

**2009 BAC Rocky Mountain Invitational**  
**Fortin Center, Rocky Mountain College, Billings, MT**  
**January 2, 3 and 4, 2009**

The Billings Aquatic Club extends an invitation to its Rocky Mountain Invitational Swim Meet, to be held at the Fortin Center, Rocky Mountain College, Billings, MT on January 2, 3 and 4<sup>th</sup> 2009.

**Location:** The pool is located in the Fortin Center, 17<sup>th</sup> Street West and Poly Drive. It is a regulation Short Course 25-yard pool, 6 lanes, non-turbulent lane markers.

**Sanction and Rules:** This meet is approved by the USA Swimming and Montana Swimming, Sanction # 0726. It is open to all swimmers holding a current USA Swimming card or the Canadian equivalent. Current USA Swimming and Montana Swimming rules will govern the meet. Timing will be by Colorado Timing System and two manual watches. All events will be timed finals. Age is determined as of the first day of the meet. No deck entries and no exhibition swimmers will be allowed. Swimmer and Coach registrations will be verified by the Montana Swimming Registration Chair prior to the meet.

**Safety Regulations:** Montana Swimming Safety Guidelines and Warm-up Procedures will be in effect and strictly enforced. A safety marshal will be on deck during the meet.

**Entries:** This is an open invitational swim meet. Swimmers will be seeded according to submitted fastest yard times. Events will be scored and awarded 8&U, 9-10, 11-12, 13-14, 15-16, and 17-18. Swimmers age 19 and over who are USAS or the FINA equivalent registered athlete members are welcome and encouraged to compete, but will not receive awards. Relays will be swum in the 10&U, 11-12, 13&O age groups. Disabled swimmers are welcome. Those swimmers must contact the Meet Manager to arrange for any needed accommodations before December 30, 2008. It is at the discretion of the Meet Referee to determine whether the needed accommodations can be met by the meet resources. Each swimmer may compete in a maximum of four (4) individual events per day and one (1) relay each day, up to a meet total of eight (8) individual events. Entries are to be submitted using one of three methods: **BECAUSE OF THE HOLIDAYS IT IS RECOMMENDED THAT YOU REGISTER EARLY. SPECIAL NOTE:** If entries for the meet exceed 320 this meet will be swum as a **split session** meet. Event file has been set up as a single session meet. The host team will take care of changing to split session at the time if it is warranted. Hard copies of team entries must be sent in order to assure that your swimmers are in the correct events. There will be a note sent out if the meet changes to a split session with warm up schedule and approximate time frames.

1. **E-mail (preferred):** to [googeandlisa@msn.com](mailto:googeandlisa@msn.com). Along with entries, include a file containing your team entry report and a relay report from Team Manager. Completed paperwork, disk and entry fees must be received by the entry deadline.
2. **Hy-Tek disk:** Team entries should be made on a 3.5" Hy-Tek disk with Team Manager software. Please send a "Team Entry Report" as a backup. If relay entries are submitted on the disk, please include a written relay report indicating the relay Team members and alternates.
3. **Master Entry Form:** Entry information must be completely filled out as follows: first name and last name, actual age, sex, USA registration number, event and entry time for each swimmer.

The 1650- yd freestyle, the 400- yd individual medley and the 500- yd freestyle will be seeded by time only, swum with ages and sexes combined and will be scored and awarded by age group and female/male. **The 1650 and the 500 yd freestyle will be swum fastest to slowest times. All swimmers of the 1650 and 500 - yd freestyle must supply their own timers and counter.**

**Entry Fee:** An entry fee of \$10 plus \$2 per event will be charged. Relay entries are \$5 per team. Checks may be made out to the Billings Aquatic Club. No entries will be accepted without entry fee. No refunds will be given.

**Deadlines:** All entries must be received no later than December 23, 2008. Waivers must be signed. Please do not ask to enter an entire team by phone. Phone entries must send entry prior to start date of meet.

**E-Mail -** [googeandlisa@msn.com](mailto:googeandlisa@msn.com)

**U.S. Mail -** BAC c/o Lisa Sticka, 4660 Sticka Cir, Billings, MT 59106-4542

Phone - (406) 652-0016

**Confirmation:** A confirmation will be sent if an email address is included.

**Schedule:** Friday evening session will have warm-ups at 5:30 PM with the meet beginning at 6:00 PM. Saturday warm-ups begin at 7:30 AM with two 30 minute warm-up sessions. There will be an Officials meeting at 8:00 with the meet starting at 8:45 AM. There will be a 20 minute warm-up on Saturday before the 500 freestyle. Sunday warm-ups begin at 8:00 AM. There will be two 30 minute sessions with the meet beginning at 9:15 AM. There will be an officials meeting at 8:30 AM. Lane assignments will be e-mailed out by December 30, 2008. Depending on the number of registered swimmers the warm-up and start times maybe adjusted.

**Awards:** 8&U, 9-10, the top three places for each event will receive medals and places 4 through 18 will receive ribbons. 11-2, 13-14, the top three places for each event will receive medals and places 4 through 12 will receive ribbons. 15-16, 17-18 the top three places for each event will receive medals and places 4 through 6 will receive ribbons. No points or awards will be given to swimmers over 19. Relay metals will be awarded 1<sup>st</sup> - 3<sup>rd</sup> place. Points will be scored by 19-17-16-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1 for individual events. Relay points will not count in individual scoring.

**Scratches:** No scratch meeting will be held. Swimmers will be scratched on the block. There will be no Clerk of Course.

**Concessions and Swim Shop:** Will be provided by BAC parents.

Rocky Mountain College requires that **NO FOOD, COOLERS OR BEVERAGES OTHER THAN WATER BE ALLOWED IN THE POOL AREA.** Please help us comply with this regulation. Also, please be aware that the Fortin Center will be open to the public before, during and after the meet both days. No areas of the center should be considered secure. The Billings Aquatic Club and Rocky Mountain College will not be responsible for loss of or damage to any items.

We look forward to seeing you in January!!!!

Meet Referee: David Weller (406) 652-2683

Meet Manager: Glenda Hawker (406) 655-0204

Safety Marshal: Jim Hodgson (406)655-9041

Meet Registrar: Lisa Sticka (406) 652-0016, Anita Rambold (406) 655-1043

**2009 BAC Rocky Mountain Invitational  
Schedule of events**

**Friday, January 2, 2009**

**30 minute warm-up begins at 5:30**

Girls	Ages	Event	Boys
1 (mixed)	11&O	1650 Yard Freestyle	

**Saturday, January 3, 2009**

**Warm-ups begin at 7:30 AM Meet begins at 8:45 AM**

Girls	Ages	Event	Boys
3(mixed)	10&U	200 Yard Medley Relay	
5(mixed)	11-12	200 Yard Medley Relay	
7(mixed)	13&O	200 Yard Medley Relay	
9	8&U	25 Yard Breast	10
11	Open	100 Yard Fly	12
13	8&U	100 IM	14
15	9 & O	100 IM	16
17	8&U	25 Yard Back	18
19	Open	200 Yard Back	20
21	Open	50 Yard Breast	22
23	Open	100 Yard Free	24
25	Open	50 Yard Back	26
27	9 & O	200 Yard Breast	28
29(mixed)	10 & O	400 Yard Ind. Medley	

**20 MINUTE WARM-UP**

31 (mixed)	11&O	500 Yard Freestyle	
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**2009 BAC Rocky Mountain Invitational  
Schedule of events**

**Sunday, January 4, 2009**

Girls	Ages	Event	Boys
33(mixed)	10&U	200 Yard Freestyle Relay	
35(mixed)	11-12	200 Yard Freestyle Relay	
37(mixed)	13&O	200 Yard Freestyle Relay	
39	8 & U	25 Yard Free	40
41	9 & O	200 Yard IM	42

43	9 & O	200 Yard Free	44
45	Open	50 Yard Fly	46
47	Open	100 Yard Back	48
49	8 & U	25 Yard Fly	50
51	Open	100 Yard Breast	52
53	Open	50 Yard Freestyle	54
55	9 & O	200 Fly	56

**2009 BAC Rocky Mountain Invitational  
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**ENTRY SUMMARY FORM**

TEAM: \_\_\_\_\_

COACH: \_\_\_\_\_

Number of swimmers entered : \_\_\_\_\_ X \$10.00 = \_\_\_\_\_

Number of individual entries: \_\_\_\_\_ X \$2.00 = \_\_\_\_\_

Number of relay entries : \_\_\_\_\_ X \$5.00 = \_\_\_\_\_

Please indicate the approximate number of qualified stroke and turn officials who may be attending this meet and would be willing to officiate: \_\_\_\_\_

Please furnish name, address, e-mail address and telephone number of your Team representative who may be contacted regarding these entries:

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**WAIVER**

In consideration of this entry, I/we the undersigned parent, guardian or coach, hereby for ourselves, our heirs, administrators or assigns, so waiver, release and forever discharge any and all rights and claims for damages I/we may have against Rocky Mountain College, Billings Aquatic Club, Montana Swimming, USA Swimming, their agents, representatives, successors and assigns for any or all injuries arising out of travel to and from or participation in said meet.

Signature of Coach or Parent: \_\_\_\_\_

Date: \_\_\_\_\_

**MONTANA SWIMMING USA SWIMMING REGISTRATION CONFIRMATION**

We hereby submit our team's entries and fees for your upcoming meet and verify that the below named coaches will be in attendance. These coaches are current in all requirements set forth by USA Swimming: Red Cross Safety Training for Swim Coaches First Aid and CPR.

Team name: \_\_\_\_\_

Coaches Name: \_\_\_\_\_

Coaches Name: \_\_\_\_\_

Coaches Name: \_\_\_\_\_

Coaches Name: \_\_\_\_\_

Club sending swimmers without coaches should notify the Referee upon arrival. They will warm-up under the supervision of the meet marshal.

We further verify that all our entered swimmers are registered athlete members of USA Swimming for the current year.

Signature: \_\_\_\_\_

Printed Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Club Title or Position: \_\_\_\_\_

The above information must be furnished and the proper signatures executed before entry into the named meet will be allowed.

Meet Name: 2009 BAC Rocky Mountain Invitational  
Meet Dates: January 2-4, 2009  
Meet Location: Fortin Center, Rocky Mountain College  
Host Club: Billings Aquatic Club

### RELAY ENTRY SHEET

Event: \_\_\_\_\_ Event # \_\_\_\_\_ Age Group \_\_\_\_\_ F \_\_\_\_\_ M \_\_\_\_\_ Mixed \_\_\_\_\_

**Team A**

**Team B**

**Team C**

1. \_\_\_\_\_

1. \_\_\_\_\_

1. \_\_\_\_\_

2. \_\_\_\_\_

2. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

3. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

4. \_\_\_\_\_

4. \_\_\_\_\_

Time: \_\_\_\_\_

Time: \_\_\_\_\_

Time: \_\_\_\_\_

Alt. \_\_\_\_\_

Alt. \_\_\_\_\_

Alt. \_\_\_\_\_

Event: \_\_\_\_\_ Event # \_\_\_\_\_ Age Group \_\_\_\_\_ F \_\_\_\_\_ M \_\_\_\_\_ Mixed \_\_\_\_\_

**Team A**

**Team B**

**Team C**

1. \_\_\_\_\_

1. \_\_\_\_\_

1. \_\_\_\_\_

2. \_\_\_\_\_

2. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

3. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

4. \_\_\_\_\_

4. \_\_\_\_\_

Time: \_\_\_\_\_

Time: \_\_\_\_\_

Time: \_\_\_\_\_

Alt. \_\_\_\_\_

Alt. \_\_\_\_\_

Alt. \_\_\_\_\_

Event: \_\_\_\_\_ Event # \_\_\_\_\_ Age Group \_\_\_\_\_ F \_\_\_\_\_ M \_\_\_\_\_ Mixed \_\_\_\_\_

**Team A**

**Team B**

**Team C**

1. \_\_\_\_\_

1. \_\_\_\_\_

1. \_\_\_\_\_

2. \_\_\_\_\_

2. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

3. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

4. \_\_\_\_\_

4. \_\_\_\_\_

Time: \_\_\_\_\_

Time: \_\_\_\_\_

Time: \_\_\_\_\_

Alt. \_\_\_\_\_

Alt. \_\_\_\_\_

Alt. \_\_\_\_\_