b>Coach's USA ID #:</b>			
<b>E-Mail Address:</b>		<b>Office Phone:</b>	
<b>Team Mailing Address:</b>		<b>Cell Phone:</b>	
<b>City, State, Zip</b>		<b>Pool Phone:</b>	

If qualified by SCY enter SCY time and enter SCY in box. If qualified by SCM enter SCM time and enter SCM in box.  
 Circle or Highlight Bonus Events.  
 List Relay Only Swimmers with "RO" in first event box.

Name:				USA #:	Age:	Gender:
Event #	Time	LCM/SCM	Date	Meet Where Time Was Done		

Name:				USA #:	Age:	Gender:
Event #	Time	LCM/SCM	Date	Meet Where Time Was Done		

Name:				USA #:	Age:	Gender:
Event #	Time	LCM/SCM	Date	Meet Where Time Was Done		

**2008 USA SWIMMING/SPEEDO CHAMPIONS SERIES  
WESTERN SECTION LONG COURSE CHAMPIONSHIPS**

Hosted by KING Aquatic Clubs  
Weyerhaeuser King County Aquatic Center  
March 5-9, 2008

**RELAY FORM**

<b>Team Name:</b>			
<b>Team Code:</b>		<b>LSC Code:</b>	
<b>Coach:</b>		<b>Home Phone:</b>	
<b>Coach's USA ID#:</b>		<b>Office Phone:</b>	
<b>E-Mail Address:</b>		<b>Cell Phone:</b>	

Enter the time only for each relay team in the appropriate place below. Swimmer names will be required on the relay entry forms provided at the meet. If entering with a SCY or SCM time, please indicate by placing a SCY after a short course yard time and SCM after a short course meter time.

Event #	Event	Team A	Team B
3	Women's 200 Freestyle Relay		
4	Men's 200 Freestyle Relay		
13	Women's 200 Medley Relay		
14	Men's 200 Medley Relay		
19	Women's 800 Freestyle Relay		
20	Men's 800 Freestyle Relay		
29	Women's 400 Freestyle Relay		
30	Men's 400 Freestyle Relay		
37	Women's 400 Medley Relay		
38	Men's 400 Medley Relay		

Total number of relay teams entered above: \_\_\_\_\_ x \$15.00 = \_\_\_\_\_  
(Insert this total on the Team Information Sheet)